

4 PENANG OFFICE FOR HUMAN DEVELOPMENT WORKSHOP 2019

Date: 16th March, 2019 (Saturday) Venue: Multi Purpose Hall

Time: 9.00 am to 1.00 pm (Lunch and tea break provided)

Dateline for registration is 10th March, 2019

Those who wish to involve with reaching out to the poor are encouraged to attend.

Kindly contact POHD (Tel. 04-2292742/04-2292761) for registration.

5 PENANG DEANERY YOUTH CAMP

Theme: Igniting Our Faith in God

Date: 22nd – 24th March 2019 (Friday – Sunday) (stay-in)

Venue: Stella Maris, Penang Age Groups: 15 years and above

Registration Fee: RM35.00 per person Closing Date: 17 March 2019

Those who are interested can register via the following link:-

<https://goo.gl/forms/8B53G5CBTfWOOqk1>

6 ACTIVITIES AT CHURCH OF THE IMMACULATE CONCEPTION

a) Lenten Holy Hour

Every Sunday commencing 10 March until 7 April

Time: 7.30pm – 8.30pm

Venue: Church of the Immaculate Conception

Events during Holy Hour: - Exposition of the Blessed Sacrament
- Adoration
- Short Talk
- Benediction

b) A Talk On Mindfulness For Parents & Teachers

Children mental health problems are rising alarmingly, and we are aware that children and young people are feeling increasingly stressed and distressed.

This talk will be about promoting children and adolescents emotional wellbeing and strengthening bonds with them through mindfulness practice.

Date: Sunday, 24th March 2019 Time: 10.00 am – 12.00 pm (noon)

Venue: Auditorium, level 2, Parish Centre, Immaculate Conception Church

Speaker: Dr. Lee Sze Chet (Psychiatry and Mental Health Dept. Penang Hospital)

The talk is free. Open for parents, teachers, care givers.

7 THE CATHOLIC SINGLES DATING HUB (affiliated to Penang Diocesan Family Life Ministry)

is organizing a stay-in program as follows:-

Date: 6th – 8th June 2019 (2 nights/3days)

Venue: Domus St. Anne, Bukit Mertajam

Cost: RM200.00 (inclusive of lodging on a shared basis, breakfast, tea-breaks, lunch & dinner)

Closing Date: 31st May 2019

If you have any enquiries, kindly contact Theresa Wan at 017-578 8192, any time between 9.00 am to 12.00 noon daily except for Saturdays and Sundays or email to catholicdatinghub@gmail.com

8 CATHOLIC LEADERS EVANGELIZATION SEMINAR In conjunction with Extraordinary Missionary Month 2019

Date: 1-5 May, 2019

Venue: Church of St. Anne, B.M.

Fee: RM300.00 Closing Date: 5 April

For registration, e-mail at ine.my2018@gmail.com

9 **TALK IN TAMIL ON “BOREDOM OR DRYNESS IN PRAYER” BY REV. RYAN INNAS MUTHU**

Date: 16 March, 2019 (Saturday)

Venue: Church of Christ the King, Sungai Petani

Time: 9.00 am – 12 noon

Participation fee: RM5.00 (can be paid on the day of the talk)

Call: 04-2611350 (office hours) to register or for details.

10 **TALK IN ENGLISH ON “BOREDOM OR DRYNES IN PRAYER” BY SR. ANJELIN GNANAPIRAGASAM, FMDM**

Date: 30 Mar 2019 (Saturday)

Venue: PDPI (Penang Diocesan Pastoral Institute)

Time: 9.30 am – 12.30 pm

Participation fee: RM5.00 which can be paid on the day of the talk.

Call: 04-2611350 (office hours) to register or for details.

11 **THIRD MALAYSIAN CATHOLIC CAMPUS STUDENTS’ DAY (MCCSD)**

Event: Malaysian Catholic Campus Students’ Day

Date: 3 June to 8 June 2019 (stay-in)

Venue: Sacred Heart Cathedral, Kota Kinabalu

Participation: All the 9 dioceses in Malaysia

Registration Fee: RM200 (PDYN will sponsor the entire registration fee.)

The participants will have to cover for their transport expenses.



