

# CATHEDRAL OF THE HOLY SPIRIT



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📺 CathedralOfTheHolySpiritPenang    📷 chspenang    📺 youtube.com/c/CHSPgTv

**Parish Priest: FR. JOACHIM ROBERT    Priest in Residence: FR. FRANCIS ANTHONY**

**2021 THEME  
FEBRUARY**

**HOPE: BELIEVE, LIVE AND GIVE  
SOLIDARITY IN DIVERSITY**

DATE	TIME	ACTIVITY	MASSES IN THE PARISH
Jan 31 (Sun) <small>Deut 18: 15-20 1 Cor 7: 32-35 Mk 1: 21-28</small>	<b>8.30 am</b> <b>9.00 am</b>	Adoration Mass (E) ( <i>LIVE Streaming</i> )	<b>4<sup>TH</sup> SUNDAY IN ORDINARY TIME (YEAR B) Catechetical Sunday</b>
Feb 01 (Mon)		(No LIVE Streaming)	
Feb 02 (Tue)		(No LIVE Streaming)	The Presentation of the Lord, feast World Day for Consecrated Life
Feb 03 (Wed)	6.30 pm	Mass ( <i>LIVE Streaming</i> )	St. Blaise, Bishop & Martyr/ St. Ansgar, Bishop
Feb 04 (Thu)	6.30 pm	Mass ( <i>LIVE Streaming</i> )	
Feb 05 (Fri)	6.30 pm	Mass ( <i>LIVE Streaming</i> )	St. Agatha, Virgin & Martyr
Feb 06 (Sat)		(No LIVE Streaming)	Ss. Paul Miki & Companions, Martyrs
Feb 07 (Sun) <small>Job 7: 1-4, 6-7 1 Cor 9: 16-19, 22-23 Mk 1: 29-39</small>	<b>8.30am</b> <b>9.00 am</b>	Adoration Mass (E) ( <i>LIVE Streaming</i> )	<b>5<sup>TH</sup> SUNDAY IN ORDINARY TIME (YEAR B) Commemoration of World Day of the Sick</b>
PARISH ACTIVITIES			
Jan 31 (Sun)	8.30 pm	RCIA (E)	Zoom Meeting
Feb 4 (Thu)	8.30 pm	PLT	Zoom Meeting
Feb 5 (Fri)	8.45 pm	Callback Virtual Meeting	http://bit.ly/callbackvirtual
Feb 6 (Sat)	4.00 pm	CEC (E)	Zoom Meeting
Feb 7 (Sun)	8.30pm	RCIA (E)	Zoom Meeting

**THANK YOU FOR YOUR GENEROSITY**

For those who wish to continue your practice of the offerings of Mass Intentions, financial giving of monthly tithing and love offerings, donations for PHDC or donations to Parish please use your online banking facility during this period. Our parish bank details is as follows:

**Bank: PUBLIC BANK BERHAD**  
**Bank Account Name: CATHEDRAL OF THE HOLY SPIRIT**  
**Bank Account Number: 3093049812**

Please email or WhatsApp the Bank-in Slip to [admin@holyspiritcathedral.com](mailto:admin@holyspiritcathedral.com) or 011 2418 6547 for our accounting records.

**“God loves a cheerful giver.” – 2 Cor. 9:7**

## **LET'S FIGHT COVID 19 TOGETHER, TAKE CARE AND BE SAFE**

With the alarming increase of cases locally, let us continue to take all necessary safety precautions by following SOPs, keeping vigilant and being mindful of the safety of each other.

## **CHS ONLINE MASSES DURING MCO 2.0**

Sundays: 8.30 am – Adoration of the Blessed Sacrament 9.00 am - Mass

Wednesdays, Thursdays, Fridays: 6.30 pm @ youtube.com/c/CHSPgTv

Mondays, Tuesdays, Saturdays:

The mass (intentions) will be celebrated in private, however we encourage you to join online Mass in CDM @ fb.me/cdmsgarap @ 7am

## **CATECHETICAL SUNDAY**

We are reminded of our call to echo the message and experience of faith - an invitation to hear, inspire, live and witness to the encounter with Christ. We remember and pray specially for all our catechist / faith sharers as they nurture the minds and hearts that seek the Lord especially during the pandemic. May God's grace sustain them and endow them with creativity.

## **WORLD DAY OF THE SICK**

In view that World Day of the Sick falls on 11<sup>th</sup> Feb Chinese New Year Eve, CHS will be commemorating the World Day of the Sick during the 9am MASS on 7<sup>th</sup> Feb to pray for our parishioners who are ill and homebound. Let us join in and pray for our parishioners. An e-newsletter containing prayers and paraliturgical guide will be available for download from our Church website.

## **CHS URBAN FARMING**

As we face the pandemic, all of us are encouraged to enable ourselves to be self-sustaining in the little way we can. We are striving to get a team together to do our part in urban farming in the little way we can. Guidance and materials will be provided FREE. Suggestions are welcome for the name of the farm. Feel free to whatsapp your creativity to 012-2178 278 (Sue Anne Lim) before CNY.

## **CHS 2021 : SHARING HOPE PROJECT**

CHS is organizing a community project for the front-liners and low risk COVID-19 patients based at Masyarakat Penyayang, Penang. The 1<sup>st</sup> batch of provisions was delivered on 17<sup>th</sup> January 2021.

We will continue to collect and deliver dry provisions to supplement what they have received and show our appreciation and care during this pandemic.

Let us continue to share the hope of Christ with the front liners and COVID-19 patients.

Items required:

- (i) 3 in 1 drinks (milo, coffee, cereals),    (ii) Pre-packed biscuits,    (iii) Cup noodles.

Below are the scheduled times for delivery:

1st Batch - (delivered)    2nd Batch – delivery rescheduled to 7<sup>th</sup> Feb

3<sup>rd</sup>/4<sup>th</sup> Batches – delivery dates to be advised in the bulletin.

For those who wish to contribute cash – kindly transfer online to "Cathedral CHS", RHB account no: 20708200039928 or Call CHS Parish office.

For enquiries, kindly contact: Catherine Tan 019 456 5577 or Parish office (Anne Tan) 04 6584909.

## **A PRAYER DURING COVID-19**

Dear Lord,

In these uncertain and challenging times, the new norms prevent us from acting in our usual ways.

We turn to You, Lord, as our shelter, our hope and our protection.

We long for connection and touch but are forced to isolate and distance — even the beauty of a smile is veiled behind a mask.

Many have lost jobs and income, many are separated from their loved ones, many are facing greater struggles in their physical and mental health and we are all crying out to you, Lord.

Lord, stretch out Your hand and bless us with vaccines and medication to protect and heal our land from this disease and ultimately eliminate the virus.

Lord, we the Church fall on our knees and intercede to your compassion and mercy

May,  
Your hands embrace us and ease our suffering,  
Your feet leap to the cries of the needy,  
Your ears listen and respond to our silent pleas,  
Your eyes see our pains and give us a helping hand,  
Your compassionate and merciful heart shower unconditional love upon us,  
sowing seeds of hope throughout this period of trial and despair.

We make this prayer in Jesus' name.

Amen.