

# CATHEDRAL OF THE HOLY SPIRIT

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CathedralOfTheHolySpiritPenang chspenang youtube.com/c/CHSPgTv




Parish Priest: FR. JOACHIM ROBERT Priest in Residence: FR. FRANCIS ANTHONY

2022 THEME  
MARCH

SALT OF THE EARTH AND LIGHT OF THE WORLD:  
*COMMUNION, PARTICIPATION AND MISSION*

DATE	TIME	ACTIVITY	MASSES IN THE PARISH
Mar 6 (Sun) <i>Deut 26:4-10 Rom 10:8-13 Lk 4:1-13</i>	8.00 am 10.30 am	MASS (M) MASS (E)	1 <sup>ST</sup> SUNDAY OF LENT (YEAR C) No livestream Livestream Link: <a href="https://www.youtube.com/c/CHSPgTv">https://www.youtube.com/c/CHSPgTv</a>
Mar 7 (Mon)	6.40 am 7.00 am	Lauds MASS	Ss. Perpetua & Felicity, Martyrs No livestream
Mar 8 (Tue)	6.40 am 7.00 am	Lauds MASS	St. John of God, Religious No livestream
Mar 9 (Wed)	6.10 pm 6.30 pm	Vespers MASS	St. Frances of Rome, Religious Livestream Link: <a href="https://www.youtube.com/c/CHSPgTv">https://www.youtube.com/c/CHSPgTv</a>
Mar 10 (Thu)	6.10 pm 6.30 pm	Vespers MASS	Livestream Link: <a href="https://www.youtube.com/c/CHSPgTv">https://www.youtube.com/c/CHSPgTv</a>
Mar 11 (Fri)	12.00 pm 8.00 pm	WOC (E) MASS WOC (ET) MASS WOC (M)	Livestream Link: <a href="https://www.youtube.com/c/CHSPgTv">https://www.youtube.com/c/CHSPgTv</a>
Mar 12 (Sat)	6.40 am 7.00 am 6.00 pm	Lauds MASS MASS	No livestream
Mar 13 (Sun) <i>Gen 15:5-12,17-18 Phil 3:17-4:1 Lk 9:28-36</i>	8.00 am 10.30 am	MASS (M) MASS (E)	2 <sup>ND</sup> SUNDAY OF LENT (YEAR C) No livestream Livestream Link: <a href="https://www.youtube.com/c/CHSPgTv">https://www.youtube.com/c/CHSPgTv</a>
PARISH ACTIVITIES			
Mar 6 (Sun)	8.30 pm	RCIA	ZOOM
Mar 7 (Mon)	4.00 pm	Legion of Mary	ZOOM
Mar 13 (Sun)	8.30 pm	RCIA	ZOOM

## THANK YOU FOR YOUR GENEROSITY

Offerings of Mass Intentions, financial giving of monthly tithing, love offerings or donations to the Parish can be made through online transfers to the following designated bank accounts:

Online Payment for	Donations Mass Offering Hall Booking Wake Room Booking	Tithes	Sharing Hope Project Outreach Projects
Bank	Public Bank Berhad	RHB Bank Berhad	RHB Bank Berhad
Account Number	309 3049812	20708 2000 39510	20708 2000 39928
Account Name	Cathedral of the Holy Spirit	Cathedral of the Holy Spirit	Cathedral CHS

Please email or WhatsApp the Bank-in-Slip to [admin@holyspiritcathedral.com](mailto:admin@holyspiritcathedral.com) or 012-3984909

**Our Collection for 26 & 27 February 2022: RM4,130.00**

## TITHING ENVELOPES FOR YEAR 2022

We are pleased to inform that our Tithing Envelopes for Year 2022 is ready. Please do collect from Church Office. Thank you and God bless.

*"God loves a cheerful giver." – 2 Cor. 9:7*

## PUBLIC MASS

The PRT met on Thursday, Feb-24<sup>th</sup>, and after careful consideration on the different perspective from PRT members, the final decision by Fr Joachim is to stop Eventbrite registration effective 1st Mar, as the current turn up rate of parishioners is within the seating capacity of the main Church. PRT will continue to monitor the situation and will re-activate Eventbrite should the need arise. With this change, we need help to ensure Low Risk or Casual Contact with No Symptoms on our MySejahtera profile to participate in Church otherwise to follow Mass thru live-stream. Please pray with us as we take these baby steps to adapt to the new norm. Thank you and God Bless.

## WHO MAY ATTEND

- Parishioners who have a Low Risk / Casual Contact with no symptom Covid-19 risk status and are fully vaccinated (subject to SOP changes) are welcomed.
- The public advisory continues to discourage children below 12 years old, senior citizens above the age of 60 and those with chronic illness from public gathering. If you are planning to come, please consult your family members and weigh the risk for yourself and others.

## WHO CANNOT ATTEND?

- Those who are unwell or exhibiting symptoms / infections such as cough, fever, sore throat, respiratory issues, flu or cold are not permitted.
- Those who are NOT showing Low Risk / Casual Contact with no symptom Covid-19 risk status.
- Those who are NOT fully vaccinated (must be more than 14 days after 2nd Dose)

Those who are under investigation or home quarantine (if there are members in your household that are under home quarantine or investigation, you are not allowed to attend).

## CHS COMMUNICATION CHANNEL

We are currently using **Whatsapp Chatgroup** for all Zones and FoCHS communication to disseminate information on the upcoming activities and events for our Parish. Please ensure you are registered in your Zone or FoCHS Chatgroup to receive these broadcasts and information. Contact your respective Zone or FoCHS Leaders for assistance. Thank you and God Bless.

## **CHS MOVIE NIGHTS**

As we step into the season of Lent we will be screening videos through ZOOM that helps us relate to Christ teachings, values and passion.

12<sup>th</sup> March Sat 8.30pm: *The Fourth Wise Man*

Zoom Link: <https://us02web.zoom.us/j/87173389571?pwd=dIBsOHVKSklMwYWhLY0tMRkoxVXB2Zz09>

Meeting ID : 871 7338 9571

Pass Code: 777555

or Scan for Zoom Meet →



Come, join us, meet and catch-up with one another. God Bless.

## **2022 CHRISM MASS**

CHS will be hosting 2022 Chrism Mass on Apr 5<sup>th</sup> Tuesday. Do keep this day free and join us to participate in the Chrism Mass. More details will be made available in coming weeks. God Bless.

## **MUSINGS DURING THE PANDEMIC – OUR CHS WEEKLY REFLECTIONS**

We welcome contributions of testimony and reflections that draw us closer to our Lord via video. Please send your testimony or reflections to [chsmusings@gmail.com](mailto:chsmusings@gmail.com)

Our weekly reflections are archived and available at our CHS website and circulated weekly via our social media apps. Be encouraged. *Matthew 10:32*

## **SHARING HOPE 2.0**

Let us continue to reach out to the families around us who are in need, help them submit the Provision Application Form at:- <https://tinyurl.com/PgCaritasReceiveBlessings> or scan QR code to submit form.

Besides submitting the Provision Application Form, how can you help?

1. Inform CHS office of any families that need help in your neighborhood.
2. Volunteer to pack or deliver
3. Cash donation
4. Donate food/essential items:-
  - Rice
  - Instant Noodles
  - Canned Food
  - Milo / Coffee
  - Adult Diapers
  - Biscuit
  - Cooking Oil



Essential items can be dropped into the basket at CHS from 9am – 12noon. For those who wish to transfer online to "Cathedral CHS", RHB account no: 20708200039928 or Call CHS Parish office.

List of food/essential items is available at the front of CHS office. For details, please contact:

Catherine Tan 019-4565577 Anne Tan (CHS Office) 04-6584909 / 012-3984909

## **CHS 2022 CALENDAR**

We are pleased to announce that our [CHS 2022 Calendar](#) is now available. Limited printed copies will be made available for those who need it.

Kindly request through your Zone/BEC leaders. Softcopy of the calendar is available for download. Thank you and God Bless.

[https://drive.google.com/file/d/1J8EWzDDO9PD5o-fEnY-e7\\_xlpHw12Lz/view?usp=sharing](https://drive.google.com/file/d/1J8EWzDDO9PD5o-fEnY-e7_xlpHw12Lz/view?usp=sharing)



## **NOTICE**

With the new revision on the abolishment of the temperature control and log books, our position to ensure a safe environment for parishioners to attend Mass is severely compromised. The only alternative we can turn to, is to yourselves, as parishioners of CHS to take responsibility and take care of each other (*Kita jaga kita*). The new Omicron variant is highly contagious and most of the time, those tested positive do not have any fever or any of the usual symptoms of the Delta variant. As such, we appeal to all to refrain from coming for Mass especially if you have the following symptoms:-

***sore throat, runny nose, persistent cough or any other symptoms related to this pandemic,***

irrespective of your self-test result. This would greatly help us make our church safe for us to gather together as one body to worship Him and receive the Eucharist.

**COMING BACK TO CHURCH** - Catechism of the Catholic Church 1324-1327 defines the Eucharist as the source and summit of Christian Life. We need to receive the Eucharist to strengthen ourselves and persevere through the trials of life. We cannot receive the Eucharist virtually and with the majority of parishioners fully vaccinated, we are encouraging all parishioners to come back and worship our Lord as one body especially on Sundays as it is a day of obligation. The dispensation was given at a time when Covid-19 was taking many lives and no vaccines were available. The situation is different now. If you are fully vaccinated, and especially if you are going to work every day, eating out, going to the market or mall, visiting relatives during CNY, you should be able to come and worship our Lord in church on Sundays as well.

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## **CHS CREATIVE WEEKEND**

Do you have a passion for singing? Enjoy capturing special moments? Are words your specialty? Or do you prefer working behind the scenes? CHS is organizing a Creative Weekend and would like to encourage you to participate in the various workshops that are tailor-made to cater to a wide spectrum of creativity. There will be workshops on:-

- Vocals
- Musical Instruments – Keys, Guitars, Drums & Percussions
- Website Management and Maintenance, Social Media – Reaching our parishioners
- Photography & Videography
- Report / Article Writing for Parish events, LCD Projection & Live-Streaming

These workshops are jointly organized by the Music, Media and LCD Projection & Live-Streaming Ministries. As space is limited, we do encourage you to register soonest possible.

Registration opens from **19 February 2022 to 06 March 2022.**

**Creative Weekend** will be on:-

Date: **19 & 20 March 2022**  
Time: **9am to 6pm**  
Age: **14 years old and above**  
Language: **English**

**\*\* There will be a closed Mass on 20 March 2022 for participants at 6pm\*\***

Registration link: <https://bit.ly/CW-2022> or scan →

If you have any questions, please contact Adrian @ +6016-495 7256

Do not feel shy. Come take advantage of these workshops. At the most, you might feel the calling to contribute your talents in serving the Lord in these Ministries. At the least, you go home having gained some insights and additional knowledge to enhance the gifts and talents that the Lord has graced you with. We look forward to meeting you on 19<sup>th</sup> and 20<sup>th</sup> March 2022!





## THE LENTEN COMPANION BY FR MARK TOUPS

CHS BECs/Zone is inviting you this Lent for a Personal Encounter with the Gospel ~ The Lenten Companion.

Topic: **Lent @ CHS Lent ~ The Lenten Companion by Fr Mark Touns**

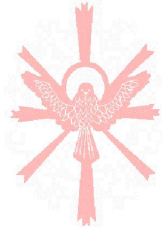
Time: **08:30 PM Kuala Lumpur**

Join Zoom Meeting

<https://bit.ly/CHSLent2022>

Meeting ID: **840 7179 2024**

Passcode: **CHSLENT**



# LENT @ CHS

**MAC**  
**03** **REND YOUR HEART**  
This Ash Wednesday

**10** **BE NOT AFRAID**  
Temptation in the Desert

**17** **WHAT DOES GOD THINK OF YOU?**  
The Transfiguration

**24** **NOTHING ELSE WILL SATISFY**  
The Samaritan Woman

**31** **GOD STILL WANTS MORE OF YOU!**  
The Man Born Blind

**APR**  
**07** **THIS IS THE WAY BACK TO GOD**  
The Raising of Lazarus

**11** **PRAYING @ THE FOOT OF THE CROSS**  
A MEANINGFUL HOLY WEEK

## Lenten Companion

*Come Join Our BECs/Zone for a Personal Encounter with the Gospel*



Zoom @ 8:30pm  
<https://bit.ly/CHSLentComp>  
Meeting ID: 868 7564 7866  
Passcode: CHSLENT




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## 11<sup>TH</sup> NOTIFICATION AND UPDATES IN THE DIOCESE OF PENANG (MARCH 2022)

<https://www.pgdiocese.org/post/11th-notification-updates-in-the-diocese-of-penang>

1<sup>st</sup> March 2022  
PKK/BDN/2022/03/130

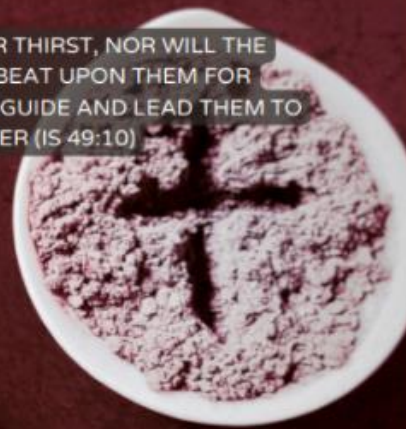
Bishop Sebastian Francis



# 11TH NOTIFICATION & UPDATES


In the Diocese of Penang  
(March 2022)

THEY WILL NEITHER HUNGER NOR THIRST, NOR WILL THE SCORCHING WIND OR THE SUN BEAT UPON THEM FOR HE WHO HAS MERCY ON THEM WILL GUIDE AND LEAD THEM TO THE SPRINGS OF WATER (IS 49:10)



# LENT

Ash Wednesday - 2nd March  
World Water Day - 22nd March



INTENDED FOR ALL THE CATHOLIC FAITHFUL IN THE DIOCESE OF PENANG

For internal circulation only

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# CREATIVE WEEKEND 2022



**19-20 March 2022**  
**9:00am to 6:00pm**

[There will be a Closed Mass for participants on Sunday at 6pm]



Open for ages 14 years and above

Click here for more details  
and to register

Closing Date: **06 March 2022**



Cathedral of the  
Holy Spirit, Penang



Are you having  
a crisis of feeling  
overwhelmed?

You don't have to  
suffer in silence.

Shalom Careline offers  
free and anonymous  
emotional support  
and is just a call away.

**Call Shalom Careline:**



**03-2723 7272**

**Operating hours:**

**Everyday**

**10.00 a.m. - 1.00 p.m.**

**7.00 p.m. - 11.00 p.m.**

