



1955
DIOCESE OF PENANG
MALAYSIA

CATHEDRAL OF THE HOLY SPIRIT

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CathedralOfTheHolySpiritPenang chspenang youtube.com/c/CHSPgTv

Parish Priest: FR. JOACHIM ROBERT Priest-in-Residence: FR. FRANCIS ANTHONY

2022 THEME
MAY

SALT OF THE EARTH AND LIGHT OF THE WORLD:
COMMUNION, PARTICIPATION AND MISSION

DATE	TIME	ACTIVITY	MASSES IN THE PARISH
May 01 (Sun) <i>Acts 5:27-32,40-41 Rev 5:11-14 Jn 21:1-19</i>	8.00 am 10.30 am	MASS (M) MASS (E)	THIRD SUNDAY OF EASTER (year C) No livestream Livestream Link: https://www.youtube.com/c/CHSPgTv
May 02 (Mon)	6.40 am 7.00 am	Lauds MASS (E)	St. Athanasius, Bishop & Doctor No Livestream
May 03 (Tue)	6.40 am 7.00 am	Lauds MASS (E)	Ss Philip & James, Apostles, Feast No Livestream
May 04 (Wed)	6.10 pm 6.30 pm	Vespers MASS (E)	Livestream Link: https://www.youtube.com/c/CHSPgTv
May 05 (Thu)	6.10 pm 6.30 pm	Vespers MASS (E)	Livestream Link: https://www.youtube.com/c/CHSPgTv
May 06 (Fri)	6.10 pm 6.30 pm	Vespers MASS (E)	Livestream Link: https://www.youtube.com/c/CHSPgTv
May 07 (Sat)	6.40 am 7.00 am 6.00 pm	Lauds MASS (E) MASS (E)	Livestream Link: https://www.youtube.com/c/CHSPgTv No Livestream
May 08 (Sun) <i>Acts 13:14,43-52 Rev 7:9,14-17 Jn 10: 27-30</i>	8.00 am 10.30 am	MASS (M) MASS (E)	FOURTH SUNDAY OF EASTER (YEAR C) (World Day of Prayer for Vocations) Mother's Day No Livestream Livestream Link: https://www.youtube.com/c/CHSPgTv
PARISH ACTIVITIES			
May 02 (Mon)	4.00 pm	Legion of Mary	ZOOM
May 04 (Wed)	8.00 pm	PLT Meeting	ZOOM

THANK YOU FOR YOUR GENEROSITY

Offerings of Mass Intentions, financial giving of monthly tithing, love offerings or donations to the Parish can be made through online transfers to the following designated bank accounts:-

Online Payment for	Donations Mass Offering Hall Booking Wake Room Booking	Tithes	Sharing Hope Project Outreach Projects
Bank	Public Bank Berhad	RHB Bank Berhad	RHB Bank Berhad
Account Number	309 3049812	20708 2000 39510	20708 2000 39928
Account Name	Cathedral of the Holy Spirit	Cathedral of the Holy Spirit	Cathedral CHS

Email or WhatsApp Bank-in-Slip to admin@holyspiritcathedral.com
or 012-398 4909

Our Collection for 24 April 2022 : RM5,777.60

PENANG DIOCESAN LENTEN CAMPAIGN 2022

Dear Sisters and Brothers in Christ. Thank you for your contributions to our Lenten Campaign. To enable us to close the accounts for Lenten Campaign kindly return the Lenten Campaign Envelopes to Church Office by 7th May. God Bless

Cheques RM5,500.00 + Cash RM7,430.00 = Total: RM12,930.00

TITHING ENVELOPES FOR YEAR 2022

We are pleased to inform that our Tithing Envelopes for Year 2022 is ready. Please do collect from Church Office. Thank you and God bless.

"God loves a cheerful giver." – 2 Cor. 9:7

NOTICE

With the new SOPs enforced as we enter the endemic stage effective 1st May 2022, our position to ensure a safe environment for parishioners to attend Mass is severely compromised. The only alternative we can turn to is to yourselves, as parishioners of CHS, to take responsibility and take care of each other (*Kita jaga kita*). The Omicron variant is highly contagious and most of the time, those tested positive do not have any fever or any of the usual symptoms of the Delta variant. Although with vaccination, the severity of the virus has been vastly diminished, Covid-19 is still very dangerous for our elderly and those with morbid diseases. As such, we appeal to all to consider the safety of your brothers and sisters in Christ and refrain from coming for Mass especially if you have the following symptoms:-

***sore throat, runny nose, persistent cough
or any other symptoms related to this pandemic,***

irrespective of your self-test result. This would greatly help us make our church safe for us to gather together as one body to worship Him and receive the Eucharist.

Please note that the new SOPs require premise owners to ensure that those with High Risk status or under Home Surveillance Order (HSO) are not allowed to enter the premise. Therefore, to comply with government requirement, we seek your cooperation to display your MySejahtera Risk Status to our Parish Response Team members before entering our church for Mass.

COMING BACK TO CHURCH - Catechism of the Catholic Church 1324-1327 defines the Eucharist as the source and summit of Christian Life. We need to receive the Eucharist to strengthen ourselves and persevere through the trials of life. We cannot receive the Eucharist virtually and with the majority of parishioners fully vaccinated, we are encouraging all parishioners to come back and worship our Lord as one body especially on Sundays as it is a day of obligation. The dispensation was given at a time when Covid-19 was taking many lives and no vaccines were available. The situation is different now. If you are fully vaccinated, and especially if you are going to work every day, eating out, going to the market or mall, visiting relatives, you should be able to come and worship our Lord in church on Sundays as well.

Time to move away from our comfort zones and do what is right.

CHRISTIAN MEDITATION (THE JOHN MAIN TRADITION)

Do you want to know more to grow in your prayer life?
Have you felt that you want to practice silent meditation but don't know how to start?
CHS Meditation Group Members invite you to join us in silent meditation prayer on:

TUESDAY – May 3, 2022 (7.45 – 8.15am) @ Blessed Sacrament Chapel portico

“But when you pray, go into your room and shut the door.....” (Matthew 6:6 esv)

GOOD SHEPHERD SUNDAY – PRAYING FOR VOCATIONS

Date: **7th May 2022 (Saturday)**

Exposition of the Blessed Sacrament from 2pm to 5pm

All are invited to come and spend time with our Lord in silent adoration to pray for vocations.

“Could you not keep watch with me for one hour?” Matt 26:40

JOURNEY TOWARDS PENTECOST

As we journey together towards our parish Feastday celebrations on Pentecost Sunday, we have prepared the following activities/events which we hope would help us bond as one family of God. The focus for this journey would be on

HOPE, RESTORATION, CARE AND PRAYER

Theme for 2022 CHS PENTECOST FEASTDAY:-

HOLY SPIRIT, TEACH US TO LOVE AGAIN (1 John 4:8)

Activities/Events Prepared :

1. **PENTECOST EXPERIENCE VIA DOLOROSA – 9th to 30th May 2022**
Zones, BECs, Ministries are encouraged to come together and go through the renewal experience via the Outdoor Way Of The Cross. Come and allow our Lord to touch our hearts this Pentecost as we focus on our families.
2. **HEALING MASS – 27th May 2022**
Time:- 7.30pm
3. **NOVENA TO THE HOLY SPIRIT – starts on 27th May 2022**
Personal/BEC/Zone/Ministry devotion is encouraged. Rosary to the Holy Spirit will be recited before Mass until Pentecost Sunday.
4. **PENTECOST TRIDUUM MASSES – 1st to 3rd June 2022**
Time:- 7.30pm to 9.15pm
5. **PENTECOST VIGIL MASS – 4th June 2022**
Time:- 6pm
6. **PENTECOST VIGIL TAIZE PRAYER SESSION (E/T/M) – 4th June 2022**
Time:- 9.00pm to 10.30pm
7. **PENTECOST FEASTDAY MASS (E/T/M) – 5th June 2022**
(also celebrating the 50th Anniversary of the Federation of Asian Bishops Conference)
Time:- 9.00am

Let us allow the Holy Spirit to teach us to love again and restore to us our friendships and relationships after two years of restrictions.

MUSINGS DURING THE PANDEMIC – OUR CHS WEEKLY REFLECTIONS

We welcome contributions of testimony and reflections that draw us closer to our Lord via video. Please send your testimony or reflections to chsmusings@gmail.com

Our weekly reflections are archived and available at our CHS website and circulated weekly via our social media apps. Be encouraged.

Matthew 10:32

CHS MOVIE NIGHTS

We will be having the following 2 videos screen through ZOOM in the month of May.

14th May Sat 8.00pm: Fatima
28th May Sat 7.00pm: Joan of Arc

Zoom Link: <https://us02web.zoom.us/j/87173389571?pwd=dIBsOHVKSkMwYWhLY0tMRkoxVXB2Zz09>

Meeting ID : 871 7338 9571

Pass Code: 777555

or Scan for Zoom Meet →



Come, join us, meet and catch-up with one another. God Bless.

CHS ROOM BOOKING

As we gradually return to our previous norm of having physical meetings in Church, we are pleased to inform that Ministry Leaders may book meeting rooms in CHS for the ministry meetings, subject to availability. Bookings may be made thru Meeting Room booking forms available in the Church Office. Thank you and God Bless.

DIALOGUE SESSION FOR PARENTS/GUARDIAN OF SPECIAL NEEDS CHILDREN



Calling out to parents / guardians with special needs children, teens and young adults

DIALOGUE SESSION

Monday • 16 May 2022 • 4pm
Multipurpose Hall
(in front of Chapel/Grotto)
Contact: Jo-Anne 012 480 0861



ON 16 MAY AT 4 P.M

We would like to invite all parents/guardians of special needs children to join us for a dialogue session on Monday, May 16th at 4 p.m. at St Paul Loc (Multipurpose Hall in front of Chapel/Grotto). The purpose of this dialogue is to explore how to better support the special needs children, teens and young adults in their life and their faith formation.

For details, contact Jo-Anne @ 012-480 0861

IN APPRECIATION OF PHILIP YONG VOON CHIN (CHS OFFICE VOLUNTEER)



Dear Uncle Philip, thank you for always being around to help with CHS building matters and the elderly. We would like to express our gratitude for your time, especially during your twilight years, to still continue being of service to the church. You have been the BEC leader and coordinator for Zone G for many years and have selflessly helped many elderly parishioners. You are an inspiration to us, young and old alike where you show that we are never too old (or too young) to be of service.

Thank you and God bless!

SHARING HOPE 2.0

Let us continue to reach out to the families around us who are in need, help them submit the Provision Application Form at: <https://tinyurl.com/PgCaritasReceiveBlessings> or scan QR code to submit form.



Besides submitting the Provision Application Form, how can you help?

1. Inform CHS office of any families that need help in your neighborhood.
2. Volunteer to pack or deliver
3. Cash donation
4. Donate food/essential items:-
 - Rice
 - Milo / Coffee
 - Biscuit
 - Instant Noodles
 - Adult Diapers
 - Cooking Oil
 - Canned Food

Essential items can be dropped into the basket at CHS from 9am – 12noon. For those who wish to transfer online to "Cathedral CHS", RHB account no: 20708200039928 or Call CHS Parish office.

List of food/essential items is available at the front of CHS office. For details, please contact: Catherine Tan 019-4565577 or Anne Tan (CHS Office) 04-6584909 / 012-3984909

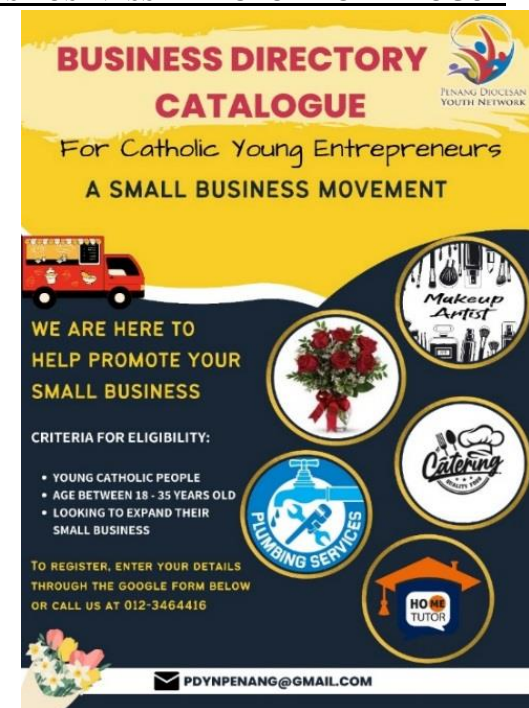
PENANG DIOCESAN YOUTH NETWORK'S BUSINESS DIRECTORY CATALOGUE

The Business Directory Catalogue's objective is to help young catholic entrepreneurs in expanding their small business movement. The Penang Diocesan Youth Network (PDYN) is here to help you disseminate information about your small business movement in the Business Directory Catalogue. To register, fill out the Google form below and we'll get in touch with you to go through the details. Thank you very much, and may God continue to bless you.

Call us at 012-3464416

Email ID: pdynpenang@gmail.com

https://docs.google.com/forms/d/e/1FAIpQLSdb706gw8oyHNJW8r2ZlwlJvf_0PVYoNpS5Ti3n0e52600Wg/viewform?usp=sf_link



BUSINESS DIRECTORY CATALOGUE
For Catholic Young Entrepreneurs
A SMALL BUSINESS MOVEMENT


WE ARE HERE TO HELP PROMOTE YOUR SMALL BUSINESS

CRITERIA FOR ELIGIBILITY:

- YOUNG CATHOLIC PEOPLE
- AGE BETWEEN 18 - 35 YEARS OLD
- LOOKING TO EXPAND THEIR SMALL BUSINESS

TO REGISTER, ENTER YOUR DETAILS THROUGH THE GOOGLE FORM BELOW OR CALL US AT 012-3464416

PDYNPENANG@GMAIL.COM



LECTIO™

EVANGELIZATION

Penang Diocesan
NEW EVANGELIZATION
COMMISSION

TEN (10) SESSIONS ON TUESDAYS
10th May - 12th July, 2022
8.15pm - 10.00pm

*UNVEILING SCRIPTURE
AND TRADITION*

INSIGHTFUL BIBLICAL STUDY WITH CHURCH TEACHINGS AND PRACTICAL ADVICE TO SHOW HOW MODERN CATHOLICS CAN EFFECTIVELY IMPACT THEIR WORLD FOR JESUS CHRIST. EXPLORES TOPICS SUCH AS THE CALL OF JESUS TO EVANGELIZE, THE POWER OF THE SACRAMENTS, THE ROLE OF CHARISMS FOR BUILDING UP THE BODY OF CHRIST, TECHNIQUES FROM ST. PAUL FOR REACHING A SECULAR CULTURE, AND MORE.

Register via Google Form or QR Code
<https://forms.gle/G9721PD5PcoZE92WA>

For further inquiry, contact:
Jeanne J Saw 016 455 4597
via SMS/Whatsapp
Registration Dateline: 30th April, 2022

Speaker: **Dr. Mary Healy**
Catholic theologian and
an international speaker

No Registration Fee




Link: <https://forms.gle/G9721PD5PcoZE92WA>

“ARISE” VIRTUAL FUNDRAISING RUN 2022 for PDYD-5

The Penang Diocesan Youth Network (PDYN) is organizing a Virtual Run 2022 (“VR2022”) to raise funds for the up-coming 5th Penang Diocesan Youth day (“PDYD-5”) for youth formation and development. We look forward to your participation in this run as well as your generosity. Details for the Virtual Run are as follows:-

- Registration fee** Adult (RM50) / Student (RM30)
- Registration closing date** 15th May 2022
- Run period** 16th May to 19th June 2022
- T-shirt & Medal Delivery** 20th to 30th June 2022

The main aim is to have fun together with the many young, and not so young people virtually. Let us jointly clock up as many kilometres as we can during this period to “Get Fit” as well as to support the Youth. For more details, please visit the website or contact the VR2022 team.

Website: <http://qrco.de/bcxTwV>

Contact: PDYN (012-346 4416 | Carlson Doss (014-345 6601)
Serena Lim (016-469 9725) | Juliana Lee (016-430 4929)

Sponsorship

If you would like to be a sponsor for VR2022, kindly refer to the sponsorship invitation or contact Jason Tioh (010-536 4138) or Roselyn Tan (016-521 5027).

Thank you and God bless.

For non-muslim only

Arise!

“Mary arose and went with haste.” (Luke 1:39)



VIRTUAL FUNDRAISING RUN

RUN PERIOD 16 TH MAY- 19 TH JUNE, 2022	ADULT RM50 STUDENT RM30 REGISTRATION: UNTIL 15 TH MAY
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FOR EACH 1 KM OF RUN
SPONSORS WILL DONATE RM5 TO
PENANG DIOCESAN YOUTH DAY 5



TO REGISTER:
SCAN THE QR CODE
OR GO TO THIS URL
QRCO.DE/BCXTWV

RUNNER'S PACK



ORGANIZED BY:



CONTACT US:

016 430 4929 JULIANA LEE	016 468 9723 SERENA LIM
014 345 6601 CARLSON DOSS	012 346 4416 PDYN



The World Community for Christian Meditation
“LOST AND FOUND - A PEARL OF GREAT PRICE”
Introductory Workshop (1-Day) on Meditation in the Christian
Tradition (The John Main Tradition)

Ancient Christian teaching on meditation – prayer beyond words, thoughts and images – was lost for centuries until rediscovered and reclaimed in the 20th century. This revolutionary discovery offers an answer to the enormous spiritual hunger of our time.

Meditation, also called the prayer of silence or the prayer of the heart, is a way to experience the

Healing & transforming power of divine love, divine presence within. It is a way of spiritual growth & freedom.

Everyone is invited to this contemplative form of prayer. The director of The World Community for Christian Meditation (WCCM), Fr Laurence Freeman, describes it as “a privilege of grace given by the Spirit to all.”

Date/Time: **MAY 21, 2022 (Saturday) / 8.30am - 4.00pm**

Venue: **Minor Basilica of St. Anne, Bukit Mertajam, Penang (Auditorium room)**

Cost: **RM20.00**

Presenters: **Rev. Fr. Eugene Fernandez CSsR and WCCM(M) team**

Contact: **Mike Yong (+6012-4217924) / Sister Mercie Lai (+60 16-266 9660)**



Updated February 2022



LITTLE SISTERS OF THE POOR
Home for the Aged - Penang



WE ARE HIRING



Care Worker



Kitchen Helper



Laundry Helper



It takes a team of dedicated staff members to provide the elderly with the care they deserve and to keep a home for the aged running smoothly. As Little Sisters, we rely on the daily help of our employees to continue the mission of Saint Jeanne Jugan. They are an important extension of our hands in ministering to the elderly.

For more information, kindly contact:
Judy Chuah (04-8283437)

Little Sisters of the Poor - Home for the Aged
 79, Lorong Batu Lancang, Taman David Chen,
 11400 George Town, Pulau Pinang



Endorsed by
 the Diocese of Penang