



CATHEDRAL OF THE HOLY SPIRIT

1 Tingkat Besi Satu, Island Park, 11600 Penang

04-658 4909 • 04-656 6681 • 04-656 4309 (Fax)

admin@holyspiritcathedral.com holyspiritcathedral.com

CathedralOfTheHolySpiritPenang chspenang youtube.com/c/CHSPgTv




Parish Priest: FR. JOACHIM ROBERT Priest-in-Residence: FR. FRANCIS ANTHONY

2022 THEME
MAY

SALT OF THE EARTH AND LIGHT OF THE WORLD:
COMMUNION, PARTICIPATION AND MISSION

DATE	TIME	ACTIVITY	MASSES IN THE PARISH
May 15 (Sun) <i>Acts 14:21-27 Rev 21:1-5 Jn 13:31-33,34-35</i>	8.00 am 10.30 am	MASS (M) MASS (E)	FIFTH SUNDAY OF EASTER (YEAR C) No livestream Livestream Link: https://www.youtube.com/c/CHSPgTv
May 16 (Mon)	6.40 am 7.00 am	Lauds MASS (E)	No Livestream
May 17 (Tue)	6.40 am 7.00 am	Lauds MASS (E)	No Livestream
May 18 (Wed)	6.10 pm 6.30 pm	Vespers MASS (E)	St. John I, Pope & Martyr Livestream Link: https://www.youtube.com/c/CHSPgTv
May 19 (Thu)	6.10 pm 6.30 pm	Vespers MASS (E)	Livestream Link: https://www.youtube.com/c/CHSPgTv
May 20 (Fri)	6.10 pm 6.30 pm	Vespers MASS (E)	St. Bernardine of Siena, Priest Livestream Link: https://www.youtube.com/c/CHSPgTv
May 21 (Sat)	6.40 am 7.00 am 6.00 pm	Lauds MASS (E) MASS (E)	Ss. Christopher Magallanes, Priest & Companions, Martyrs No Livestream No Livestream
May 22 (Sun) <i>Acts 15:1-2,22-29 Rev 21:10-14,22-23 Jn 14:23-29</i>	8.00 am 10.30 am	MASS(M) MASS (E)	SIXTH SUNDAY OF EASTER (YEAR C) No Livestream Livestream Link: https://www.youtube.com/c/CHSPgTv

PARISH ACTIVITIES

May 16 (Mon)	4.00 pm	Legion of Mary	ZOOM
May 17 (Tue)	7.45 am	Christian Meditation	Blessed Sacrament Chapel Portico
May 21 (Sat)	4.00 pm	CEC (E)	OIKOS Building
	8.30 pm	JY Battle Night	St John Paul II, OIKOS Building

THANK YOU FOR YOUR GENEROSITY

Offerings of Mass Intentions, financial giving of monthly tithing, love offerings or donations to the Parish can be made through online transfers to the following designated bank accounts:-

Online Payment for	Donations Mass Offering Hall Booking Wake Room Booking	Tithes	Sharing Hope Project Outreach Projects
Bank	Public Bank Berhad	RHB Bank Berhad	RHB Bank Berhad
Account Number	309 3049812	20708 2000 39510	20708 2000 39928
Account Name	Cathedral of the Holy Spirit	Cathedral of the Holy Spirit	Cathedral CHS

Email or WhatsApp Bank-in-Slip to admin@holyspiritcathedral.com
or 012-398 4909

Our Collection for 08 May, 2022 : RM6,977.00

PENANG DIOCESAN LENTEN CAMPAIGN 2022

Dear Sisters and Brothers in Christ. Thank you for your contributions to our Lenten Campaign. To enable us to close the accounts for Lenten Campaign kindly return the Lenten Campaign Envelopes to Church Office by 14th May. God Bless

Cheques RM5,500.00 + Cash RM7,430.00 = Total: RM12,930.00

TITHING ENVELOPES FOR YEAR 2022

We are pleased to inform that our Tithing Envelopes for Year 2022 is ready. Please do collect from Church Office. Thank you and God bless.

"God loves a cheerful giver." – 2 Cor. 9:7

CHS ROOM BOOKING

As we gradually return to our previous norm of having physical meetings in Church, we are pleased to inform that Ministry Leaders may book meeting rooms in CHS for the ministry meetings, subject to availability. Bookings may be made thru Meeting Room booking forms available in the Church Office. Thank you and God Bless.

MUSINGS DURING THE PANDEMIC – OUR CHS WEEKLY REFLECTIONS

We welcome contributions of testimony and reflections that draw us closer to our Lord via video. Please send your testimony or reflections to chsmusings@gmail.com Our weekly reflections are archived and available at our CHS website and circulated weekly via our social media apps. Be encouraged.

Matthew 10:32

CHS JY BATTLE NIGHT

CHS JY is inviting you to join us for our monthly gatherings called "Battle Night". A night filled with Christ encompassing fun while equipping us to head on life's battle. See you there for our gathering 21st May at 8:30pm @St John Paul II Room.

NOTICE

With the new SOPs enforced as we enter the endemic stage effective 1st May 2022, our position to ensure a safe environment for parishioners to attend Mass is severely compromised. The only alternative we can turn to is to yourselves, as parishioners of CHS, to take responsibility and take care of each other (*Kita jaga kita*). The Omicron variant is highly contagious and most of the time, those tested positive do not have any fever or any of the usual symptoms of the Delta variant. Although with vaccination, the severity of the virus has been vastly diminished, Covid-19 is still very dangerous for our elderly and those with morbid diseases. As such, we appeal to all to consider the safety of your brothers and sisters in Christ and refrain from coming for Mass especially if you have the following symptoms:-

*sore throat, runny nose, persistent cough
or any other symptoms related to this pandemic,*

irrespective of your self-test result. This would greatly help us make our church safe for us to gather together as one body to worship Him and receive the Eucharist.

Please note that the new SOPs require premise owners to ensure that those with High Risk status or under Home Surveillance Order (HSO) are not allowed to enter the premise. Therefore, to comply with government requirement, we seek your cooperation to display your MySejahtera Risk Status to our Parish Response Team members before entering our church for Mass.

COMING BACK TO CHURCH - Catechism of the Catholic Church 1324-1327 defines the Eucharist as the source and summit of Christian Life. We need to receive the Eucharist to strengthen ourselves and persevere through the trials of life. We cannot receive the Eucharist virtually and with the majority of parishioners fully vaccinated, we are encouraging all parishioners to come back and worship our Lord as one body especially on Sundays as it is a day of obligation. The dispensation was given at a time when Covid-19 was taking many lives and no vaccines were available. The situation is different now. If you are fully vaccinated, and especially if you are going to work every day, eating out, going to the market or mall, visiting relatives, you should be able to come and worship our Lord in church on Sundays as well.

Time to move away from our comfort zones and do what is right.

JOURNEY TOWARDS PENTECOST

As we journey together towards our parish Feastday celebrations on Pentecost Sunday, we have prepared the following activities/events which we hope would help us bond as one family of God. The focus for this journey would be on

HOPE, RESTORATION, CARE AND PRAYER

Theme for 2022 CHS PENTECOST FEASTDAY:-

HOLY SPIRIT, TEACH US TO LOVE AGAIN (1 John 4:8)

Activities/Events Prepared :

- PENTECOST EXPERIENCE VIA DOLOROSA – 9th to 30th May 2022**
Zones, BECs, Ministries are encouraged to come together and go through the renewal experience via the Outdoor Way Of The Cross. Come and allow our Lord to touch our hearts this Pentecost as we focus on our families.

Date Time	Sun 15-May	Mon 16-May	Wed 18-May	Fri 20-May	Sun 22-May	Mon 23-May
4pm	Zone G	Zone A			Zone C	
8pm	Zone E	Zone H & Zone I	Zone D	Zone F	Zone B	FOCHS English

- HEALING MASS – 27th May 2022**
Time:- 8.00pm
- NOVENA TO THE HOLY SPIRIT – starts on 27th May 2022**
Personal/BEC/Zone/Ministry devotion is encouraged. Rosary to the Holy Spirit will be recited before Mass until Pentecost Vigil.
- PENTECOST TRIDUUM MASSES – 1st to 3rd June 2022**
Time:- 8pm (Novena to the Holy Spirit followed by MASS)
- PENTECOST VIGIL MASS – 4th June 2022**
Time:- 6pm
- PENTECOST VIGIL TAIZE PRAYER SESSION (E/T/M) – 4th June 2022**
Time:- 9.00pm to 10.30pm
- PENTECOST FEASTDAY MASS (E/T/M) – 5th June 2022**
Time:- 9.00am

Let us allow the Holy Spirit to teach us to love again and restore to us our friendships and relationships after two years of restrictions.

CEC MINISTRY (ENGLISH) – PERSONS ARE GIFTS CAMP

Our 13 to 15 year olds are attending the Persons Are Gifts Camp this weekend (14th to 16th May). Let us as a community pray for them as well as the facilitators and presenters that they will experience the loving touch of our Lord and discover the gift of themselves to others. Thank you and God bless.

DIALOGUE SESSION FOR PARENTS / GUARDIAN OF SPECIAL NEEDS CHILDREN ON 16 MAY AT 4PM

We would like to invite all parents/guardians of special needs children to join us for a dialogue session on Monday, May 16th at 4 p.m. at St Paul Loc (Multipurpose Hall in front of Chapel/Grotto). The purpose of this dialogue is to explore how to better support the special needs children, teens and young adults in their life and their faith formation.

For details, contact Jo-Anne @ 012-480 0861

Calling out to parents / guardians with
special needs children, teens and
young adults

DIALOGUE SESSION

Monday • 16 May 2022 • 4pm

Multipurpose Hall
(in front of Chapel/Grotto)

Contact: Jo-Anne 012 480 0861



CHS MOVIE NIGHTS

We will be having the following 2 videos screen through ZOOM in the month of May.

28th May Sat 7.00pm: Joan of Arc

Zoom Link: <https://us02web.zoom.us/j/87173389571?pwd=dIBsOHVKSkMwYWhLY0tMRkoxVXB2Zz09>

Meeting ID : 871 7338 9571

Pass Code: 777555 or Scan for Zoom Meet →

Come, join us, meet and catch-up with one another. God Bless.



SHARING HOPE 2.0

Let us continue to reach out to the families around us who are in need, help them submit the Provision Application Form at: <https://tinyurl.com/PgCaritasReceiveBlessings> or scan QR code to submit form.



Besides submitting the Provision Application Form, how can you help?

1. Inform CHS office of any families that need help in your neighborhood.
2. Volunteer to pack or deliver
3. Cash donation
4. Donate food/essential items:-
 - Rice
 - Milo / Coffee
 - Biscuit
 - Instant Noodles
 - Adult Diapers
 - Cooking Oil
 - Canned Food

Essential items can be dropped into the basket at CHS from 9am – 12noon. For those who wish to transfer online to "Cathedral CHS", RHB account no: 20708200039928 or Call CHS Parish office. List of food/essential items is available at the front of CHS office. For details, please contact: Catherine Tan 019-4565577 or Anne Tan (CHS Office) 04-6584909 / 012-3984909



The World Community for Christian Meditation
"LOST AND FOUND - A PEARL OF GREAT PRICE"
Introductory Workshop (1-Day) on Meditation in the Christian Tradition (The John Main Tradition)

Ancient Christian teaching on meditation – prayer beyond words, thoughts and images – was lost for centuries until rediscovered and reclaimed in the 20th century. This revolutionary discovery offers an answer to the enormous spiritual hunger of our time.

Meditation, also called the prayer of silence or the prayer of the heart, is a way to experience the

Healing & transforming power of divine love, divine presence within. It is a way of spiritual growth & freedom.

Everyone is invited to this contemplative form of prayer. The director of The World Community for Christian Meditation (WCCM), Fr Laurence Freeman, describes it as "a privilege of grace given by the Spirit to all."

Date/Time: **MAY 21, 2022 (Saturday) / 8.30am - 4.00pm**

Venue: **Minor Basilica of St. Anne, Bukit Mertajam, Penang (Auditorium room)**

Cost: **RM20.00**

Presenters: **Rev. Fr. Eugene Fernandez CSsR and WCCM(M) team**

Contact: **Mike Yong (+6012-4217924) / Sister Mercie Lai (+60 16-266 9660)**

"ARISE" VIRTUAL FUNDRAISING RUN 2022 for PDYD-5

The Penang Diocesan Youth Network (PDYN) is organizing a Virtual Run 2022 ("VR2022") to raise funds for the up-coming 5th Penang Diocesan Youth day ("PDYD-5") for youth formation and development. We look forward to your participation in this run as well as your generosity. Details for the Virtual Run are as follows:-

Registration fee	Adult (RM50) / Student (RM30)
Registration closing date	15th May 2022
Run period	16th May to 19th June 2022
T-shirt & Medal Delivery	20th to 30th June 2022

The main aim is to have fun together with the many young, and not so young people virtually. Let us jointly clock up as many kilometres as we can during this period to "Get Fit" as well as to support the Youth. For more details, please visit the website or contact the VR2022 team.

Website: <http://qrco.de/bcxTwV>

Contact: PDYN (012-346 4416 | Carlson Doss (014-345 6601)
Serena Lim (016-469 9725) | Juliana Lee (016-430 4929)

Sponsorship

If you would like to be a sponsor for VR2022, kindly refer to the sponsorship invitation or contact Jason Tioh (010-536 4138) or Roselyn Tan (016-521 5027). Thank you and God bless.

For non-muslim only

Arise!

"Mary arose and went with haste." (Luke 1:39)

VIRTUAL FUNDRAISING RUN

RUN PERIOD 16 TH MAY - 19 TH JUNE, 2022	ADULT RM50 STUDENT RM30 REGISTRATION: UNTIL 15 TH MAY
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FOR EACH 1 KM OF RUN
SPONSORS WILL DONATE RM5 TO
PENANG DIOCESAN YOUTH DAY 5

TO REGISTER:
SCAN THE QR CODE
OR GO TO THIS URL
QRCO.DE/BCXTWV

RUNNER'S PACK

ORGANIZED BY:

CONTACT US:

016 430 4929 JULIANA LEE	016 468 9723 SERENA LIM
014 345 6601 CARLSON DOSS	012 346 4416 PDYN



BATTLE NIGHT

*NEW
SEASONS*

21st May 2022

Saturday

8:30 pm - 10:30 pm

@ 1st Floor Classrooms