



HOLY WEEK

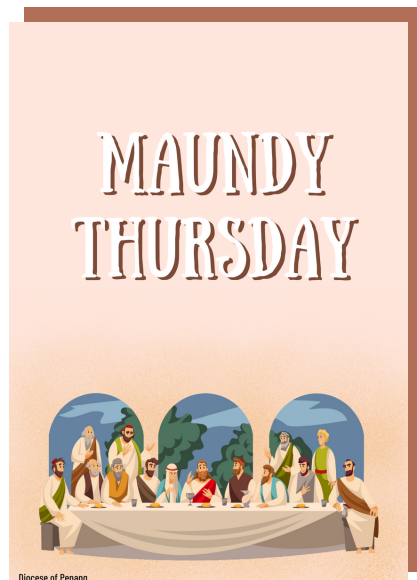
Do It Your self KIT



To be prayed at a specific time scheduled by the family, household or individual.



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10



19



27

PALM SUNDAY





Palm Sunday of the Passion of the Lord

(A Prayer Service on the Commemoration of the Lord's Entrance into Jerusalem)

For five weeks of Lent we have been preparing, by works of charity and self-sacrifice, for the celebration of our Lord's paschal mystery. Christ entered in triumph into his own city, to complete his work as our Messiah: to suffer, to die, and to rise again. Let us remember with devotion this entry which began his saving work and follow him with a lively faith. United with him in his suffering on the cross, may we share his resurrection and new life.

Blessing of the Palms



Leader: Almighty God, we pray you bless these branches and make them holy. Today we joyfully acclaim Jesus our Messiah and King. May we reach one day the happiness of the new and everlasting Jerusalem by faithfully following him who lives and reigns for ever and ever.

All: Amen

(Leader sprinkles the branches with holy water and you may carry the palms while you sing the opening hymn)

Leader: Let us together pray this song.

YOU ARE THE KING OF GLORY (HOSANNA TO THE SON OF DAVID)

You are the King of Glory
You are the Prince of Peace
You are the Lord of heaven and earth
You are the Son of righteousness

Angels bow down before You
They worship and adore You
For You have the words of eternal life
You are Jesus Christ the Lord

Hosanna to the Son of David
Hosanna to the King of Kings
Glory in the highest heavens
Jesus the Messiah reigns





Sign of the Cross

In the name of the Father and of the Son and of the Holy Spirit. Amen.

Leader: Almighty ever-living God, who as an example of humility for the human race to follow caused our Saviour to take flesh and submit to the Cross, graciously grant that we may heed his lesson of patient suffering and so merit a share in his Resurrection. Who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

All: Amen

(Take a moment of silence)



Leader: As we listen to this reading, let us allow each word of this reading to speak to our hearts.

Mark 11:1-10

Leader : *A reading from the holy Gospel according to Mark*

All : *Glory to you, O Lord.*

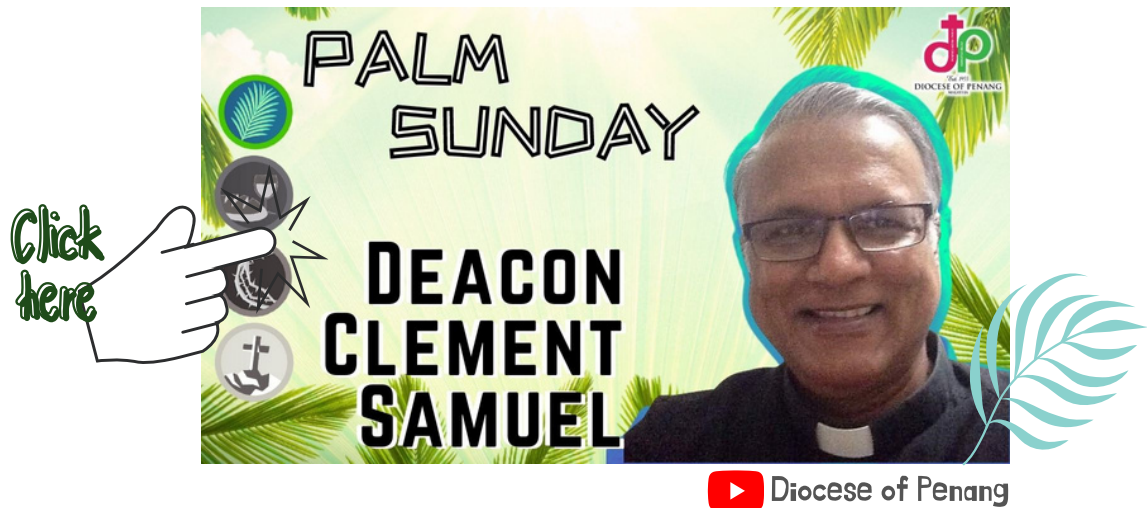
When they drew near to Jerusalem, to Bethphage and Bethany, at the Mount of Olives, Jesus sent two of his disciples, and said to them, ‘Go into the village opposite you, and immediately as you enter it you will find a colt tied, on which no one has ever sat; untie it and bring it. If any one says to you, “Why are you doing this?” say, “The Lord has need of it and will send it back here immediately.”’ And they went away, and found a colt tied at the door out in the open street; and they untied it. And those who stood there said to them, ‘What are you doing, untying the colt?’ And they told them what Jesus had said; and they let them go. And they brought the colt to Jesus, and threw their garments on it; and he sat upon it. And many spread their garments on the road, and others spread leafy branches which they had cut from the fields. And those who went before and those who followed cried out, ‘Hosanna! Blessed is he who comes in the name of the Lord! Blessed is the kingdom of our father David that is coming! Hosanna in the highest!’

Leader : *The Gospel of the Lord*

All : *Praise to you, Lord Jesus Christ.*

Reflection Video

Let us listen to the reflection of today's Bible Reading.



(Take a moment of silence to reflect on what was shared)

Response: Lord Hear Our Prayer

1. For the Church – that through the Gospel and prayer, she will give hope to the suffering world of this Covid19 pandemic. We pray to the Lord.
2. For the Clergy – that God will give good health and protection to our Pope and all the clergy so that they will be able to proclaim the Word of God and celebrate the Eucharistic Celebration. We pray to the Lord.
3. For the world – that world leaders will collaborate and work together towards the goodness of humanity especially the sick, senior citizens, the poor, the minorities and needy in their countries. We pray to the Lord.
4. For all the front liners, namely the doctors, nurses, caregivers and the helpers who are tediously working to care for the sick and fighting to eradicate this Covid-19 pandemic – may God sustain them with good health and protect them and their families. We pray to the Lord.
5. For our country Malaysia – that we may strive together to build a united and harmonious nation regardless of our differences focusing on the good of all. We pray to the Lord.
6. We now pray for our personal intentions in silence... We pray to the Lord.

Closing Prayer



Almighty, ever-living God, You have given the human race Jesus Christ our Savior as a model of humility. He fulfilled your will by becoming man and giving his life on the cross. Help us to bear witness to you by following his example of suffering and make us worthy to share in his resurrection. We ask this through our Lord Jesus Christ, your Son, Who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

(Conclude by reciting the Our Father prayer and all offer one another the sign of peace.)



Faith in Action

As we begin this Holy Week, let us make a concrete resolution to consciously walk with Jesus through:

Prayer

Fasting

Almsgiving

WE REMEMBER

Chorus:

**We remember how you loved us to your death,
And still we celebrate, for you are with us here;
And we believe that we will see you when you come,
In your glory, Lord, we remember, we celebrate, we believe.**

Here, a million wounded souls are
Yearning just to touch you and be healed;
Gather all your people, and hold them to your heart.

(Chorus)

Now we recreate your love we
Bring the bread and wine to share a meal;
Sign of grace and mercy, the presence of the Lord.

(Chorus)

Christ, the Father's great "Amen"
To all the hopes and dreams of every heart;
Peace beyond all telling, and freedom from all fear.

(Chorus)

See the face of Christ revealed in
Ev'ry person standing by your side;
Gift to one another, and temples of your love.

(Chorus)



MAUNDY THURSDAY



Chair

Pitcher of warm water

Large bowl/basin

Towel



HERE AT YOUR TABLE WITH HOLY IS HE

You who are humble,
You who are gentle,
breath taking beauty,
life giving touch.

We who are empty,
we who are hungry,
frail and unworthy,
needing so much.

But you've called us worthy and able
to meet with you here at Your table
Here where You serve us
and here where You feed us,
it's here that our time with You
is the sweetest.
Towel in hand, God serving man,
here at Your table.

Holy is He and great is His glory,
Holy is He and worthy of our praise.
I stand in His presence amazed,
and crown Him with worship and praise!

Holy is He, Holy is He, Holy is He
Towel in hand, God serving man,
here at Your table.



[Click here](#)

Leader: Tonight, we remember Jesus' sharing of the Last Supper with His apostles and His gift of the Eucharist to them and to all of us. We also remember how He washed the apostle's feet as a reminder that we His apostles and disciples too must serve one another as He served.



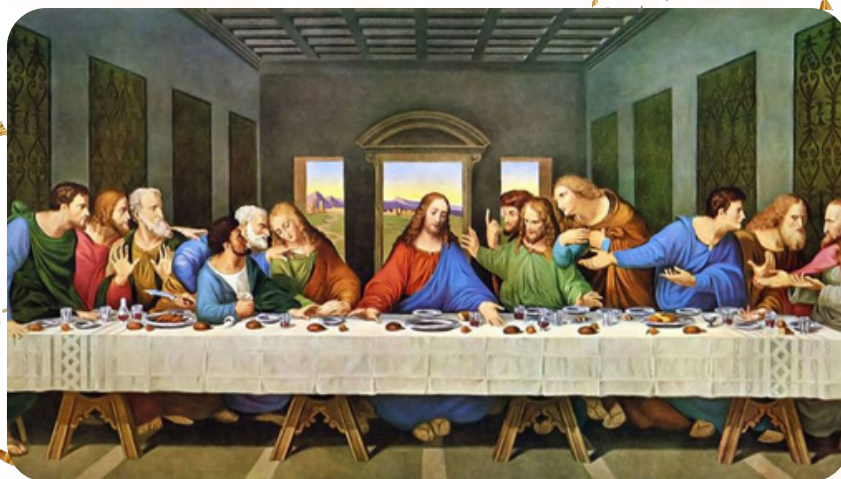
Sign of the Cross

In the name of the Father and of the Son and of the Holy Spirit. Amen.

Leader: O God, who have called us to participate in this most sacred Supper, in which your Only Begotten Son, when about to hand himself over to death, entrusted to the Church a sacrifice new for all eternity, the banquet of his love, grant, we pray, that we may draw from so great a mystery, the fullness of charity and of life. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

All: Amen

(Take a moment of silence)



Leader: As we listen to this reading, let us allow each word of this reading to speak to our hearts.

1 Corinthians 11:23-26

Leader : *A Reading from the first letter of St. Paul to the Corinthians.*

This is what I received from the Lord, and in turn passed on to you: that on the same night that he was betrayed, the Lord Jesus took some bread, and thanked God for it and broke it, and he said, ‘This is my body, which is for you; do this as a memorial of me.’ In the same way he took the cup after supper, and said, ‘This cup is the new covenant in my blood. Whenever you drink it, do this as a memorial of me.’ Until the Lord comes, therefore, every time you eat this bread and drink this cup, you are proclaiming his death.

Leader : *The word of the Lord*

All : *Thanks be to God.*

Reflection Video

Let us listen to the reflection of today's Bible Reading.



(Take a moment of silence to reflect on what was shared)

Washing of the Feet

Leader: Just as Jesus washed the feet of his disciples, let us remember that we are called to help those around us, especially those who are most in need.

(The Leader invites others to have their feet washed and to wash each other's feet. One by one each may be seated and extend their feet over the bowl. This can be done by pouring water over the foot/feet and drying with a towel symbolically.)

(Take a moment of silence)

Intercessions

**Response: Lord Hear Our Prayer**

Leader: As we celebrate the night that Jesus gifted us with his Body and Blood in the Eucharist before he was betrayed, we gather our prayers as one family.

1) For the Church, especially those who serve in ministry; may all be strengthened to share the Good News of Jesus Christ in these challenging times. Let us pray to the Lord. **R:/**

2) That through the example of Jesus Christ's service to others, all nations will work to provide for the most vulnerable among us, especially the poor and homeless. Let us pray to the Lord. **R:/**

3) For all who care for the sick. May the compassion of Christ strengthen them in their efforts to bring healing and hope to others. Let us pray to the Lord. **R:/**

4) For all our friends, neighbours, and others who are lonely. May they remember they are loved and are part of our family in Christ. Let us pray to the Lord. **R:/**

5) For our own needs and intentions, that we now recall in our hearts (to be said or in silence). We pray to the Lord. **R/**

A Prayer for Priests

(On the day Jesus Instituted the Priesthood & the Holy Eucharist)

O Jesus, our great High Priest, hear my humble prayers on behalf of your priests. Give them a deep faith, a bright and firm hope and a burning love which will ever increase in the course of their priestly life.

In their loneliness, comfort them. In their sorrows, strengthen them. In their frustrations, point out to them that it is through suffering that the soul is purified, and show them that they are needed by the Church; they are needed by souls; they are needed for the work of redemption. Amen.

Closing Prayer



Almighty, ever-living God, You have given the human race Jesus Christ our Savior as a model of humility. He fulfilled your will by becoming man and giving his life on the cross. Help us to bear witness to you by following his example of suffering and make us worthy to share in his resurrection. We ask this through our Lord Jesus Christ, your Son, Who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

(Conclude by reciting the Our Father prayer and all offer one another the sign of peace.)

Faith in Action

Humility is the beginning of servanthood. Find ways throughout this day to humble yourself in simple ways and be of service to others.

THE BASIN AND THE TOWEL

In an upstairs room, a parable
Is just about to come alive.
And while they bicker about who's best,
With a painful glance, He'll silently rise.

Their Savior Servant must show them how
Through the will of the water
And the tenderness of the towel.

And the call is to community,
The impoverished power that sets the soul free.
In humility, to take the vow,
That day after day we must take up the basin and the towel.

In any ordinary place,
On any ordinary day,
The parable can live again
When one will kneel and one will yield.

Our Saviour Servant must show us how
Through the will of the water
And the tenderness of the towel.

And the space between ourselves sometimes
Is more than the distance between the stars.
By the fragile bridge of the Servant's bow
We take up the basin and the towel.

And the call is to community,
The impoverished power that sets the soul free.
In humility, to take the vow,
That day after day we must take up the basin and the towel.

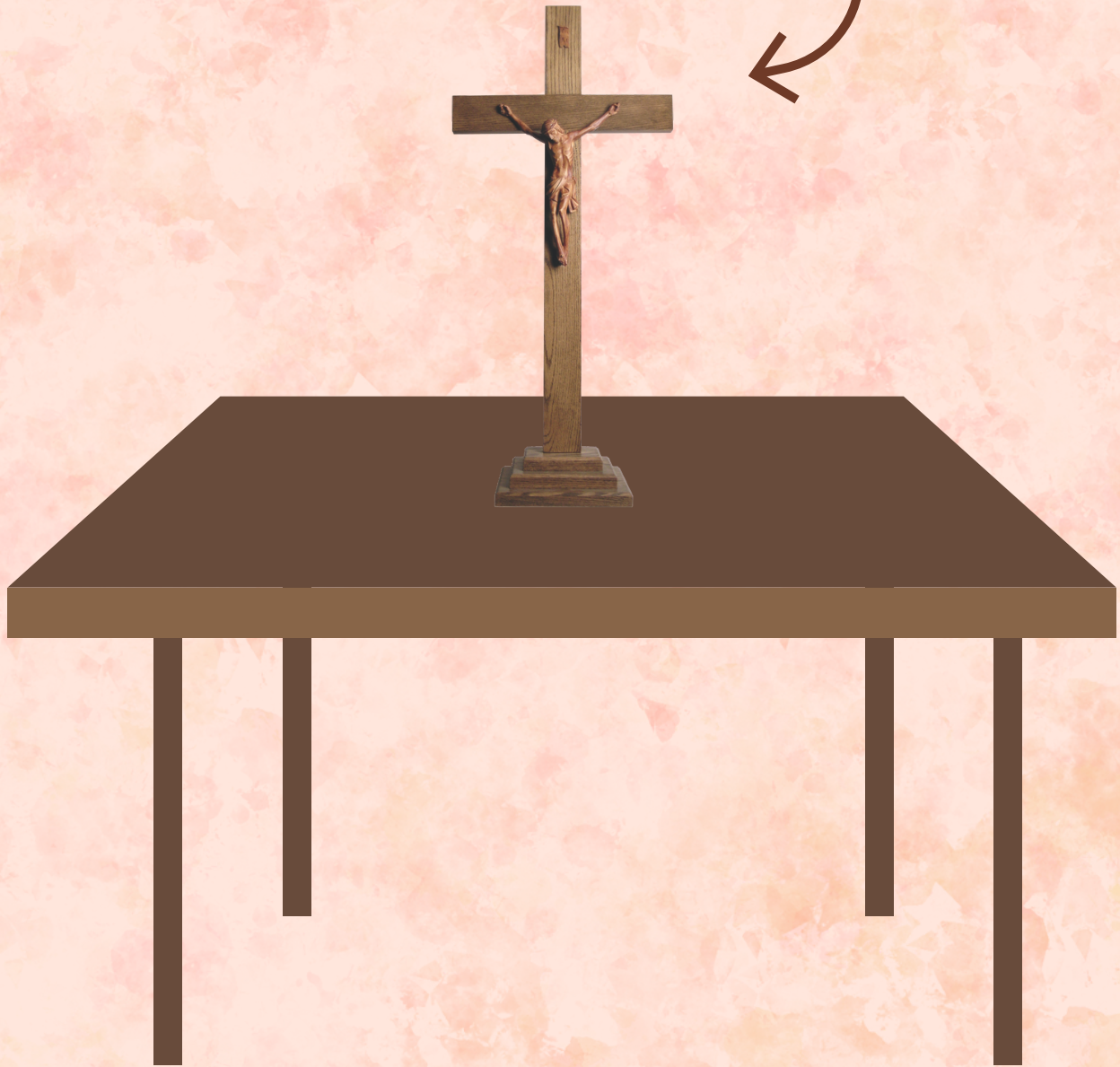


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GOOD FRIDAY



Cross



DOWN THE VIA DOLOROSA

Down the Via Dolorosa in Jerusalem that day
The soldiers tried to clear the narrow street
But the crowd pressed into see
the man condemned to die on Calvary.

He was bleeding from a beating there were stripes upon His back
And He wore a crown of thorns upon his head
And He bore with every step
the scorn of those who cried out for his death

Down the Via Dolorosa called the way of suffering
Like a lamb came the Messiah, Christ the King
But He chose to walk that road out of His love for you and me
Down the Via Dolorosa all the way to Calvary

Por la Via Dolorosa, triste dia en Jerusalem
Los soldados le abrian paso a Jesus
Mas la gente se acercaba
Para ver al que llevaba aquella cruz

Por la Via Dolorosa, que es la via del dolor
Como oveja vino Cristo, Rey, Senor
Y fue El quien quiso ir por su amor por ti y por mi
Por la Via Dolorosa al Calvario y a morir

The blood that would cleanse the souls of all men
Made its way to the heart of Jerusalem

Down the Via Dolorosa called the way of suffering
Like a lamb came the Messiah, Christ the King
But He chose to walk that road out of His love for you and me
Down the Via Dolorosa, all the way to Calvary



Leader: On this day we are continuing our preparation to remember the events leading up to the crucifixion and resurrection of our Lord Jesus Christ. This service is a time to remember our Savior's death on the cross.



Sign of the Cross

In the name of the Father and of the Son and of the Holy Spirit. Amen.

Leader: O God, who by the Passion of Christ your Son, our Lord, abolished the death inherited from ancient sin by every succeeding generation, grant that just as, being conformed to him, we have borne by the law of nature the image of the man of earth, so by the sanctification of grace we may bear the image of the Man of heaven. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

All: Amen

(Take a moment of silence)



Leader: As we respond to this Psalm, let us allow each word of this Psalm to speak to our hearts.

Psalm 30(31):2,6,12-13,15-17,25

Response: Father, into your hands I commend my spirit.

In you, O Lord, I take refuge. Let me never be put to shame.
In your justice, set me free, Into your hands I commend my
spirit. It is you who will redeem me, Lord. **R:/**

In the face of all my foes, I am a reproach, an object of scorn
to my neighbours and of fear to my friends. **R:/**

Those who see me in the street run far away from me. I am
like a dead man, forgotten in men's hearts, like a thing
thrown away. **R:/**

But as for me, I trust in you, Lord; I say: 'You are my God. My
life is in your hands, deliver me from the hands of those who
hate me. **R:/**

Let your face shine on your servant. Save me in your love.'
Be strong, let your heart take courage, all who hope in the
Lord. **R:/**

(Take a moment of silence)

Reflection Video

Let us listen to the reflection of today's Bible Reading.



(Take a moment of silence to reflect on what was shared)

Solemn Intercessions

(A brief silence follows each intercession)

We pray for the church throughout the world...

We pray for our Pope, Bishop, and all servants of the church...

We pray for those preparing for baptism...

We pray for the unity of Christians...

We pray for the Jewish people, the first to hear the word of God...

We pray for those who do not share our faith in Jesus Christ...

We pray for those who do not believe in God...

We pray for those who serve in public office...

We pray for those in tribulation...

We pray for all afflicted by the coronavirus...

Finally, we pray: The Our Father Prayer

Adoration of the Holy Cross

Watch the short clip on
The Passion of the Christ.



Closing Prayer

Leader: May God have mercy on us and bless us; may He let His face shed its light upon us and have mercy on us.

All: Amen

(Kneel and pray in silence before the Cross.
You may take a moment to venerate the Cross now.)

Conclude with these words

Together: We adore you, Christ, and we bless you. By your holy cross you have redeemed the world.

Faith in Action

Focusing on the Merciful Love of God through Jesus Christ, His Son, recall one particular sin that you are currently struggling with. Offer it to Jesus with a firm resolution to seriously amend your ways.

THE OLD RUGGED CROSS

On a hill far away stood an old rugged cross
The emblem of suffering and shame
And I love that old cross where the dearest and best
For a world of lost sinners was slain

So I'll cherish the old rugged cross (rugged cross)
Till my trophies at last I lay down
I will cling to the old rugged cross
And exchange it some day for a crown

To the old rugged cross I will ever be true
It's shame and reproach gladly bear
Then he'll call me some day to my home far away
Where his glory forever I'll share

And I'll cherish the old rugged cross (rugged cross)
Till my trophies at last I lay down
And I will cling to the old rugged cross
And exchange it some day for a crown
I will cling to the old rugged cross
And exchange it some day for a crown



EASTER SUNDAY



Candles



Meals (Optional)



CHRIST THE LORD IS RISEN TODAY (HE IS NOT DEAD)

Christ the Lord is risen today, Alleluia
Sons of men and angels say, Alleluia
Raise your joys and triumphs high, Alleluia
Sing ye heavens and earth reply, Alleluia

Lives again our glorious King, Alleluia
Where O death is now thy sting, Alleluia
Dying once He all doth save, Alleluia
Where thy victory O grave, Alleluia

Chorus:

He is not dead

He is alive

We Have this hope

In Jesus Christ

Love's redeeming work is done, Alleluia
Fought the fight the battle won, Alleluia
Death in vain forbids Him rise, Alleluia
Christ has opened paradise, Alleluia

(Chorus)

Soar we now where Christ has led, Alleluia
Following our exalted Head, Alleluia
Made like Him like Him we rise, Alleluia
Ours the cross the grave the skies, Alleluia

(Chorus)



Leader: We gather here to celebrate Easter Sunday. Sunday has been called the Lord's Day because it was on this day, the first Easter, that Jesus conquered sin and death and rose to new life. Let us now be united in the spirit of Christ with the Church around the world and celebrate our redemption in Christ's suffering, death and resurrection.



Sign of the Cross

In the name of the Father and of the Son and of the Holy Spirit. Amen.

Leader: O God, who on this day, through your Only Begotten Son, have conquered death and unlocked for us the path to eternity, grant, we pray, that we who keep the solemnity of the Lord's Resurrection may, through the renewal brought by your Spirit, rise up in the light of life. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

All: Amen

(Take a moment of silence)



Leader: As we listen to this reading, let us allow each word of this reading to speak to our hearts.

Mark 16:1-8

Leader : *A Reading from the Holy Gospel according to Mark.*

When the sabbath was over, Mary of Magdala, Mary the mother of James, and Salome, bought spices with which to go and anoint him. And very early in the morning on the first day of the week they went to the tomb, just as the sun was rising.

They had been saying to one another, ‘Who will roll away the stone for us from the entrance to the tomb?’ But when they looked they could see that the stone – which was very big – had already been rolled back. On entering the tomb they saw a young man in a white robe seated on the right-hand side, and they were struck with amazement. But he said to them, ‘There is no need for alarm. You are looking for Jesus of Nazareth, who was crucified: he has risen, he is not here. See, here is the place where they laid him. But you must go and tell his disciples and Peter, “He is going before you to Galilee; it is there you will see him, just as he told you.”’

Leader : *The word of the Lord*

All : *Thanks be to God.*

Jesus, the Son of God, died for us.

Today we celebrate His resurrection from the dead for us.
For me! Let us take a moment to personalize this truth!

Today is an invitation once again to live our lives for Christ.
Let us rise with Him from the tombs of our sins, negativity and misery.

Easter morning was a personal encounter with the Risen Christ when Mary Magdalene shared the good news immediately without delay.

Encouraged by her, who has now been given the title "Apostle of the Apostles" by the Church, we too are called to allow the Merciful Love of Christ to heal and renew us of our past sins and wounds, so that filled by His grace, we may be courageous missionary disciples of Joy, Mercy and Hope to all people, with a heart full of gratitude and thanksgiving for all the blessings we have received.

Let us do this through simple acts of love in our many little ways each moment of our day, beginning with ourselves and expanding it to those around us.

This Easter, God is personally inviting us to experience the joy of Easter in our lives. Let Him fill our hearts with Christ Mercy, Joy and Hope with this light of Easter in our hearts and radiate that light to all whom we encounter.

EASTER

He is Risen

The Renewal of Baptismal Promises



(We now each light our individual candles from the main candle)

Leader: With the newness of light from our candles and from within our hearts, we now profess the faith we believe.

Leader: Do you reject Satan?

All: I do.

Leader: And all his works?

All: I do.

Leader: And all his empty promises?

All: I do.

Leader: Do you believe in God, the Father Almighty, creator of heaven and earth?

All: I do.

Leader: Do you believe in Jesus Christ, his only Son, our Lord, who was born of the Virgin Mary was crucified, died, and was buried, rose from the dead, and is now seated at the right hand of the Father?

All: I do.

Leader: Do you believe in the Holy Spirit, the holy Catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting?

All: I do.

Leader: God, the all-powerful Father of our Lord Jesus Christ has given us a new birth by water and the Holy Spirit, and forgiven all our sins. May he also keep us faithful to our Lord Jesus Christ for ever and ever.

All: Amen.

(Take a moment of silence)

Intercessions

**Response: Lord Hear Our Prayer**

1. For the Holy Catholic Church throughout the world: for Francis our Pope, Sebastian Francis our bishop, and for all ministers of the gospel. We pray to the Lord. **R/**
2. For all those in authority, that they would govern wisely and fairly. We pray to the Lord. **R/**
3. For all the newly baptized: that they may faithfully follow Jesus and keep the light of Christ burning in their lives. We pray to the Lord. **R/**
4. For all who suffer, who grieve, who are distressed in mind and heart, that Jesus, who brought unexpected exultation to Mary Magdalene and the apostles on that first Easter Sunday, may give them also a share of His rising to new life. We pray to the Lord. **R/**
5. For the situation and people in Myanmar. **R/**
6. For our own needs and intentions, that we now recall in our hearts (to be said or in silence). We pray to the Lord. **R/**

Closing Prayer



On this day, loving gracious God, we once again sing Alleluia. We praise You and thank You for raising Jesus up from the dead and we praise and thank You for all the times You have raised us up through Your Grace In this Easter season and always, when we are weak and unable to make good decisions; when we are faced with fear and uncertainties; when we are afraid and discouraged and forget that You strengthen us; when we are stubborn and refuse to forgive others; when we are too selfish or too weary to follow Jesus as we should; raise us up, loving God, raise us up. Thank You for giving us new life in Jesus and for His presence among us this Eastertime and always. Amen.

(Conclude by reciting the Our Father prayer and all offer one another the sign of peace.)



Faith in Action

With a grateful heart, recall the many blessings you have received and may have sometimes taken for granted. Take this day as an opportunity to thank God for all the big and little blessings you have received in your life.



CELEBRATE JESUS

**Celebrate, Jesus celebrate
Celebrate, Jesus celebrate
Celebrate, Jesus celebrate
Celebrate, Jesus celebrate**

He is risen, He is risen
And He lives forevermore
He is risen, He is risen
Come on and celebrate
Come on and celebrate
Come on and celebrate
The resurrection of the Lord



