



CATHEDRAL OF THE HOLY SPIRIT

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📘 CathedralOfTheHolySpiritPenang 📺 chspenang 📺 youtube.com/c/CHSPgTv




Parish Priest: FR. JOACHIM ROBERT Priest-in-Residence: FR. FRANCIS ANTHONY

**2022 THEME
MARCH**

**SALT OF THE EARTH AND LIGHT OF THE WORLD:
*COMMUNION, PARTICIPATION AND MISSION***

DATE	TIME	ACTIVITY	MASSES IN THE PARISH
Mar 20 (Sun) <i>Ex 3:1-8, 13-15 1 Cor 10:1-6, 10-12 Lk 13:1-9</i>	8.00 am 10.30 am	MASS (M) MASS (E)	3 rd SUNDAY OF LENT (YEAR C) No livestream Livestream Link: https://www.youtube.com/c/CHSPgTv
Mar 21 (Mon)	6.40 am 7.00 am	Lauds MASS	No livestream
Mar 22 (Tue)	6.40 am 7.00 am	Lauds MASS	No livestream
Mar 23 (Wed)	6.10 pm 6.30 pm	Vespers MASS	St. Turibius de Mogrovejo, Bishop Livestream Link: https://www.youtube.com/c/CHSPgTv
Mar 24 (Thu)	6.10 pm 6.30 pm	Vespers I MASS	Livestream Link: https://www.youtube.com/c/CHSPgTv
Mar 25 (Fri)	12.00 pm 8.00 pm	WOC (E) MASS WOC (ET) MASS WOC (M)	The Annunciation of the Lord, Solemnity Livestream Link: https://www.youtube.com/c/CHSPgTv
Mar 26 (Sat)	7.00 am 6.00 pm	NO MASS MASS (E)	No livestream
Mar 27 (Sun) <i>Jos 5:9-12 2 Cor 5:17-21 Lk 15:1-3, 11-32</i>	8.00 am 10.30 am	MASS (M) MASS (E)	4 th SUNDAY OF LENT (YEAR C) (Laetare Sunday) No livestream Livestream Link: https://www.youtube.com/c/CHSPgTv

PARISH ACTIVITIES

Mar 19 (Sun)	8.30 pm	RCIA	ZOOM
Mar 20 (Mon)	4.00 pm	Legion of Mary	ZOOM
Mar 26 (Sat)	3.30pm	CEC (E)	Pre-school to Form 4 via ZOOM Form 5 (Confirmation Class) in Church
Mar 27 (Sun)	8.30 pm	RCIA	ZOOM

THANK YOU FOR YOUR GENEROSITY

Offerings of Mass Intentions, financial giving of monthly tithing, love offerings or donations to the Parish can be made through online transfers to the following designated bank accounts:

Online Payment for	Donations Mass Offering Hall Booking Wake Room Booking	Tithes	Sharing Hope Project Outreach Projects
Bank	Public Bank Berhad	RHB Bank Berhad	RHB Bank Berhad
Account Number	309 3049812	20708 2000 39510	20708 2000 39928
Account Name	Cathedral of the Holy Spirit	Cathedral of the Holy Spirit	Cathedral CHS

Please email or WhatsApp the Bank-in-Slip to admin@holyspiritcathedral.com or 012-3984909

Our Collection for 12 & 13 March 2022: RM3,820.00

TITHING ENVELOPES FOR YEAR 2022

We are pleased to inform that our Tithing Envelopes for Year 2022 is ready. Please do collect from Church Office. Thank you and God bless.

"God loves a cheerful giver." – 2 Cor. 9:7

PUBLIC MASS

WHO MAY ATTEND

- Parishioners who have a Low Risk / Casual Contact with no symptom Covid-19 risk status and are fully vaccinated (subject to SOP changes) are welcomed.
- The public advisory continues to discourage children below 12 years old, senior citizens above the age of 60 and those with chronic illness from public gathering. If you are planning to come, please consult your family members and weigh the risk for yourself and others.

WHO CANNOT ATTEND?

- Those who are unwell or exhibiting symptoms / infections such as cough, fever, sore throat, respiratory issues, flu or cold are not permitted.
- Those who are NOT showing Low Risk / Casual Contact with no symptom Covid-19 risk status.
- Those who are NOT fully vaccinated (must be more than 14 days after 2nd Dose)

Those who are under investigation or home quarantine (if there are members in your household that are under home quarantine or investigation, you are not allowed to attend).

CHS COMMUNICATION CHANNEL

We are currently using **Whatsapp Chatgroup** for all Zones and FoCHS communication to disseminate information on the upcoming activities and events for our Parish. Please ensure you are registered in your Zone or FoCHS Chatgroup to receive these broadcasts and information. Contact your respective Zone or FoCHS Leaders for assistance. Thank you and God Bless.

NEW VESSELS & VESTMENTS

We are pleased to inform that we CHS will be purchasing new vessels comprising Chalice, Paten, Ciborium, new table cloth for the altar, new Vestments and Server Cape to grace our eucharistic celebration with a fresh appearance. These vessels and vestments will be blessed during our weekend Mass to be determined at a later date.

CHS MOVIE NIGHTS

As we step into the season of Lent we will be screening videos through ZOOM that helps us relate to Christ teachings, values and passion.

9th April Sat 8.00pm: *The Passion of the Christ*
23th April Sat 8.30pm: *Resurrection*

Zoom Link: <https://us02web.zoom.us/j/87173389571?pwd=d1BsOHVKSkMwYWwLY0tMRkoXVXB2Zz09>

Meeting ID : 871 7338 9571

Pass Code: 777555

or Scan for Zoom Meet →



Come, join us, meet and catch-up with one another. God Bless.

2022 CHRISM MASS

CHS will be hosting 2022 Chrism Mass on Apr 5th Tuesday at 8pm. This will be celebrated by Bishop Sebastian Francis together with the priests of the Diocese. Let us come together to witness the Blessing of Holy Oils and renewal of priestly promises. God Bless.

PALM SUNDAY

Parishioners are requested to bring their own palms for Palm Sunday Masses on April 9th/10th. Thank you and God Bless.

CHS 2022 CALENDAR

We are pleased to announce that our [CHS 2022 Calendar](#) is now available. Limited printed copies will be made available for those who need it. Kindly request through your Zone/BEC leaders.

Softcopy of the calendar is available for download. Thank you and God Bless.

https://drive.google.com/file/d/1J8EWzDDO9PD5o-fEnY-e7_xlpHw12Lz/view?usp=sharing

MUSINGS DURING THE PANDEMIC – OUR CHS WEEKLY REFLECTIONS

We welcome contributions of testimony and reflections that draw us closer to our Lord via video. Please send your testimony or reflections to chsmusings@gmail.com

Our weekly reflections are archived and available at our CHS website and circulated weekly via our social media apps. Be encouraged. *Matthew 10:32*



SHARING HOPE 2.0

Let us continue to reach out to the families around us who are in need, help them submit the Provision Application Form at:- <https://tinyurl.com/PgCaritasReceiveBlessings> or scan QR code to submit form.



Besides submitting the Provision Application Form, how can you help?

1. Inform CHS office of any families that need help in your neighborhood.
2. Volunteer to pack or deliver
3. Cash donation
4. Donate food/essential items:-

- Rice
- Canned Food
- Adult Diapers
- Cooking Oil
- Instant Noodles
- Milo / Coffee
- Biscuit

Essential items can be dropped into the basket at CHS from 9am – 12noon. For those who wish to transfer online to "Cathedral CHS", RHB account no: 20708200039928 or Call CHS Parish office. List of food/essential items is available at the front of CHS office. For details, please contact: Catherine Tan 019-4565577 or Anne Tan (CHS Office) 04-6584909 / 012-3984909

THE LENTEN COMPANION BY FR MARK TOUPS

CHS BECs/Zone is inviting you this Lent for a Personal Encounter with the Gospel ~ The Lenten Companion.

Topic: **Lent @ CHS Lent ~ The Lenten Companion by Fr Mark Touns**

Time:

08:30 PM Kuala Lumpur

Join Zoom Meeting:-

<https://bit.ly/CHSLent2022>

Meeting ID: **868 7564 7866**

Passcode: **CHSLENT**

LENT @ CHS

MAC

03 **REND YOUR HEART**
This Ash Wednesday

10 **BE NOT AFRAID**
Temptation in the Desert

17 **WHAT DOES GOD THINK OF YOU?**
The Transfiguration

24 **NOTHING ELSE WILL SATISFY**
The Samaritan Woman

31 **GOD STILL WANTS MORE OF YOU!**
The Man Born Blind

APR

07 **THIS IS THE WAY BACK TO GOD**
The Raising of Lazarus

11 **PRAYING @ THE FOOT OF THE CROSS**
A MEANINGFUL HOLY WEEK

Lenten Companion

Come Join Our BECs/Zone for a Personal Encounter with the Gospel

Zoom @ 8:30pm
<https://bit.ly/CHSLentComp>
Meeting ID: 868 7564 7866
Passcode: CHSLENT

NOTICE

With the new revision on the abolishment of the temperature control and log books, our position to ensure a safe environment for parishioners to attend Mass is severely compromised. The only alternative we can turn to, is to yourselves, as parishioners of CHS to take responsibility and take care of each other (*Kita jaga kita*). The new Omicron variant is highly contagious and most of the time, those tested positive do not have any fever or any of the usual symptoms of the Delta variant. As such, we appeal to all to refrain from coming for Mass especially if you have the following symptoms:-

sore throat, runny nose, persistent cough or any other symptoms related to this pandemic, irrespective of your self-test result. This would greatly help us make our church safe for us to gather together as one body to worship Him and receive the Eucharist.

COMING BACK TO CHURCH - Catechism of the Catholic Church 1324-1327 defines the Eucharist as the source and summit of Christian Life. We need to receive the Eucharist to strengthen ourselves and persevere through the trials of life. We cannot receive the Eucharist virtually and with the majority of parishioners fully vaccinated, we are encouraging all parishioners to come back and worship our Lord as one body especially on Sundays as it is a day of obligation. The dispensation was given at a time when Covid-19 was taking many lives and no vaccines were available. The situation is different now. If you are fully vaccinated, and especially if you are going to work every day, eating out, going to the market or mall, visiting relatives during CNY, you should be able to come and worship our Lord in church on Sundays as well.

KURSUS PRA PERKAHWINAN DALAM BAHASA MALAYSIA

On behalf of the Penang Diocese Bahasa Malaysia Apostolate,, there is a course for Bahasa Malaysia speaking couples only and will be fully conducted in Bahasa Malaysia. Tuhan Yesus memberkati dan menyertai selalu. Terima kasih.

Kursus Pra-Perkahwinan dalam BM

**Anjuran Apostolat Bahasa Malaysia
Diosis Pulau Pinang**

Jadual untuk Tahun 2022

22-24 April atau 16-17 Sept

Khas untuk pasangan yang bertutur dalam bahasa malaysia
dalam diosis pulau pinang sahaja.

Untuk Pertanyaan lanjut dan Pendaftaran Sila Hubungi :

Sr. Florence (0128484158) Sr. Marysia (0198732382)

Byron (0135950232) Henry (0128200199)

Atau Ketua Komite Apostolat BM di paroki anda atau :

teamabmpgd@gmail.com

SILA SCAN UNTUK
BORANG
PENDAFTARAN
SECARA ONLINE



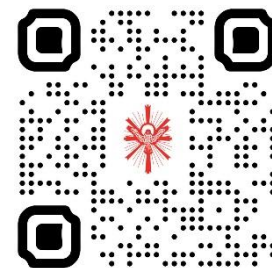
CHS OUTDOOR STATIONS OF THE CROSS

CHS outdoor stations of the cross has been installed in the perimeter around Church. Attached is the QR code to the website that will provide the map locations of the stations together with the narrations and reflection for each station in English, Mandarin, Tamil and Bahasa Malaysia.

We welcome parishioners to walk the stations during the weekdays or weekends. Kindly do avoid the Mass times of Saturday 6pm-7.30pm and Sunday 8am-12pm.

<http://bit.ly/WOTC2022>

(kindly refresh if any error during 1st loading)





GIVE BLOOD, GIVE LOVE

Your blood donation may mean a few minutes to you, but life for somebody else.

Your blood donation is not only an expression of love, it is a matter of life and death for the recipient. There are many with a daily need for a regular blood supply to stay alive, while others may need a blood transfusion to recover from an accident or illness. Below we list the 8 types of people that your blood donation can help, and the life-giving impact it can bring to their lives:

1. Accident victims
2. Cancer patients
3. Patients with severe burns
4. People who have undergone surgery and organ transplants
5. Dengue patients
6. Thalassemia patients
7. Patients who are dying
8. Premature infants and mothers with excessive blood loss due to childbirth

It's all up to you! The 8 kinds of people mentioned above are all looking forward to your help. They also hope to live a normal life, to continue their life and to continue to be with their loved ones. To get to this point, they do need your help and mine i.e. our precious blood donation. Especially during this Lent, it's a small contribution we can make to others.

A bag of blood  = A heart full of love 

You can bring hope and joy for someone in spite of the Covid19 pandemic :

- You can donate blood one month after recovering from Covid 19
- You can donate blood 7 days after your booster jab or 14 days after your 2nd dose.

Come and help save a life today! Make a date with us on 02 April 2022, 9am to 3pm.



LENT 2022

Mission Week

14 to 20 March



Together WE
ES.ORE
RENEW
EBUILD

Bless
someone
with a meal



Order through
google link form.
Pick-up or request
for delivery on
Saturdays.



Canned food
Cooking oil
Oats/Nestum
Milk powder
Adult diapers

DONATE



**Penang Diocesan
Lenten Campaign**



Drop them
into the
Lenten Basket
outside
parish office



LENT 2022

Week THREE

21 - 27



2022



Safeguarding Creation

Advocating Conservation

CATHEDRAL OF THE HOLY SPIRIT, PENANG





Hospital Pulau Pinang

You are invited to
你被邀请

**GIVE BLOOD
GIVE LOVE
捐血示爱**

No registration required.

无需报名

2nd April 2022 • 9 AM to 3 PM
2022年4月2日 • 早上9时正至下午3时正
@ CATHEDRAL OF THE HOLY SPIRIT

In Collaboration With:
CARITAS DIOCESE OF PENANG
UNIT PATOLOGI DAN DARAH HOSPITAL PULAU PINANG

LENT @ CHS MAC

- 03** **REND YOUR HEART**
This Ash Wednesday
- 10** **BE NOT AFRAID**
Temptation in the Desert
- 17** **WHAT DOES GOD
THINK OF YOU?**
The Transfiguration
- 24** **NOTHING ELSE
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MORE OF YOU!**
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BACK TO GOD**
The Raising of Lazarus
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HOLY WEEK

Lenten Companion

*Come Join Our
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with the Gospel*



Zoom @ 8:30pm

<https://bit.ly/CHSLentComp>

Meeting ID: 868 7564 7866

Passcode: CHSLENT

11TH NOTIFICATION AND UPDATES IN THE DIOCESE OF PENANG (MARCH 2022)

<https://www.pgdiocese.org/post/11th-notification-updates-in-the-diocese-of-penang>

1ST March 2022
PKK/BDN/2022/03/130

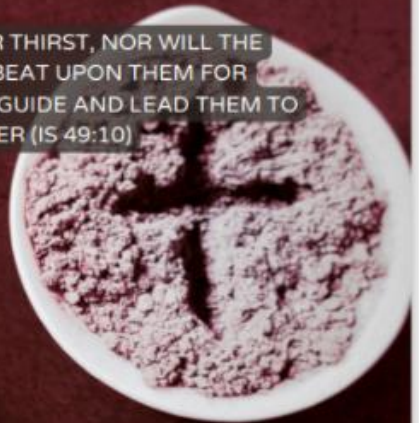
Bishop Sebastian Francis



11TH NOTIFICATION & UPDATES

In the Diocese of Penang
(March 2022)

THEY WILL NEITHER HUNGER NOR THIRST, NOR WILL THE
SCORCHING WIND OR THE SUN BEAT UPON THEM FOR
HE WHO HAS MERCY ON THEM WILL GUIDE AND LEAD THEM TO
THE SPRINGS OF WATER (IS 49:10)



LENT

Ash Wednesday - 2nd March

World Water Day - 22nd March



For internal circulation only

INTENDED FOR ALL THE
CATHOLIC FAITHFUL IN THE
DIOCESE OF PENANG

For internal
circulation only