



CATHEDRAL OF THE HOLY SPIRIT

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📘 CathedralOfTheHolySpiritPenang 📷 chspenang 📺 youtube.com/c/CHSPgTv

Parish Priest: FR. JOACHIM ROBERT Priest-in-Residence: FR. FRANCIS ANTHONY

2022 THEME: MAY SALT OF THE EARTH AND LIGHT OF THE WORLD:
COMMUNION, PARTICIPATION AND MISSION

DATE	TIME	ACTIVITY	MASSES IN THE PARISH
May 08 (Sun) <i>Acts 13:14,43-52 Rev 7:9,14-17 Jn 10: 27-30</i>	8.00 am 10.30 am	MASS (M) MASS (E)	FOURTH SUNDAY OF EASTER (YEAR C) (World Day of Prayer for Vocations) Mother's Day No livestream Livestream Link: https://www.youtube.com/c/CHSPgTv
May 09 (Mon)	6.40 am 7.00 am	Lauds MASS (E)	No Livestream
May 10 (Tue)	6.40 am 7.00 am	Lauds MASS (E)	St. John De Avila, Priest & Doctor of the Church No Livestream
May 11 (Wed)	6.10 pm 6.30 pm	Vespers MASS (E)	Livestream Link: https://www.youtube.com/c/CHSPgTv
May 12 (Thu)	6.10 pm 6.30 pm	Vespers MASS (E)	Ss. Nereus & Achilleus, Martyrs/St. Pancras, Martyr Livestream Link: https://www.youtube.com/c/CHSPgTv
May 13 (Fri)	6.10 pm 6.30 pm	Vespers MASS (E)	Our Lady of Fatima-Blessing of Our Lady of Fatima statue Livestream Link: https://www.youtube.com/c/CHSPgTv
May 14 (Sat)	6.40 am 7.00 am 6.00 pm	Lauds MASS (E) MASS (E)	St. Matthias, Apostle, Feast No Livestream No Livestream
May 15 (Sun) <i>Acts 14: 21-27 Rev 21: 1-5 Jn 13: 31-33,34-35</i>	8.00 am 10.30 am	MASS(M) MASS (E)	FIFTH SUNDAY OF EASTER (YEAR C) No Livestream Livestream Link: https://www.youtube.com/c/CHSPgTv

PARISH ACTIVITIES			
May 09 (Mon)	4.00 pm	Legion of Mary	ZOOM
	8.30 pm	EMHC Recollection	ZOOM
May 10 (Tue)	7.45 am	Christian Meditation	Blessed Sacrament Chapel Portico
May 11 (Wed)	8.30 pm	Monthly Rosary	ZOOM (see notice for QR code)

THANK YOU FOR YOUR GENEROSITY

Offerings of Mass Intentions, financial giving of monthly tithing, love offerings or donations to the Parish can be made through online transfers to the following designated bank accounts:-

Online Payment for	Donations Mass Offering Hall Booking Wake Room Booking	Tithes	Sharing Hope Project Outreach Projects
Bank	Public Bank Berhad	RHB Bank Berhad	RHB Bank Berhad
Account Number	309 3049812	20708 2000 39510	20708 2000 39928
Account Name	Cathedral of the Holy Spirit	Cathedral of the Holy Spirit	Cathedral CHS

Email or WhatsApp Bank-in-Slip to admin@holyspiritcathedral.com
 or 012-398 4909

Our Collection for 01 May, 2022 : RM6,506.60

PENANG DIOCESAN LENTEN CAMPAIGN 2022

Dear Sisters and Brothers in Christ. Thank you for your contributions to our Lenten Campaign. To enable us to close the accounts for Lenten Campaign kindly return the Lenten Campaign Envelopes to Church Office by 7th May. God Bless

Cheques RM5,500.00 + Cash RM7,430.00 = Total: RM12,930.00

TITHING ENVELOPES FOR YEAR 2022

We are pleased to inform that our Tithing Envelopes for Year 2022 is ready. Please do collect from Church Office. Thank you and God bless.

"God loves a cheerful giver." – 2 Cor. 9:7

COMING BACK TO CHURCH - Catechism of the Catholic Church 1324-1327 defines the Eucharist as the source and summit of Christian Life. We need to receive the Eucharist to strengthen ourselves and persevere through the trials of life. We cannot receive the Eucharist virtually and with the majority of parishioners fully vaccinated, we are encouraging all parishioners to come back and worship our Lord as one body especially on Sundays as it is a day of obligation. The dispensation was given at a time when Covid-19 was taking many lives and no vaccines were available. The situation is different now. If you are fully vaccinated, and especially if you are going to work every day, eating out, going to the market or mall, visiting relatives, you should be able to come and worship our Lord in church on Sundays as well.

Time to move away from our comfort zones and do what is right

NOTICE

Cathedral of the Holy Spirit Penang MOH Covid-19 Guidelines with effect from 01st May 2022



MYSEJAHTERA CHECK-IN IS NO LONGER
REQUIRED FROM 1 MAY 2022



MySejahtera Check-in is no longer
mandatory to enter premises or
public areas from 1 May 2022

Entry to premises are allowed
regardless of vaccination status

COVID-19 positive cases with
'High Risk' status on MySejahtera
and those under HSO are prohibited
from entering premises

Premise owners are required
to check visitors' risk status
on MySejahtera

Updated | 27 April 2022

Please note that the new SOPs require
premise owners to ensure that those
with High Risk status or under Home
Surveillance Order (HSO) are not
allowed to enter the premise.
Therefore, to comply with government
requirement, we seek your cooperation
to display your MySejahtera Risk Status
to our Parish Response Team members
before entering our church for Mass.

Those whose status is High Risk or
under Home Surveillance Order are to
refrain from coming for Mass and see
out the quarantine period at home.

Please note that you are still required
to wear your face-mask at all times in
church during Mass.



#ReopeningSafety

With the new SOPs enforced as we enter the endemic stage effective 1st May 2022, our position to ensure a safe environment for parishioners to attend Mass is severely compromised. The only alternative we can turn to is to yourselves, as parishioners of CHS, to take responsibility and take care of each other (*Kita jaga kita*). The Omicron variant is highly contagious and most of the time, those tested positive do not have any fever or any of the usual symptoms of the Delta variant. Although with vaccination, the severity of the virus has been vastly diminished, Covid-19 is still very dangerous for our elderly and those with morbid diseases. As such, we appeal to all to consider the safety of your brothers and sisters in Christ and refrain from coming for Mass especially if you have the following symptoms:-

**sore throat, runny nose, persistent cough or any other symptoms
related to this pandemic, irrespective of your self-test result.**

This would greatly help us make our church safe for us to gather together as one body to worship Him and receive the Eucharist.

Please note that the new SOPs require premise owners to ensure that those with High Risk status or under Home Surveillance Order (HSO) are not allowed to enter the premise. Therefore, to comply with government requirement, we seek your cooperation to display your MySejahtera Risk Status to our Parish Response Team members before entering our church for Mass.

JOURNEY TOWARDS PENTECOST

As we journey together towards our parish Feastday celebrations on Pentecost Sunday, we have prepared the following activities/events which we hope would help us bond as one family of God. The focus for this journey would be on:-

HOPE, RESTORATION, CARE AND PRAYER

Theme for 2022 CHS PENTECOST FEASTDAY:-

HOLY SPIRIT, TEACH US TO LOVE AGAIN (1 John 4:8)

Activities/Events Prepared:-

- PENTECOST EXPERIENCE VIA DOLOROSA – 9th to 24th May 2022**
Zones, BECs, Ministries are encouraged to come together and go through the renewal experience via the Outdoor Way Of The Cross. Come and allow our Lord to touch our hearts this Pentecost as we focus on our families.
- HEALING MASS – 27th May 2022**
Time:- 8.00pm
- NOVENA TO THE HOLY SPIRIT – starts on 27th May 2022 (8pm followed by Mass)**
Personal/BEC/Zone/Ministry devotion is encouraged. Rosary to the Holy Spirit will be recited before Mass until Pentecost Vigil.
- PENTECOST TRIDUUM MASSES – 1st to 3rd June 2022**
Time:- 8.00pm to 9.15pm
- PENTECOST VIGIL MASS – 4th June 2022**
Time:- 6pm
- PENTECOST VIGIL TAIZE PRAYER SESSION (E/T/M) – 4th June 2022**
Time:- 9.00pm to 10.30pm
- PENTECOST FEASTDAY MASS (E/T/M) – 5th June 2022**
(also celebrating the 50th Anniversary of the Federation of Asian Bishops Conference)
Time:- 9.00am

Let us allow the Holy Spirit to teach us to love again and restore to us our friendships and relationships after two years of restrictions.

CHS MONTHLY ROSARY

We have setup zoom link to enable us to come and pray the Rosary together on 11th May 2022. Please scan the QR code and do come join in our monthly Rosary prayer. Thank you and God Bless.



CHS ROOM BOOKING

As we gradually return to our previous norm of having physical meetings in Church, we are pleased to inform that Ministry Leaders may book meeting rooms in CHS for the ministry meetings, subject to availability. Bookings may be made thru Meeting Room booking forms available in the Church Office. Thank you and God Bless.

MUSINGS DURING THE PANDEMIC – OUR CHS WEEKLY REFLECTIONS

We welcome contributions of testimony and reflections that draw us closer to our Lord via video. Please send your testimony or reflections to chsmusings@gmail.com
Our weekly reflections are archived and available at our CHS website and circulated weekly via our social media apps. Be encouraged.
Matthew 10:32

CHS PENTECOST FEASTDAY 2022

**May 09 – 24 | Renewal Experience: Via Dolorosa
(Outdoor Way of the Cross)**

May 27 (Fri) | Healing Mass

Jun 01 (Wed) | Triduum Mass 1

Jun 02 (Thu) | Triduum Mass 2

Jun 03 (Fri) | Triduum Mass 3

**Jun 04 (Sat) | Pentecost Vigil Mass &
Pentecost Vigil Taize Service**

Jun 05 (Sun) | Pentecost Feastday Mass

HOLY SPIRIT, TEACH US TO LOVE AGAIN (1 JOHN 4:8)



PENANG ISLAND DEANERY PRE-SYNODAL ASSEMBLY

Dear brothers & sisters in Christ, Penang Deanery Pre-Synodal Assembly will be held at the Church of Immaculate Conception on the 8th of May 2022, Sunday from 2pm-5pm. This is the follow-on from CHS Parish Pastoral Assembly held on 27 Feb 2022, where all feedback and concerns submitted by CHS ministry and individuals (through responses via the various means) were presented.

As there were no objections or further questions raised during the Parish Assembly, these responses have been turned into a CHS Pre-Synodal Response which will be submitted to the Penang Diocesan Synodal Team during the Penang Deanery Pre-Synodal. CHS will be represented by 38 Zones/BEC & Ministry members who have volunteered to participate in this event. Let us continue to pray for our parish, our representatives and our Synodal journey ahead. God Bless.

DIALOGUE SESSION FOR PARENTS/GUARDIAN OF SPECIAL NEEDS CHILDREN ON

Calling out to parents / guardians with special needs children, teens and young adults

DIALOGUE SESSION

Monday • 16 May 2022 • 4pm

**Multipurpose Hall
(in front of Chapel/Grotto)**

Contact: Jo-Anne 012 480 0861



16 MAY AT 4P.M

We would like to invite all parents/guardians of special needs children to join us for a dialogue session on Monday, May 16th at 4 p.m. at St Paul Loc (Multipurpose Hall in front of Chapel/Grotto). The purpose of this dialogue is to explore how to better support the special needs children, teens and young adults in their life and their faith formation.

For details, contact Jo-Anne @ 012-4800861

CHS MOVIE NIGHTS

We will be having the following 2 videos screen through ZOOM in the month of May.

14th May Sat 8.00pm: Fatima

28th May Sat 7.00pm: Joan of Arc

Zoom Link: <https://us02web.zoom.us/j/87173389571?pwd=dIBsOHVKSkMwYWhLY0tMRkoxVXB2Zz09>

Meeting ID: 871 7338 9571

Pass Code: 777555

or Scan for Zoom Meet →

Come, join us, meet and catch-up with one another. God Bless.

LECTIO EVANGELIZATION - Link: <https://forms.gle/G9721PD5PcoZE92WA>



LECTIO™ EVANGELIZATION

TEN (10) SESSIONS ON TUESDAYS
10th May - 12th July, 2022
8.15pm - 10.00pm

UNVEILING SCRIPTURE
AND TRADITION

INSIGHTFUL BIBLICAL STUDY WITH CHURCH TEACHINGS AND PRACTICAL ADVICE TO SHOW HOW MODERN CATHOLICS CAN EFFECTIVELY IMPACT THEIR WORLD FOR JESUS CHRIST. EXPLORES TOPICS SUCH AS THE CALL OF JESUS TO EVANGELIZE, THE POWER OF THE SACRAMENTS, THE ROLE OF CHARISMS FOR BUILDING UP THE BODY OF CHRIST, TECHNIQUES FROM ST. PAUL FOR REACHING A SECULAR CULTURE, AND MORE.

Register via Google Form or QR Code
<https://forms.gle/G9721PD5PcoZE92WA>

For further inquiry, contact:
Jeanne J Saw 016 455 4597
via SMS/Whatsapp
Registration Dateline: 30th April, 2022

Speaker: **Dr. Mary Healy**
Catholic theologian and an international speaker

No Registration Fee

SHARING HOPE 2.0

Let us continue to reach out to the families around us who are in need, help them submit the Provision Application Form at- <https://tinyurl.com/PgCaritasReceiveBlessings> or scan QR code to submit form. Besides submitting the Provision Application Form, how can you help?

1. Inform CHS office of any families that need help in your neighborhood.
2. Volunteer to pack or deliver
3. Cash donation
4. Donate food/essential items:-
 - Rice
 - Milo / Coffee
 - Biscuit
 - Canned Food
 - Instant Noodles
 - Adult Diapers
 - Cooking Oil

Essential items can be dropped into the basket at CHS from 9am – 12noon. For those who wish to transfer online to "Cathedral CHS", RHB account no: 20708200039928 or Call CHS Parish office. List of food/essential items is available at the front of CHS office. For details, please contact:

Catherine Tan 019-4565577 or Anne Tan (CHS Office) 04-6584909 / 012-3984909



THE WORLD COMMUNITY FOR CHRISTIAN MEDITATION - INTRODUCTORY WORKSHOP (1-DAY) ON MEDITATION IN THE CHRISTIAN TRADITION (THE JOHN MAIN TRADITION)



**The World Community for Christian Meditation
"LOST AND FOUND - A PEARL OF GREAT PRICE"
Introductory Workshop (1-Day) on Meditation in the Christian
Tradition (The John Main Tradition)**

Ancient Christian teaching on meditation – prayer beyond words, thoughts and images – was lost for centuries until rediscovered and reclaimed in the 20th century. This revolutionary discovery offers an answer to the enormous spiritual hunger of our time.

Meditation, also called the prayer of silence or the prayer of the heart, is a way to experience the

Healing & transforming power of divine love, divine presence within. It is a way of spiritual growth & freedom.

Everyone is invited to this contemplative form of prayer. The director of The World Community for Christian Meditation (WCCM), Fr Laurence Freeman, describes it as "a privilege of grace given by the Spirit to all."

Date/Time: **MAY 21, 2022 (Saturday) / 8.30am - 4.00pm**

Venue: **Minor Basilica of St. Anne, Bukit Mertajam, Penang (Auditorium room)**

Cost: **RM20.00**

Presenters: **Rev. Fr. Eugene Fernandez CSsR and WCCM(M) team**

Contact: **Mike Yong (+6012-4217924) / Sister Mercie Lai (+60 16-266 9660)**

"ARISE" VIRTUAL FUNDRAISING RUN 2022 for PDYD-5

The Penang Diocesan Youth Network (PDYN) is organizing a Virtual Run 2022 ("VR2022") to raise funds for the up-coming 5th Penang Diocesan Youth day ("PDYD-5") for youth formation and development. We look forward to your participation in this run as well as your generosity. Details for the Virtual Run are as follows:-

Registration fee	Adult (RM50) / Student (RM30)
Registration closing date	15th May 2022
Run period	16th May to 19th June 2022
T-shirt & Medal Delivery	20th to 30th June 2022

The main aim is to have fun together with the many young, and not so young people virtually. Let us jointly clock up as many kilometres as we can during this period to "Get Fit" as well as to support the Youth. For more details, please visit the website or contact the VR2022 team.

Website: <http://qrco.de/bcxTwV>

Contact: PDYN (012-346 4416 | Carlson Doss (014-345 6601)
Serena Lim (016-469 9725) | Juliana Lee (016-430 4929)

Sponsorship

If you would like to be a sponsor for VR2022, kindly refer to the sponsorship invitation or contact Jason Tioh (010-536 4138) or Roselyn Tan (016-521 5027).

Thank you and God bless.

For non-muslim only



VIRTUAL FUNDRAISING RUN

RUN PERIOD

16TH MAY- 19TH JUNE, 2022

ADULT RM50 | STUDENT RM30

REGISTRATION: UNTIL 15TH MAY

FOR EACH 1 KM OF RUN

**SPONSORS WILL DONATE RM5 TO
PENANG DIOCESAN YOUTH DAY 5**



**TO REGISTER:
SCAN THE QR CODE
OR GO TO THIS URL
QRCO.DE/BCXTWV**

RUNNER'S PACK



ORGANIZED BY:



CONTACT US:

016 430 4929	016 468 9723
JULIANA LEE	SERENA LIM
014 345 6601	012 346 4416
CARLSON DOSS	PDYN

HAPPY MOTHER'S DAY

Heavenly Father,

We thank you for our mothers. We thank you for the ways our mother takes care of us, how she teaches us and sacrifices so much for us and our families.

We pray for new mothers with newborn babies, mothers with growing children, mothers whose children have been raised and are now adults, foster mothers who are taking care of children who are orphans and needing a safe refuge, mothers who are raising their children as a single parent, mothers who have an estranged relationship with their children and mothers who did not raise us in our youth, but who came into our lives by marriage.

Bless every mother with the finest of your spiritual blessings today. Confirm in her heart and spirit the work of her hands and the love that she has so freely given to the children under her care. Validate her worth daily so that she has no reason to doubt whether she is loved, valued and cherished in the eyes of her Heavenly Father. Be her strength and joy when she is weak and burdened. Father, be the lifter of her head and the pillar she can lean on.

Let her joy be contagious, let her passion be pure and let her life overflow with all the blessings she rightly deserves – on special days like this and on every day of her life. In Jesus's name we pray.

Amen.

Fr Joachim Robert, Fr Francis Anthony
and parishioners of the
Cathedral of the Holy Spirit
wish all mothers

HAPPY
Mother's
Day



we love you **MOM**



World Day of Prayer for Vocations - 8 May 2022 **GOOD SHEPHERD SUNDAY**

DO YOU LOVE ME?... FEED MY SHEEP (JOHN 21:17)

"Do not be afraid of what God asks of you! It is worth saying 'yes' to God." - Pope Francis



A vision of a Church that is open to all vocations because of a plentiful harvest (cf. Lk 10:2)

*Extracted from Post-Synod Exhortation & Directives (2016-2026) and beyond
Rt. Rev. Sebastian Francis, Bishop of Penang*

**PENANG DIOCESE
VOCATION TEAM**
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