

PMPT THEME 2019: BAPTISED AND SENT

FEBRUARY SUB-THEME

Calls Us to Holiness

FOCUS: Let the grace of your Baptism bear fruit in a path of holiness. Let everything be open to God; turn to him in every situation. (*Gaudete et Exultate*, Rejoice and Be Glad, no. 15)

Opening Prayer:

+Invite someone to pray or use the "Prayer to the Holy Spirit" on p.2

OPENING SONG: When I Look into Your Holiness

When I look into Your holiness
When I gaze into Your loveliness
When all things that surround me
Become shadows in the light of You

When I found joy of reaching Your heart
When my will become enthroned in Your love
When all things that surround me
Become shadows in the light of You

I worship you, I worship You
The reason I live is to worship You

DIALOGUE

We are all called to be holy by living our lives with love and by bearing witness in everything we do, wherever we find ourselves. (*Gaudete et Exultate*, Rejoice and Be Glad, no. 14)

This holiness to which the Lord calls you will grow through small gestures.

Here is an example: a woman goes shopping, she meets a neighbour and they begin to speak, and the gossip starts. But she says in her heart: "No, I will not speak badly of anyone". This is a step forward in holiness.

Later, at home, one of her children wants to talk to her about his hopes and dreams, and even though she is tired, she sits down and listens with patience and love. That is another sacrifice that brings holiness.

Later she experiences some anxiety, but recalling the love of the Virgin Mary, she takes her Rosary and prays with faith. Yet another path of holiness.

Later still, she goes out onto the street, encounters a poor person and stops to say a kind word to him. One more step. (*Gaudete et Exultate*, Rejoice and Be Glad, no. 16)

Buzz in groups of three

- *What are some little gestures of yours in your personal call to holiness?*

DISCERNMENT

BIBLICAL TEXT: 1Peter 1:14-16

1. QUIETEN Ourselves -- ask the Holy Spirit for openness of mind & heart to Christ in the Word
2. READ the text aloud and LISTEN with openness
3. READ it silently by yourself until a word or phrase touches or strikes you. Write it down.

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4. REFLECT on 'what the word/phrase says?'

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5. What is the Holy Spirit saying to me through the word or phrase that I chose? Write it down

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6. What do I say to the Lord in response to his Word? Write it down

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7. Share in small groups (3-4 persons) on # 4, # 5 and #6

8. DISCERN in silence – What conversion of mind, heart and life is the Lord asking of me?
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DEEDS

- a. Facilitator **connects** the "Monthly Theme", "Dialogue", "Discernment", and the "sharings".
- b. In silence, sense within our hearts a movement that invites us to make our lives a gift for others in charity
- c. What specific DEED is the Lord opening before us?

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- d. We share our task with one another, confident that our Lord moves us to do His work.
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+Closing Prayer

Pray spontaneously or use the "MISSION PRAYER" with Mary on p. 15

Closing Song: Once No People (N. 56)

Chorus:

For we are a chosen race
A royal priesthood, holy nation,
Once no people, now God's people
Proclaiming His marvellous light

Sing the songs of faithful Zion
We are the stars and grains of sand
Through our faith we are made glorious
We are sons of Abraham

Dance the steps of joyful Zion
Cymbals, harps and tambourines
Blow the trumpet, sound the glory
In the presence of the Lord

Taste the fruit of peaceful valleys
Sips of the wine and eat the bread
Now the Shepherd who is guiding
The Lord, the Lamb of God

We will serve through tribulation
We will follow the cross
Know the death and pain of suffering
God wipes the tears from our eyes