- c) **CHS Harmony Walk 2 on 25 May 2019** registration forms are available at the parish office and also downloadable from our CHS website (<a href="www.holyspiritcathedral.com">www.holyspiritcathedral.com</a>)
  This event is open to all. Please do invite your family, friends and neighbours to participate in this walk realizing our parish theme for our Golden Jubilee Unity in Diversity. Come and let us make this event a success for the glory of God.
- d) **CHS Golden Jubilee Main Event 3rd Quarter Missions.** We have so far journeyed since last Pentecost with a Day of Prayer and Formation on Mass Explained in August 2018, a Holy Spirit Empowered weekend in December and now after our Parish Lenten Retreat, we are called to reach out to those in need. Our team has reached out to the respective organisations that need assistance and they are all listed as individual mission projects for you and your group to take up and reach out to them. These mission projects are available in the Lent Room and we encouraged you (with your Zones, BEC or ministry members) to take up these projects and do works of mercy as part of our CHS Golden Jubilee Main Event for the 3<sup>rd</sup> Quarter. Let us glorify God and thank Him for all our blessings by giving of ourselves through these works of mercy. Visit the Lent Room today!
- e) **The Witness Musical**, in conjunction with the 50<sup>th</sup> Jubilee Celebration, will be having a fund raising food sale on 6-7 April and 13-14 April in order to raise funds for the production. Please do come and support.

  Preparation started in early January this year, involving about 100 people from different ministries to cultivate unity and encourage ministry participation. The musical is set to be on 1 & 2 June, 2019.

## f) Parish Health Day - Thank you for your Contributions

A big thank you for those that volunteered and contributed to make the Parish Health Day last Sunday a success. A total of 198 registered for various health screening. 52 pints of blood and 26 new organ donors were recorded, the highest we have ever raised thus far! To all those that worked tirelessly behind the scene to make this happen, our deepest gratitude. We take this opportunity to acknowledge contributions from the National Kidney Foundation, Unit Pergigian, Kementerian Kesihatan, Optimax Eye Specialist, Lam Wah Ee Pediatric Nursing, EyePlus Optometry, the various doctors, nurses and parishioners that stepped up to help. Thank you.

## g) Parish Lent Outreach: 50 Missions for 50 Years of Blessings!

We are glad to update all on the outreach that have been initiated/completed thus far-

- Mandarin CEC Form 4 & Form 5 volunteered to do some housekeeping @ the
  Penang Cheshire Home on March 30, 2019. Not only did they clean up the home
  they shared a meal with them to fellowship and contributed financially from their own pockets to
  help the home.
- 2. Our Hospitality Ministers reached out to the retired IJ nuns @ Balik Pulau on April 7, 2019. They were tasked to help clean up the grounds which have overgrown, clear drains that were clogged up and moldy to clean up the hall used for mass and kitchen area. A tea-time treat ensued to fellowship with our retired nuns, featuring some nonya kuih favorites that really delighted them.

There were a few more being planned by various ministries and zones which will be highlighted once completed. Many outreach projects are still available. Details and information can be found at the Lent Room. We encourage everyone (individuals, zones, BEC or ministry and support groups) to step up to volunteer for these outreach projects. Let us glorify God and thank Him for all our blessings by giving ourselves through these works of Mercy. **Once again – Visit the Lent Room!** 

### 3 CHS FORMATION ON PRAYER BY FR. RYAN INNAS MUTHU

Date: 11 May, 2019 (Saturday) Time: 9.00 am to 3.00 pm Venue: Dewan Holy Spirit

All are welcome for a day of insights and teaching on prayer. Register at Parish Office. Registration Fee of RM10.00 to cover cost of meals for the day. For information:

Christine @ 012-4025292

#### **4 MASS & HEALING**

There will be a Mass & healing at the Island level on the following:-

Date: 23.04.2019 (Tuesday)

Time: 7.30pm

Venue: Church of St. John Britto, Jalan Sungai Pinang, Penang

Fr. I. Francis Xavier, Director, Emmaus Spirituality Centre, Tamil Nadu, South India will

be here to celebrate.

Welcome all tamil speaking to come and receive the blessings. Kindly spread the

good news around.

# 5 36TH TAMIL CATHOLIC CHARISMATIC RENEWAL RALLY - THEME: BAPTISED AND SENT

Date: 1st May 2019

Venue: Church of Our Lady of Lourdes, Silibin, Ipoh

Time: 9.00am - 5.30pm

All those who are interested to attend bus arrangement is in

progress. Contact: Alice Anthony 016-4377190/Jessy 012-4027697

Charges: RM35.00 for transport and food.

#### **6 EUPHRASIA – THE MUSICAL**

The Good Shepherd Sisters thank the parishioners of the Cathedral of the Holy Spirit for their generous donation of RM3,709.00 towards their Mission works.

#### 7 SEVEN LAST WORDS OF JESUS

Date: 15 to 17 April (Monday – Wednesday)

Time: 6.00 pm – 7.00 pm (Mass with Reflection on the Seven Last Words of Jesus)

Venue: Church of Our Lady of Sorrows

To enter into the most sacred week, we must prepare ourselves spiritually. Fr. David Reegon, OFM Cap will celebrate the daily masses from Monday to Wednesday of Holy Week with extended homily on the "SEVEN LAST WORDS OF JESUS." It is a great opportunity to walk closer with Jesus through His death and resurrection. All are invited.





