



CATHEDRAL OF THE HOLY SPIRIT

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CathedralOfTheHolySpiritPenang chspenang youtube.com/c/CHSPgTv




Parish Priest: FR. JOACHIM ROBERT Priest-in-Residence: FR. FRANCIS ANTHONY

2022 THEME
AUGUST

SALT OF THE EARTH AND LIGHT OF THE WORLD:
COMMUNION, PARTICIPATION AND MISSION

DATE	TIME	ACTIVITY	MASSES IN THE PARISH
Aug 28 (Sun) <i>Sir 3:19-21,30-31 Hebr 12:18-19,22-24 Lk 14:1,7-14</i>	8.00 am 10.30 am	MASS (M) MASS (E)	22 ND SUNDAY IN ORDINARY TIME (C) No Livestream Livestream: youtube.com/CHSPgTv
Aug 29 (Mon)	6.40 am 7.00 am	Lauds MASS (E)	The Passion of St. John the Baptist No Livestream
Aug 30 (Tue)	6.40 am 7.00 am	Lauds MASS (E)	No Livestream
Aug 31 (Wed)	9.00 am	MASS (BM)	65 th Merdeka Day Livestream: youtube.com/CHSPgTv
Sept 01 (Thu)	6.10 pm 6.30 pm	Vespers MASS (E)	World Day of Prayer for the Care of Creation No Livestream
Sept 02 (Fri)	6.10 pm 6.30 pm	Vespers MASS (E)	No Livestream
Sept 03 (Sat)	6.40 am 7.00 am 5.30 pm 6.00 pm	Lauds MASS (E) Novena to OMPH MASS	St. Gregory the Great, Pope & Doctor No Livestream Livestream: youtube.com/CHSPgTv
Sept 04 (Sun) <i>Wis 9:13-18 Phm 9-10,12-17 Lk 14:25-33</i>	8.00 am 10.30 am	MASS (M) MASS (E)	23 RD SUNDAY IN ORDINARY TIME (C) No Livestream Livestream: youtube.com/CHSPgTv

PARISH ACTIVITIES			
Aug 29 (Mon)	4.30 pm	Legion of Mary	Zoom
Aug 30 (Tue)	7.45 am	Christian Meditation	Blessed Sacrament Chapel Portico
Sept 01 (Thu)	5.00 pm		
Sept 04 (Sun)	12.00 pm	RCIA (English)	St Mark, Ground Floor, Oikos Building
	2.00 pm	HYM-Cross-Ministry Fun Day	Dewan Holy Spirit

WEDDING BANNs			
Sept 03 (Sat)	12.00 pm	Wedding Service (E) Keiran Pares Shanmugasundram & Nicole Cheah Lyn Erh	
Sept 17 (Sat)	10.00 am	Wedding Mass (E) Desmond Maria doss A/L Victor & Georgina Felicia Dawn Menon	
Sept 24 (Sat)	10.30 am	Wedding Mass (E) Jenson Tan Chee Yang & Janet Chew Shang Jiat	

THANK YOU FOR YOUR GENEROSITY

Offerings of Mass Intentions, financial giving of monthly tithing, love offerings or donations to the Parish can be made through online transfers to the following designated bank accounts:-

Online Payment for	Donations Mass Offering Hall Booking Wake Room Booking	Tithes	Sharing Hope Project Outreach Projects
Bank	Public Bank Berhad	RHB Bank Berhad	RHB Bank Berhad
Account Number	309 3049812	20708 2000 39510	20708 2000 39928
Account Name	Cathedral of the Holy Spirit	Cathedral of the Holy Spirit	Cathedral CHS

Email or WhatsApp Bank-in-Slip to admin@holyspiritcathedral.com or 012-3984909

Our Collection for 20 & 21 August, 2022: RM7,156.90

PENANG DIOCESAN LENTEN CAMPAIGN 2022

Thank you for supporting the 2022 Penang Diocesan Lenten Campaign. The total amount collected in 2022 by Penang Deanery came to RM 236,695.00. Tax exemption receipts are being processed and will be sent out soon.

TITHING ENVELOPES FOR YEAR 2022

If you have not collected your Tithing Envelopes for Year 2022 kindly do so at the Church Office. Thank you and God bless.

“God loves a cheerful giver.” – 2 Cor. 9:7

DEVOTIONS BEFORE SUNSET MASS ON SATURDAYS		
Below are the plans for 30 minutes prayer devotions before Sunset Mass on Saturdays for August/September. Come and join in the devotions.		
Week	Date / Time	Devotions
1 st Saturday	03 Sep 2022 / 5.30 pm	Novena to Our Lady of Perpetual Help
2 nd Saturday	10 Sep 2022 / 5.30pm	Silent Adoration
3 rd Saturday	17 Sep 2022 / 5.30pm	Praise & Worship
4 th Saturday	24 Sep 2022 / 5.30pm	Novena to the Holy Spirit

MUSINGS DURING THE PANDEMIC – OUR CHS WEEKLY REFLECTIONS

Has God answered your prayers? Did you call on the name of Jesus and He answered you (Jer 33:3)? **God still works miracles today.**

Remember the Renewal Experience at the Crib during Christmas and our recent Pentecost Renewal Experience where we are called to ask of the Lord the things that matters most to our heart? When your prayers are answered, give thanks to our loving Father who hears all our prayers and answers them in accordance to His will.

Share your testimony that will draw us closer to our Lord. Please send your testimony to chsmusings@gmail.com

Our weekly reflections are archived and available at our CHS website and circulated weekly via our social media apps. Be encouraged.

Matthew 10:32

SEASON OF CREATION/PROTEC 2022 PROJECT (1ST SEP- 4TH OCT)

The Season of Creation is an annual Christian celebration to listen and respond together to the cry of Creation and protect our common home. The Season begins on 1 September, the World Day of Prayer for the Care of Creation, and ends on 4 October, the Feast of St. Francis of Assisi, the patron saint of ecology. This year's theme is: **"Listen to the Voice of Creation"**, with the Burning Bush as the logo.

Protect Our Earth, Protect Our Children (PROTEC) Campaign is a 5-year program with a different theme each year and will be launched together with the Season of Creation. It will run from 1 September to 31 August 2023. This year's theme is: **"Stop Plastic Pollution."**

Please refer to bulletin / notice board for more information on Season of Creation and PROTEC.

Come and join us on Merdeka Day when we will be conducting a few activities. See how, we as individuals, as well as a community, can do our part to save mother earth from the climate emergency.

Date	Time	Project
Wednesday, 31 August Merdeka Day	After Mass 10:30am - 11:45am	Vegan food will be sold at cafeteria after Mass. Activities: Carbon footprint calculation / Paint burning bush logo / Personal pledge to save creation / Soap molding.
Thursday, 1 September	8:00pm	World Day of Prayer for the Care of Creation, launching of Season of Creation / PROTEC via Zoom.
Saturday, 3 September to Sunday, 2 October	Weekend Masses	Intercessory prayers during Masses.
Tuesday, 4 October	8:00pm Mass	Feast of St Francis of Assisi prayers during Mass

Registration link: <https://forms.gle/XepDDB6gLhBmQVW19>

For more details and registration contact Jeanne J Saw (016-4554597) / Joseph Raj (012-5768730).

CHS CHRIST'S YOUTH IN ACTION (CYA) – REKINDLE, A CYA MALAYSIA RETREAT

Calling all youths age 16 to 25, come and rekindle the gift of God that is in you (2 Tim 1:6).

Date : **2 September (6:00pm) – 4 September, 2022 (12:00pm)**
Place : **Stella Maris Retreat Centre, Penang**
Fee : **RM70.00 (2D2N accommodation & food included)**

Register now for this fun, exciting & spirit-filled weekend!
Exciting program awaits you (fellowship, games, sessions, worship and time of ministering).

For registration, scan the QR code. Can't wait to C'YA there!

ps: Christ's Youth in Action CYA aka Kairos youth (heard of Kairos camps?) is a youth group of CHS and is attached to the Covenanted for Christ Community CFCC.

Check out <https://www.instagram.com/cya.penang.my/> for more details.

CHS MEDICAL MISSION

CHS is calling for doctors and nurses to join us in medical mission trips to communities with limited access to medical attention in Perak. The mission is in collaboration with the Church of Sacred Heart, Kampar.

Let us be inspired by the Holy Spirit in the church's mission to share divine compassion for those in need. We encourage you to contact the following coordinators to understand more on this mission:-
Anne Marie 012-563 0794 | Juliana Khoo 012-408 1392 | Roselyn 016-521 5027



CHS HAVEN YOUTH MINISTRY (HYM)

– CROSS-MINISTRY FUN DAY

An event specialized for you guys! & gals HYM has organized an event where we will be having fun with each other (and with God) while we play many indoor AND outdoor games, and end the day with a BBQ to just be in each other's presence and fellowship. A day filled with fun, laughter and most importantly God - it's an event you really do not want to miss out on!

Date : 4th September 2022 (Sun)
Time : 2pm – 10pm
Venue : Cathedral of the Holy Spirit
Age Range : 13 & above
Registration fee : RM10

Registration Link:

<https://forms.gle/dSxNus6BL2Q3UKQq5>



CHS MOVIE NIGHTS

We will be having the following video screened through ZOOM in the month of September

10th September Sat 8.00pm: Pope John Paul I – The Smile Of God

24th September Sat 7.00pm: Padre Pio – Miracle Man

Zoom Link: <https://us02web.zoom.us/j/87173389571?pwd=dIBsOHVKSkMwYWhLY0tMRkoxVXB2Zz09>

Meeting ID: 871 7338 9571

Pass Code: 777555 or Scan for Zoom Meet →

Come, join us, meet and catch-up with one another. God Bless.



SHARING HOPE 2.0

Let us continue to reach out to the families around us who are in need, help them submit the Provision Application Form at

<https://tinyurl.com/PgCaritasReceiveBlessings> or scan QR code to submit form. Besides submitting the Provision Application Form, how can you help?

1. Inform CHS office of any families that need help in your neighborhood.
2. Volunteer to pack or deliver
3. Cash donation
4. Donate food/essential items:-
 - Rice
 - Instant Noodles
 - Canned Food
 - Milo / Coffee
 - Adult Diapers
 - Biscuits
 - Cooking Oil

Essential items can be dropped into the basket at CHS from 9am – 12noon. For those who wish to transfer online to "Cathedral CHS", RHB account no: 20708200039928 or Call CHS Parish office. List of food/essential items is available at the front of CHS office. For details, please contact:-
Catherine Tan 019-4565577 or Anne Tan (CHS Office) 04-6584909 / 012-3984909



2-DAY WORKSHOP ON THE ART OF LETTING GO AND SILENT MEDITATION **– HOLISTIC HEALTH OF MIND, BODY & SPIRIT**

Spiritual Director: Fr. Charles Chin
Date / Time : 24 & 25 September 2022 (Saturday & Sunday) / 9.00am to 7.00pm
Venue : Cathedral of the Holy Spirit, No 1 Tingkat Besi Satu, Island Park, Penang

Focus of the Workshop:-

The art of letting go, letting go of and disengaging from stress and traumatic experiences through silent meditation. During this two-day workshop, Fr. Charles Chin will share a simple holistic health formula that will help us in our journey of healing and wholeness of body, mind and spirit. This formula is also a rehabilitation programme to recharge and to rejuvenate, helping oneself gradually to:-

- Be more focused
- Be calm, peaceful
- Eliminate migraine
- Reduce/eliminate stress, anxiety, tension, anger, resentment, unforgiveness, attachments to status, worldly things

Workshop Particulars:-

Fee:-
RM10.00 (inclusive lunches for 2days)

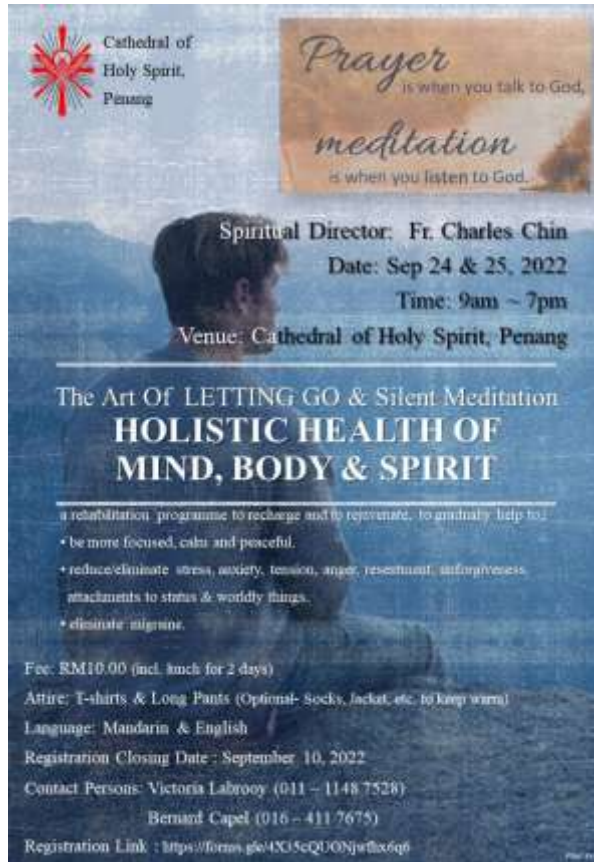
Attire:-
T-Shirt & Long Pants
(Optional – socks, jacket, etc to keep warm)

Language:-
Bilingual (English & Mandarin)

Closing date:-
10 September 2022

Further enquiries:-
Victoria Labrooy (011 - 1148 7528)
Bernard Capel (016 - 411 7675)
王雪玲 (016 - 451 2264)
韩珊珊 (012 - 444 3802)

Registration: <https://forms.gle/4X35cQUONjwfhx6q6>



ELECTIONS FOR MINISTRY LEADERS (2023 – 2025)

Ministry Leaders are kindly requested to help Cluster Leads by planning and proposing a time for your respective Ministry elections aligned to the timeline as follows:

- **July – September:** Ministries to meet and hold elections
- **October:** Cluster groups to meet and hold elections
- **November 11th:** PPC elections

Thank you for planning and notifying the election committee. Below are the list ministries who have registered and planned for elections. Your kind attendance is greatly appreciated to endorse the support for our ministry leaders 2023-2025. Thank you and God Bless

SCHEDULE OF ELECTIONS FOR MINISTRY LEADERS (2023 – 2025)

NO	DATE	DAY	TIME	VENUE	ZONE/MINISTRY
1	8-Aug	Mon	8.30 pm	St Mark (Oikos: Grd Fl)	EMHC
2	9-Aug	Tues	8.30 pm	Café	Floral
3	14-Aug	Sun	10.30 am	St Mark (Oikos: Grd Fl)	RCIA Mandarin
4	21-Aug	Sun	12.00 pm	St Imbert (Cenacle: 1st Fl)	ERT
5			5.00 pm	St John (Oikos: Grd Fl)	Wake Group
6	22-Aug	Mon	8.30 pm	St Imbert (Cenacle: 1st Fl)	Daily Mass
7	25-Aug	Thu	4.30 pm	St Mark (Oikos: Grd Fl)	Meditation
8	28-Aug	Sun	12.00 pm	St Imbert (Cenacle: 1st Fl)	Zone H
9			2.00 pm	St Mark (Oikos: Grd Fl)	RCIA English
10			3.00 pm	St John (Oikos: Grd Fl)	CLOW
11			8.30 pm	St John (Oikos: Grd Fl)	PFT
12	2-Sep	Fri	8.30 pm	St Mark (Oikos: Grd Fl)	Zone E
13	3-Sep	Sat	1.00 pm	St Michael (Oikos: 2 nd Fl)	CEC (English)
14	4-Sep	Sun	12.00 pm	St Imbert (Cenacle: 1st Fl)	Hospitality Ministry
15			1.00 pm	St Imbert (Cenacle: 1st Fl)	Maintenance
16			1.30 pm	St Mark (Oikos: Grd Fl)	Zone F
17			2.30 pm	St Mark (Oikos: Grd Fl)	Zone G
18	5-Sep	Mon	5.00 pm	St Mark (Oikos: Grd Fl)	Zone C
19			8.30 pm	Via Zoom	Tamil Apostolate
20			8.30 pm	St John (Oikos: Grd Fl)	Sacristan
21	9-Sep	Fri	8.30 pm	St Mark (Oikos: Grd Fl)	Zone I
22	11-Sep	Sun	1.00 pm	St Imbert (Cenacle: 1st Fl)	Young People Ministry
23			4.00 pm	St Imbert (Cenacle: 1st Fl)	Zone A
24	16-Sep	Fri	10.00 am	St Mark (Oikos: Grd Fl)	Zone B

Clarification

Since the current constitution of 2 terms of office only applies to PPC, the current Ministry Leadership may continue to stand for election and serve while we include and develop the next line of leadership.

Let us continue to pray for our Parish as we journey through the selection of leadership towards the formation of our next PPC and Ministry Leaders.

Thank you and God bless.

ELECTIONS GUIDELINES FOR ALL MINISTRIES AND GROUPS TO FOLLOW

1. Election is to be conducted between now and September 2022. The newly elected office bearers will serve in the term 1st January 2023 to 31st December 2025 (3-year term).
2. Election is to be facilitated by an Electoral Member. Each Ministry who are conducting their elections must liaise with the Electoral Team to have one of their members present for your election.
Contact person: Iruthaya Das (019-288 2202)
3. Quorum for election – minimum 50% of registered members are present.
4. Office Bearers to be elected:-
 - a) Coordinator
 - b) Assistant Coordinator
 - c) Secretary(as per positions for Zones/BEC Office Bearers).
Ministries and Support Groups will have similar roles titled specific to each group.
Note:- To specify clearly in the Election Form.
5. Treasurer and Committee Members can be co-opted by the elected office bearers or can be included in the election. To specify clearly in the Election Form.
6. All candidates for election must be baptized and practicing Catholics and have been serving in that respective Ministry for at least one year.
7. Existing office bearers may stand and be elected to hold the position for the new term. The important factor is that they are chosen to lead the Ministry again by the members and not self-elected to lead.
8. A member absent cannot be nominated or elected for any position except when they have indicated their willingness to be nominated/elected and provide reason(s) for their absence.
9. Results of the election should be reviewed by the Parish Priest within 1 week after the election.
10. Ministries are to inform the Parish Office of their newly elected office bearers latest by 30 September 2022.
11. Ministries that do not conduct elections and do not abide by the PPC guidelines herein contained may not be able to enjoy full Parish facilities as per a recognized Ministry/Support Group.
12. Elections for all Ministries and Support Groups must not be held on a BEC day. Only Zone/BEC groups will be able to do so.

A vibrant, abstract poster for a vocation retreat. The background features swirling, flame-like patterns in shades of red, orange, yellow, and blue. In the center, there is a stylized illustration of a person in a white robe, possibly Moses, standing in a landscape. The text is prominently displayed in the center and bottom.

**SEARCHING?
COME DISCOVER!**

Age :
20 - 35
(Single)

BURNING BUSH VOCATION RETREAT

"A Scriptural Walk with Moses"

**6.00 pm, 7th October 2022 (Friday) to
2.30 pm, 9th October 2022 (Sunday)**

**@ Stella Maris Retreat Centre,
Tanjung Tokong, Penang**

**Registration Fees : RM 100/-
Closing Date : 1st September 2022**

<https://me-qr.com/Qex5J7>

Conducted in English. Discussions according to language groups

For further information contact your Parish Priest or:

PENANG DIOCESE VOCATION TEAM	FR. LOUIS LOI	EMMANUEL DORAI	ANNE LEE HOOI CHIN (李慧英)
pav2019@gmail.com	雷文州神父	0164117214	016-4581446
	lolouislooi@penangdiocese.org	edorai@gmail.com	a2n3c2@yahoo.com



DIOCESE OF
PENANG

SOCIAL MISSION MEET

"Two are better off than one,
because together they can work
more efficiently."
- Ecclesiastes 4:9



Theme: Working Together in
Social Mission

Connect:

To connect, dialogue, share experiences, inspire,
pray and learn from one another.



Collaborate:

How can we work together in the Social Mission in our
parishes and ministries.



Strengthen:

Discuss our social mission plans.



Revive:

Restore and renewing the heart of social mission.

PENANG ISLAND & NORTHERN DEANERY
DATE: 3.9.22, SAT, 9.30AM TO 1PM
VENUE: STELLA MARIS 2 (FORMERLY PDPI)

PERAK DEANERY
DATE: 10.9.22, SAT, 9.30AM TO 1.00PM
VENUE: OMPH, IPOH
(HOSTED BY CARITAS OMPH)

COST: FREE (RSVP BEFORE 28.8.22)



SCAN OR CLICK
TO REGISTER NOW

WHY YOU SHOULD COME?



Learn from the success stories of
social mission groups and be
inspired

An opportunity to network with social
mission groups of the diocese.



Collaboration the way forward in
social mission of the diocese.
Upcoming updates from Caritas.



Social mission organizations and ministries representatives are encourage
to come.

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Juanita 012-401 1567 or Francis 011-6513 7507