- 1							PARIS	Η ΑCTIVIT	IES	
	CATHEDRAL OF THE HOLY SPIRIT 1 Tingkat Besi Satu, Island Park, 11600 Penang 1 Tingkat Besi Satu, Island Park, 11600 Penang			Oc	et 16 (Sun)	12.00 pm	12.00 pm RCIA (English)		St. Mark, Ground Floor, OIKOS	
E.a. 1955				Oc	et 17 (Mon)	4.30 pm Legion of Mary				
IOCESE OF PENANG				Oc	Oct 18 (Tue) 7.45 am Christian Meditat		ation	ion Dissond Scorement Changel Dortion		
CathedralOfTheHolySpiritPenang					Oct 20 (Thu) 5.00 pm Christian Medita		ation Blessed Sacrament Chapel Portico			
Parish Prie	est: FR. JOACH	IM ROBERT Pr	iest-in-Residence: FR. FRANCIS ANTHONY	Oc	et 22 (Sat)	10.00 am	PFC - Romans		Zoom	
2022 THEME OCTOBER	SALT OF THE EARTH AND LIGHT OF THE WORLD: COMMUNION, PARTICIPATION AND MISSION			Oc	Oct 23 (Sun) 12.00 pm RCIA (English) St. Mark, Ground Floor, OIKOS			nd Floor, OIKOS		
DATE	TIME ACTIVITY MASSES IN THE PARISH				THANK YOU FOR YOUR GENEROSITY					
Oct 16 (Sun) Ex 17:8-13	7.30 am 8.00 am	Rosary MASS (M)	29th SUNDAY IN ORDINARY TIME (C) No Livestream	Offerings of Mass Intentions, financial giving of monthly tithing, love offerings or donation Parish can be made through online transfers to the following designated bank accounts:-						bank accounts:-
2 Tim 3:14-4:2 Lk 18:1-8	10.00 am 10.30 am	Rosary MASS (E)	Livestream: <u>voutube.com/CHSPgTv</u>	Online Payment for Donations Tithes Mass Offering Hall Booking			Tithes	Sharing Hope Project Outreach Projects		
Oct 17 (Mon)	6.40 am 7.00 am	Lauds MASS (E)	St. Ignatius of Antioch, Bishop & Martyr No Livestream		Bank	Wak	Wake Room Booking Public Bank Berhad		Bank Berhad	RHB Bank Berhad
Oct 18 (Tue)	6.40 am 7.00 am	Lauds MASS (E)	St. Luke, Evangelist, Feast No Livestream		Account Number Account Name		9 3049812 ral of the Holy Spirit		2000 39510 al of the Holy Spirit	20708 2000 39928 Cathedral CHS
Oct 19 (Wed)	6.10 pm 6.30 pm	Vespers MASS (E)	Ss. John de Brebeuf & Isaac Jogues, Priests, &Their Companions, Martyrs St. Paul of the Cross, Priest No Livestream		Email Bank-in-Slip to <u>admin@holyspiritcathedral.com</u> Our Collection for 8 & 9 October, 2022: RM8,228.45 <i>"God loves a cheerful giver." – 2 Cor. 9:7</i>					
Oct 20 (Thu)	6.10 pm 6.30 pm	Vespers MASS (E)	No Livestream		OCTOBER MONTH OF THE ROSARY The following are the devotions that has been planned for CHS:- i) Rosary will be recited ½ hour before all weekend Masses. ii) October 28 th : Friday, HEALING MASS at 8.00 pm					
Oct 21 (Fri)	6.10 pm 6.30 pm	Vespers MASS (E)	No Livestream	i)						
Oct 22 (Sat)	6.40 am 7.00 am 5.30 pm	Lauds MASS (E) Rosary	St. John Paul II, Pope No Livestream	Do	 iii) October 31st: Monday, Mass at 8.00pm followed by procession. Do come join in our devotions and celebrations. 					
	6.00 pm	MASS (E)	Livestream: voutube.com/CHSPgTv		CHS BADMINTON COURTSPlease take note that the badminton courts in the Dewan Holy Spirit will not be available onSunday, 23 October 2022 as we have a Diocesan event scheduled on that day.KNOW HOW TO SNAP PHOTOS WITH YOUR MOBILES? THEN WE NEED YOUR HELPOur parish will soon start digitalising all the Baptism and Sacraments records. To do this we need your help.					will not be available o
Oct 23 (Sun) Sir 35:12-14,16-19 2 Tim 4:6-8,16-18 Lk 18:9-14	7.30 am 8.00 am 10.00 am 10.30 am	Rosary MASS (M) Rosary MASS (E)	30th SUNDAY IN ORDINARY TIME (C) Mission Sunday No Livestream Livestream: <u>youtube.com/CHSPgTy</u>	Su <u>KΝ</u> Οι						
		WEDDIN	G BANNS							roject can give your nam
Oct 29 (Sat)	10.30 am	Wedding Mass (Pio Goh Ooi Loo	E) on & Mary Khoo Suan See	the	to Dave or Andrew. Or simply call the parish office and enquire. The only qualification needed is the ability to snap photos with your handphone. School leavers are encouraged to apply.					

5TH PENANG DIOCESAN YOUTH DAY (PDYD-5) FUNDRAISING – 15TH/16TH OCTOBER 2022

The PDYD-5 celebration which will take place from 21-24 October 2022 is finally ready to begin. During these 4 days, the young people will be meeting many people from other states as they walk together just as Mary got up and hurried.

The **Parish Youth will be serving at the cafeteria on Sat Oct-15th Sunset / Sun Oct-16th Morning to raise funds** for our young people who will be participating in the upcoming PDYD-5. Kindly come and support our young people in our fund-raising event..

CHS LECTORS AUDITION | 23 OCTOBER 2022

CHS Lectors Audition will be held after the 10.30am Mass on 23rd October 2022. If you have a desire to proclaim the Word of God during our weekend Masses, please consider serving as a lector in our parish. Let us offer our five loaves and two fishes to our Lord and glorify Him for who He is.

CHS HEALING MASS 28 OCTOBER 2022

Dear brothers and sisters. We had a wonderful time experiencing our Lord's healing touch on the first Healing Mass after the MCO, on 27 May, the first day of Pentecost Novena earlier this year. We are looking forward to see more people experiencing the same healing touch. And so, we will be celebrating the next Healing Mass on the Feast of Saints Simon and Jude on Friday **28 October 2022, at 8pm till 10:30pm**.

The celebration will begin with Praise and Worship, followed by Eucharistic Celebration, Adoration of the Blessed Sacrament, individual

praying-over, and finally, fellowship at Cafe. Do join us, and come, and be blessed by our Lord Jesus.

SHARING HOPE

Sharing Hope, CHS Caritas is an outreach project under the joint collaboration of SSVP, Ministry of the Poor, Agape Meal, BECs and individuals, to support and stabilize local families in disadvantaged life situations through provision of basic food supplies, essential items and support services.

Donations needed:-

Food & essential items – milk powder, rice, biscuits, cooking oil, oats, canned food and adult diapers (L/XL).

The items can be placed into the basket in front of the church office.

Should you know families that may need assistance or if you can assist in support services (e.g. assist families with application for welfare etc.), please contact:-Parish Office (04-659 4909) or Sharing Hope project coordinators:

ish Office (04-659 4909	or Sharing Hope proj	ect coordinators:
MoP:	Catherine Tan	(019-456 5577)
SSVP:	Roderick Foo	(012-420 9428)

MOP:	Catherine Tan	(019-4303377)
SSVP:	Roderick Foo	(012-420 9428)
Agape Meal:	Catherine Ong	(016-451 2264)



CHS BLOOD DONATION & MOBILE DENTAL CLINIC - 12 NOVEMBER 2022



BLOOD



MOBILE DENTAL CLINIC 捐血运动 + 移动式牙科诊所

DONATION +

BLOOD IS THE RED GOLD WHEN IT SAVES LIVE

血是救命的泉源 ~

* Mobile Dental Clinic is available on that day 当天有提供例行牙科检查 *Oral health screening advice on current state* 口腔健康检查及建议目前需要的治疗 *A separate booth for oral cancer education and awareness

将设置特别摊位提供口腔保健资讯及预防措施

NO REGISTRATION REQUIRED 无需报名 12TH NOVEMBER 2022 (SAT)- 9 AM TO 3 PM 2022年11月12日 (星期六) ·早上9时正至下午3时正 @ CATHEDRAL OF THE HOLY SPIRIT HALL 圣神主教座堂礼堂 IN COLLABORATION WITH: -CARITAS DIOCESE OF PENANG -UNIT PATOLOGI DAN DARAH HOSPITAL PULAU PINANG -BAHAGIAN PERGIGIAN PEJABAT KESIHATAN DAERAH TIMUR LAUT, PULAU PINANG

MUSINGS DURING THE PANDEMIC – OUR CHS WEEKLY REFLECTIONS

Has God answered your prayers? Did you call on the name of Jesus and He answered you (*Jer 33:3*)? **God still works miracles today.** Remember the Renewal Experience at the Crib during Christmas and our recent Pentecost Renewal Experience where we are called to ask of the Lord the things that matters most to our heart? When your prayers are answered, give thanks to our loving Father who hears all our prayers and answers them in accordance to His will.

Share your testimony that will draw us closer to our Lord. Please send your testimony to chsmusings@gmail.com Our weekly reflections are archived and available at our CHS website and circulated weekly via our social media apps. Be encouraged Matthew 10:32

A PRISONER OF THE LORD RETREAT

"Therefore, I, the prisoner of the Lord, implore you to walk in a manner worthy of the calling with which you have been called" (Eph 4:1)

Retreat by:	Rev. Fr. Nelson Chitty
Venue:	Balik Pulau Catholic Church
Date:	02 – 04 December 2022
	*Friday 02 December 2022 (Registration 6:30pm-8:30pm)
	*Ends on Sunday 04 December 2022 at 6:00pm

Females Only (Ages 25 – 55) *Limited places. First come first serve basis.

A retreat away from our obsessive preoccupation with the busy-ness of our daily lives to a 2 and half days of quiet and focus on the Lord. Resting in the Lord and being with Him to rediscover our true selves and our true freedom in Him.

A retreat into a simple basic lifestyle close to nature, without the usual luxuries of life.

A basic accommodation, no air-conditioned, no internet, no mobile phones. A simple clean single room with shared toilet facilities.

Things to bring along:

- 1) Jacket/sweater
- 2) Towel & toiletries
- 3) Slippers
- 4) Dress should be modest and comfortable

Mobile phones, electronic devices and car/motorcycle keys are to be surrendered before commencement of the retreat which will be returned upon its completion.

Emergency No. 01XXXXXXX (to be given upon registration, to be given to family, relatives or friends in case of an emergency.)

Strict silence is to be observed at all times. Silence means silence of body, speech and mind. Any form of communication with fellow participants, whether by gestures, sign language, written notes, etc, is prohibited.

Smoking and consumption of alcohol are not allowed during the retreat.

No reading or writing materials should be brought to the retreat. Participants should not distract themselves by taking notes.

Recording Devices and Cameras may not be used.

Registration: Call 04-8668545 (9am-5pm Tuesdays-Fridays)

Closing date: 26 November 2022 Fee: By donation

