

#### **CATHEDRAL OF THE HOLY SPIRIT**

1 Tingkat Besi Satu, Island Park, 11600 Penang





admin@holyspiritcathedral.com CathedralOfTheHolySpiritPenang spenang molyspiritcathedral.com utube.com/c/CHSPgTv

Parish Priest: FR. JOACHIM ROBERT

Priest-in-Residence: FR. FRANCIS ANTHONY

**2022 THEME** OCTORER

#### SALT OF THE EARTH AND LIGHT OF THE WORLD:

COMMINION PARTICIPATION AND MISSION

OCTOBER	COMMUNION, PARTICIPATION AND MISSION				
DATE	TIME	ACTIVITY	ITY MASSES IN THE PARISH		
Oct 23 (Sun) Sir 35:12-14,16-19 2 Tim 4:6-8,16-18 Lk 18:9-14	7.30 am 8.00 am 10.00 am 10.30 am	Rosary MASS (M) Rosary MASS (E)	30th SUNDAY IN ORDINARY TIME (C) Mission Sunday No Livestream Livestream: youtube.com/CHSPgTv		
Oct 24 (Mon)	6.40 am 7.00 am	Lauds MASS (E)	St. Anthony Mary Claret, Bishop No Livestream		
Oct 25 (Tue)	6.40 am 7.00 am	Lauds MASS (E)	No Livestream		
Oct 26 (Wed)	6.10 pm 6.30 pm	Vespers MASS (E)	No Livestream		
Oct 27 (Thu)	6.10 pm 6.30 pm	Vespers MASS (E)	No Livestream		
Oct 28 (Fri)	8.00 pm	Praise & Worship followed by MASS, Adoration of the Blessed Sacrament & praying over	Ss. Simon & Jude, Apostles, feast No Livestream		
Oct 29 (Sat)	6.40 am 7.00 am 5.30 pm 6.00 pm	Lauds MASS (E) Rosary MASS (E)	No Livestream  Livestream: youtube.com/CHSPgTv		
Oct 30 (Sun) Wis 11: 22- 12:2 2 Th 1: 11-2:2 Lk 19:1-10	7.30 am 8.00 am 10.00 am 10.30 am	Rosary MASS (M) Rosary MASS (E)	31 <sup>ST</sup> SUNDAY IN ORDINARY TIME (C) No Livestream Livestream: youtube.com/CHSPgTv		
		WEDDIN	G BANNS		
Oct 29 (Sat)	10.30 am	Wedding Mass (E) Pio Goh Ooi Loon & Mary Khoo Suan See			

PARISH ACTIVITIES							
Oct 23 (Sun) 12.00 pm		RCIA (English)	St. Mark, Ground Floor, OIKOS				
Oct 24 (Mon)	4.30 pm	Legion of Mary					
Oct 25 (Tue) <b>7.45 am</b>		Christian Maditation	Diagonal Community Changel Doubles				
Oct 27 (Thu)	5.00 pm	Christian Meditation	Blessed Sacrament Chapel Portico				
Oat 20 (Sat)	10.00 am	PFC - Romans	Zoom				
Oct 29 (Sat)	4.00 pm	CEC (E)	OIKOS				
Oct 30 (Sun)   12.00 pm   RCIA (English)		RCIA (English)	St. Mark, Ground Floor, OIKOS				

#### THANK YOU FOR YOUR GENEROSITY

Offerings of Mass Intentions, financial giving of monthly tithing, love offerings or donations to the Parish can be made through online transfers to the following designated bank accounts:-

Online Payment for	Donations	Tithes	Sharing Hope Project
	Mass Offering		Outreach Projects
	Hall Booking		
	Wake Room Booking		
Bank	Public Bank Berhad	RHB Bank Berhad	RHB Bank Berhad
Account Number	309 3049812	20708 2000 39510	20708 2000 39928
Account Name	Cathedral of the Holy Spirit	Cathedral of the Holy Spirit	Cathedral CHS

Email Bank-in-Slip to admin@holyspiritcathedral.com

Our Collection for 16 & 17 October, 2022: RM6,774.10

"God loves a cheerful giver." – 2 Cor. 9:7

#### **OCTOBER MONTH OF THE ROSARY**

The following are the devotions that has been planned for CHS:-

- Rosary will be recited ½ hour before all weekend Masses.
- October 28th: Friday, **HEALING MASS** at 8.00 pm
- iii) October 31st: Monday, Mass at 8.00pm followed by procession.

Do come join in our devotions and celebrations.

#### ALL SAINTS & ALL SOULS CELEBRATION | 01 & 02 NOVEMBER 2022

Mass Schedules

All Saints 1st Nov Tuesday 7am (E), 8pm(ETM)

All Souls 2nd Nov Wednesday 8pm (ETM)

Blessing of Western Road Niche & Graves will be on 2nd Nov Wednesday at 10am.

Kindly note that 1st Nov All Saints Day is a day of Obligation

#### PRAY FOR OUR NATION | FROM 19 NOVEMBER 2022

As announced on Oct 20th, our nation will be carrying out General Elections (GE15) on Saturday Nov 19th. CHS will be conducting daily prayer sessions Mondays to Fridays 8.30pm-9.30pm starting Nov 3<sup>rd</sup>, 2022. Let us come together to pray for our nation. More details will be shared in subsequent weeks.

Cathedral of the Holy Spirit, Penang Bulletin Oct 23rd, 2022

#### CHS LECTORS AUDITION | 23 OCTOBER 2022

CHS Lectors Audition will be held after the 10.30am Mass on 23rd October 2022. If you have a desire to proclaim the Word of God during our weekend Masses, please consider serving as a lector in our parish. Let us offer our five loaves and two fishes to our Lord and glorify Him for who He is.

#### **CHS HEALING MASS | 28 OCTOBER 2022**

Dear brothers and sisters. We had a wonderful time experiencing our Lord's healing touch on the first Healing Mass after the MCO, on 27 May, the first day of Pentecost Novena earlier this year.

We are looking forward to see more people experiencing the same healing touch. And so, we will be celebrating the next Healing Mass on the Feast of Saints Simon and Jude on Friday 28 October 2022, at 8pm till 10:30pm.

The celebration will begin with Praise and Worship, followed by Eucharistic Celebration, Adoration of the Blessed Sacrament, individual praying-over, and finally, fellowship at Cafe. Do join us, and come, and be blessed by our Lord Jesus.



#### **CEC MINISTRY**

In view of November 19 being Election Day, CEC Classes will be cancelled to enable everyone aged 18 and above to cast their vote on that day.

#### **SEEDS OF HOPE**

Come join us on this community activity to farm for the needy. No experience required, passion appreciated

EVERY Monday 8am-10am

#### MUSINGS DURING THE PANDEMIC – OUR CHS WEEKLY REFLECTIONS

Has God answered your prayers? Did you call on the name of Jesus and He answered you (*Jer 33:3*)? **God still works miracles today.** Remember the Renewal Experience at the Crib during Christmas and our recent Pentecost Renewal Experience where we are called to ask of the Lord the things that matters most to our heart? When your prayers are answered, give thanks to our loving Father who hears all our prayers and answers them in accordance to His will.

Share your testimony that will draw us closer to our Lord. Please send your testimony to <a href="mailto:chsmusings@gmail.com">chsmusings@gmail.com</a> Our weekly reflections are archived and available at our CHS website and circulated weekly via our social media apps. Be encouraged *Matthew 10:32* 

#### CLOSING OF THE MONTH OF ROSARY | 31 OCTOBER 2022

All through this month of October, the Rosary has been prayed daily throughout the Zones/BECs and also before each weekend Mass at CHS.

**A Candlelight Rosary Procession** will be held to conclude this special month of Rosary as we rejoice in our faith with a celebration and procession to honor our dear Mother.

The Procession will begin at approx. 8:40pm immediately after Daily Mass at 8pm on Monday, October 31st, 2022.

Recitation of the Rosary will be led by FOCHS (Friends of CHS), as flower girls pave the way for the statue of Mary Our Mother followed by the congregation of the faithful bearing lit candles in procession around our church parameter.

Let us come together as a community believing that God is calling all of us to move forward in faith to pray for our families, communities & our nation.



#### **SHARING HOPE**

Sharing Hope, CHS Caritas is an outreach project under the joint collaboration of SSVP, Ministry of the Poor, Agape Meal, BECs and individuals, to support and stabilize local families in disadvantaged life situations through provision of basic food supplies, essential items and support services.

#### Donations needed:-

Food & essential items – milk powder, rice, biscuits, cooking oil, oats, canned food and adult diapers (L/XL).

The items can be placed into the basket in front of the church office.

Should you know families that may need assistance or if you can assist in support services (e.g. assist families with application for welfare etc.), please contact:-

Parish Office (04-659 4909) or Sharing Hope project coordinators:

 MoP:
 Catherine Tan
 (019-456 5577)

 SSVP:
 Roderick Foo
 (012-420 9428)

 Agape Meal:
 Catherine Ong
 (016-451 2264)



#### CHS BLOOD DONATION & MOBILE DENTAL CLINIC | 12 NOVEMBER 2022



## BLOOD DONATION +



### MOBILE DENTAL CLINIC

捐血运动 + 移动式牙科诊所

# BLOOD IS THE RED GOLD WHEN IT SAVES LIVE

~ 血是救命的泉源 ~

\* Mobile Dental Clinic is available on that day\* 当天有提供例行牙科检查

\*Oral health screening advice on current state\*

口腔健康检查及建议目前需要的治疗

"A separate booth for oral cancer education and awareness"

将设置特别摊位提供口腔保健资讯及预防措施

#### NO REGISTRATION REQUIRED 无需报名

12TH NOVEMBER 2022 (SAT)• 9 AM TO 3 PM 2022年11月12日 (星期六)•早上9时正至下午3时正 @ CATHEDRAL OF THE HOLY SPIRIT HALL 圣神主教座堂礼堂

IN COLLABORATION WITH:

- -CARITAS DIOCESE OF PENANG
- -UNIT PATOLOGI DAN DARAH HOSPITAL PULAU PINANG
- -BAHAGIAN PERGIGIAN PEJABAT KESIHATAN DAERAH TIMUR LAUT, PULAU PINANG



#### A PRISONER OF THE LORD RETREAT | 02-04 DECEMBER 2022

"Therefore, I, the prisoner of the Lord, implore you to walk in a manner worthy of the calling with which you have been called" (Eph 4:1)

**Retreat by:** Rev. Fr. Nelson Chitty **Venue:** Balik Pulau Catholic Church **Date:** 02 – 04 December 2022

\*Friday 02 December 2022 (Registration 6:30pm-8:30pm)

\*Ends on Sunday 04 December 2022 at 6:00pm

**Females Only (Ages 25 – 55)** \*Limited places. First come first serve basis.

A retreat away from our obsessive preoccupation with the busy-ness of our daily lives to a 2 and half days of quiet and focus on the Lord. Resting in the Lord and being with Him to rediscover our true selves and our true freedom in Him.

A retreat into a simple basic lifestyle close to nature, without the usual luxuries of life.

A basic accommodation, no air-conditioned, no internet, no mobile phones. A simple clean single room with shared toilet facilities.

Things to bring along:

- 1) Jacket/sweater
- 2) Towel & toiletries
- 3) Slippers
- 4) Dress should be modest and comfortable

Mobile phones, electronic devices and car/motorcycle keys are to be surrendered before commencement of the retreat which will be returned upon its completion.

Emergency No. 01XXXXXXXX (to be given upon registration, to be given to family, relatives or friends in case of an emergency.)

Strict silence is to be observed at all times. Silence means silence of body, speech and mind. Any form of communication with fellow participants, whether by gestures, sign language, written notes, etc, is prohibited.

Smoking and consumption of alcohol are not allowed during the retreat.

RETREAT

No reading or writing materials should be brought to the retreat. Participants should not distract themselves by taking notes.

Recording Devices and Cameras may not be used.

Registration: Call 04-8668545 (9am-5pm Tuesdays-Fridays)

Closing date: 26 November 2022 Fee: By donation

Cathedral of the Holy Spirit, Penang

Bulletin Oct 23<sup>rd</sup>, 2022

#### CHS CHRISTMAS PROJECT | 17-21 DECEMBER 2022

Hello!! HYM will be heading an advent project where we will be singing carols for our church parishioners. And we are searching for musicians and singers. If interested, you can scan the QR code on the post or click the link below. See you guys there!!

#### **Christmas Project**

Date: 17 December 2022 (Sat) – 21 December 2022 (Wed)

Time: 8.30 pm - 10.30 pm

Venue: Cathedral of the Holy Spirit

Registration Link: https://forms.gle/eZG53YPADYfYLk9f8

#### **Practices**

Our practices will be on **Wed & Sat nights**, at **8:00pm-10:00pm**. More details about the practices will be given after you've been added into the WhatsApp group. Do not hesitate to contact the people below if you have any questions:

Caitlin: 016-421 5027 Adele: 010-385 2826

## Christmas Project

Date: 17th Dec - 21st Dec

Time: 7.30p.m. - 10.30p.m.

We are searching for musicians and singers for our upcoming Christmas Project!!
Practices are on Wednesday and Saturday nights.

If interested, you can scan the QR Code

If you have any questions you can contact

Adele: +60 10-385 2826

Caitlin: +60 16-4215027

