



# CATHEDRAL OF THE HOLY SPIRIT

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🌐 holyspiritcathedral.com

📺 CathedralOfTheHolySpiritPenang

📷 chspenang

📺 youtube.com/c/CHSPgTv




Parish Priest: FR. JOACHIM ROBERT Priest-in-Residence: FR. FRANCIS ANTHONY

2022 THEME OCTOBER SALT OF THE EARTH AND LIGHT OF THE WORLD: COMMUNION, PARTICIPATION AND MISSION

DATE	TIME	ACTIVITY	MASSES IN THE PARISH
Oct 30 (Sun) <i>Wis 11:22- 12:2 2 Th 1:11-2:2 Lk 19:1-10</i>	7.30 am 8.00 am 10.00 am 10.30 am	Rosary MASS (M) Rosary MASS (E)	31 <sup>st</sup> SUNDAY IN ORDINARY TIME (C) No Livestream  Livestream: <a href="https://youtube.com/CHSPgTv">youtube.com/CHSPgTv</a>
Oct 31 (Mon)	8.00 pm	MASS (E) followed by procession	End of the Month of the Rosary No Livestream
Nov 01 (Tue)	7.00 am 8.00 pm	MASS (E) MASS (ETM)	ALL SAINTS, SOLEMNITY Day of Obligation No Livestream
Nov 02 (Wed)	8.00 pm	MASS (ETM)	THE COMMEMORATION OF ALL THE FAITHFUL DEPARTED (ALL SOULS DAY) No Livestream
Nov 03 (Thu)	6.10 pm 6.30 pm	Vespers MASS (E)	St. Martin de Porres, Religious No Livestream
Nov 04 (Fri)	6.10 pm 6.30 pm	Vespers MASS (E)	St. Charles Borromeo, Bishop No Livestream
Nov 05 (Sat)	6.40 am 7.00 am 5.30 pm 6.00 pm	Lauds MASS (E) Novena to OMPH MASS (E)	No Livestream  Livestream: <a href="https://youtube.com/CHSPgTv">youtube.com/CHSPgTv</a>
Nov 06 (Sun) <i>2 Macc 7:1-2,9-14 2 Th 2:16-3:5 Lk 20:27-38</i>	8.00 am 10.30 am	MASS (M) MASS (E)	32 <sup>nd</sup> SUNDAY IN ORDINARY TIME (C) No Livestream Livestream: <a href="https://youtube.com/CHSPgTv">youtube.com/CHSPgTv</a>

PARISH ACTIVITIES			
Oct 30 (Sun)	12.00 pm	RCIA (English)	St. Mark, Ground Floor, OIKOS
Oct 31 (Mon)	4.30 pm	Legion of Mary	
Nov 01 (Tue)	7.45 am	Christian Meditation	Blessed Sacrament Chapel Portico
Nov 03 (Thu)	5.00 pm		
Nov 05 (Sat)	10.00 am	PFC - Romans	Zoom
	4.00 pm	CEC (E)	OIKOS
Nov 06 (Sun)	12.00 pm	RCIA (English)	St. Mark, Ground Floor, OIKOS

### THANK YOU FOR YOUR GENEROSITY

Offerings of Mass Intentions, financial giving of monthly tithing, love offerings or donations to the Parish can be made through online transfers to the following designated bank accounts:-

Online Payment for	Donations Mass Offering Hall Booking Wake Room Booking	Tithes	Sharing Hope Project Outreach Projects
Bank	Public Bank Berhad	RHB Bank Berhad	RHB Bank Berhad
Account Number	309 3049812	20708 2000 39510	20708 2000 39928
Account Name	Cathedral of the Holy Spirit	Cathedral of the Holy Spirit	Cathedral CHS

Email Bank-in-Slip to [admin@holyspiritcathedral.com](mailto:admin@holyspiritcathedral.com)

**Our Collection for 22 & 23 October, 2022: RM8,594.55**

*"God loves a cheerful giver." – 2 Cor. 9:7*

### ALL SAINTS & ALL SOULS CELEBRATION | 01 & 02 NOVEMBER 2022

Mass Schedules:-

- All Saints 1st Nov Tuesday 7am (E), 8pm (ETM)
- All Souls 2nd Nov Wednesday 8pm (ETM)
- Blessing of graves on 2nd Nov Wednesday:-
  - 7.45 am Kelawai Road Catholic Cemetery
  - 9.30 am Western Road Christian Cemetery
  - 3.00 pm Balik Pulau Catholic Cemetery

Kindly note that 1st Nov All Saints Day is a day of Obligation

### PRAY FOR OUR NATION | FROM 03 NOVEMBER 2022

As announced on Oct 20th, our nation will be carrying out General Elections (GE15) on Saturday Nov 19th. CHS will be conducting daily prayer sessions Mondays to Fridays 8.30pm-9.30pm starting Nov 3<sup>rd</sup>, 2022. Let us come together to pray for our nation. More details will be shared in subsequent weeks.

### CEC MINISTRY

In view of November 19 being Election Day, CEC Classes will be cancelled to enable everyone aged 18 and above to cast their vote on that day.

### MUSINGS DURING THE PANDEMIC – OUR CHS WEEKLY REFLECTIONS

Has God answered your prayers? Did you call on the name of Jesus and He answered you (*Jer 33:3*)? **God still works miracles today.** Remember the Renewal Experience at the Crib during Christmas and our recent Pentecost Renewal Experience where we are called to ask of the Lord the things that matters most to our heart?

When your prayers are answered, give thanks to our loving Father who hears all our prayers and answers them in accordance to His will. Share your testimony that will draw us closer to our Lord. Please send your testimony to [chsmusings@gmail.com](mailto:chsmusings@gmail.com) Our weekly reflections are archived and available at our CHS website and circulated weekly via our social media apps. Be encouraged

*Matthew 10:32*

### HEART FELT THANKS TO VOLUNTEERS & FOR YOUR CONTRIBUTIONS TO PDYD-5

As I spent time in the last few days with all the volunteers, the youths / participants and also PDYD-5 organising committees, it has truly been encouraging to see all of you coming together in unity. The support of each other across the parish and Penang Diocese was truly a path of walking towards synodality.

I truly appreciate all the sacrifices made and services rendered. **“Thank you”** for looking out for the young people.

You have voluntarily given your time, talent and energy to give the best to the event and seeing their faces of the spirit-filled youths throughout the event is a reflection of your heart of generosity.

Your actions had shown me that the young people are important to each one of you, as much as it is important to the future of the church.

Thank you again, and be assured of my prayers in thanksgiving during mass.

*“Every time I think of you I thank God for you. I have joy in my heart every time I ask God to help you. I thank God for the joy we share in telling the good news from the very first day until now.”*

~ Phil 1:3-5



*Fr Joachim Robert*

### CLOSING OF THE MONTH OF ROSARY | 31 OCTOBER 2022

All through this month of October, the Rosary has been prayed daily throughout the Zones/BECs and also before each weekend Mass at CHS.

A **Candlelight Rosary Procession** will be held to conclude this special month of Rosary as we rejoice in our faith with a celebration and procession to honor our dear Mother.

**The Procession will begin at approx. 8:40pm immediately after Daily Mass at 8pm on Monday, October 31st, 2022.**

Recitation of the Rosary will be led by FOCHS (Friends of CHS), as flower girls pave the way for the statue of Mary Our Mother followed by the congregation of the faithful bearing lit candles in procession around our church parameter.

Let us come together as a community believing that God is calling all of us to move forward in faith to pray for our families, communities & our nation.

### SEEDS OF HOPE



Come join us on this community activity to farm for the needy. No experience required, passion appreciated 😊 EVERY Monday 8am-10am



### SHARING HOPE

Sharing Hope, CHS Caritas is an outreach project under the joint collaboration of SSVP, Ministry of the Poor, Agape Meal, BECs and individuals, to support and stabilize local families in disadvantaged life situations through provision of basic food supplies, essential items and support services.

#### Donations needed:-

Food & essential items – milk powder, rice, biscuits, cooking oil, oats, canned food and adult diapers (L/XL).

The items can be placed into the basket in front of the church office.

Should you know families that may need assistance or if you can assist in support services (e.g. assist families with application for welfare etc.), please contact:-

Parish Office (04-659 4909) or Sharing Hope project coordinators:

MoP:	<b>Catherine Tan</b>	(019-456 5577)
SSVP:	<b>Roderick Foo</b>	(012-420 9428)
Agape Meal:	<b>Catherine Ong</b>	(016-451 2264)

### CHS BLOOD DONATION & MOBILE DENTAL CLINIC | 12 NOVEMBER 2022 (9AM to 3PM)

**BLOOD DONATION + MOBILE DENTAL CLINIC**  
捐血运动 + 移动式牙科诊所

**BLOOD IS THE RED GOLD WHEN IT SAVES LIVE**  
~ 血是救命的泉源 ~

\* Mobile Dental Clinic is available on that day \*  
当天有提供例行牙科检查

\* Oral health screening advice on current state \*  
口腔健康检查及建议目前需要的治疗

\* A separate booth for oral cancer education and awareness \*  
将设置特别摊位提供口腔保健资讯及预防措施

NO REGISTRATION REQUIRED  
无需报名

12TH NOVEMBER 2022 (SAT) • 9 AM TO 3 PM  
2022年11月12日 (星期六) • 早上9时至下午3时正  
@ CATHEDRAL OF THE HOLY SPIRIT HALL  
圣神主教座堂礼堂

IN COLLABORATION WITH:  
- CARITAS DIOCESE OF PENANG  
- UNIT PATOLOGI DAN DARAH HOSPITAL PULAU PINANG  
- BAHAGIAN PERGIGIAN PEJABAT KESIHATAN DAERAH  
TIMUR LAUT, PULAU PINANG



### **A PRISONER OF THE LORD RETREAT (MALES ONLY) | 25-27 NOVEMBER 2022**

*"Therefore, I, the prisoner of the Lord, implore you to walk in a manner worthy of the calling with which you have been called" (Eph 4:1)*

**Retreat by:** Rev. Fr. Nelson Chitty  
**Venue:** Balik Pulau Catholic Church  
**Date:** 25 – 27 November 2022  
\*Friday 25 November 2022 (Registration 6:30pm-8:30pm)  
\*Ends on Sunday 27 November 2022 at 6:00pm

**Males Only (Ages 25 – 55)** \*Limited places. First come first serve basis.

A retreat away from our obsessive preoccupation with the busy-ness of our daily lives to a 2 and half days of quiet and focus on the Lord. Resting in the Lord and being with Him to rediscover our true selves and our true freedom in Him.

A retreat into a simple basic lifestyle close to nature, without the usual luxuries of life.

A basic accommodation, no air-conditioned, no internet, no mobile phones. A simple clean single room with shared toilet facilities.

Things to bring along:

- 1) Jacket/sweater
- 2) Towel & toiletries
- 3) Slippers
- 4) Dress should be modest and comfortable

Mobile phones, electronic devices and car/motorcycle keys are to be surrendered before commencement of the retreat which will be returned upon its completion.

Emergency No. 01XXXXXXX (to be given upon registration, to be given to family, relatives or friends in case of an emergency.)

Strict silence is to be observed at all times. Silence means silence of body, speech and mind. Any form of communication with fellow participants, whether by gestures, sign language, written notes, etc, is prohibited.

Smoking and consumption of alcohol are not allowed during the retreat.

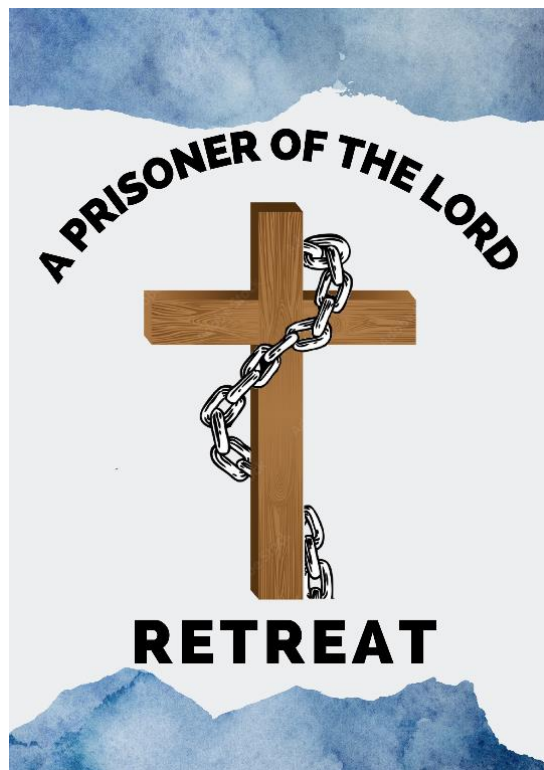
No reading or writing materials should be brought to the retreat. Participants should not distract themselves by taking notes.

Recording Devices and Cameras may not be used.

**Registration:** Call 04-8668545 (9am-5pm Tuesdays-Fridays)

**Closing date:** 19 November 2022

**Fee:** By donation



### **A PRISONER OF THE LORD RETREAT (FEMALES ONLY) | 02-04 DECEMBER 2022**

*"Therefore, I, the prisoner of the Lord, implore you to walk in a manner worthy of the calling with which you have been called" (Eph 4:1)*

**Retreat by:** Rev. Fr. Nelson Chitty  
**Venue:** Balik Pulau Catholic Church  
**Date:** 02 – 04 December 2022  
\*Friday 02 December 2022 (Registration 6:30pm-8:30pm)  
\*Ends on Sunday 04 December 2022 at 6:00pm

**Females Only (Ages 25 – 55)** \*Limited places. First come first serve basis.

A retreat away from our obsessive preoccupation with the busy-ness of our daily lives to a 2 and half days of quiet and focus on the Lord. Resting in the Lord and being with Him to rediscover our true selves and our true freedom in Him.

A retreat into a simple basic lifestyle close to nature, without the usual luxuries of life.

A basic accommodation, no air-conditioned, no internet, no mobile phones. A simple clean single room with shared toilet facilities.

Things to bring along:

- 5) Jacket/sweater
- 6) Towel & toiletries
- 7) Slippers
- 8) Dress should be modest and comfortable

Mobile phones, electronic devices and car/motorcycle keys are to be surrendered before commencement of the retreat which will be returned upon its completion.

Emergency No. 01XXXXXXX (to be given upon registration, to be given to family, relatives or friends in case of an emergency.)

Strict silence is to be observed at all times. Silence means silence of body, speech and mind. Any form of communication with fellow participants, whether by gestures, sign language, written notes, etc, is prohibited.

Smoking and consumption of alcohol are not allowed during the retreat.

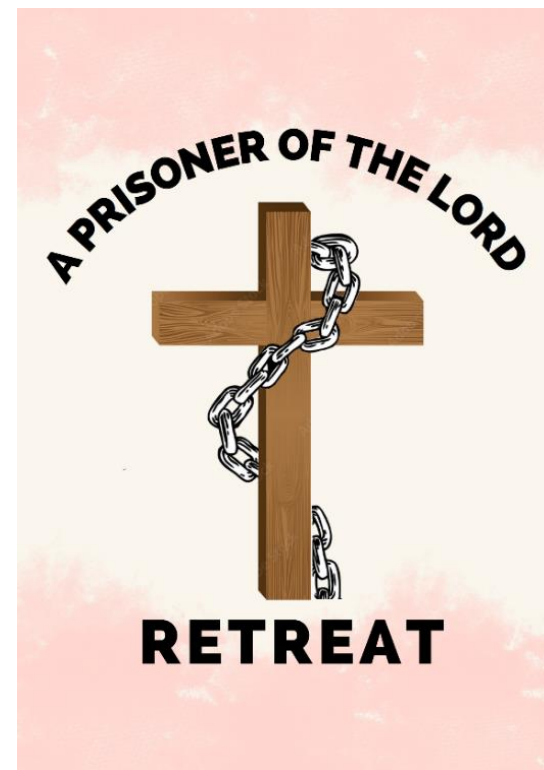
No reading or writing materials should be brought to the retreat. Participants should not distract themselves by taking notes.

Recording Devices and Cameras may not be used.

**Registration:** Call 04-8668545 (9am-5pm Tuesdays-Fridays)

**Closing date:** 26 November 2022

**Fee:** By donation





## **CHS CHRISTMAS PROJECT | 17-21 DECEMBER 2022**

Hello!! HYM will be heading an advent project where we will be singing carols for our church parishioners. And we are searching for musicians and singers. If interested, you can scan the QR code on the post or click the link below. See you guys there!!

### **Christmas Project**

Date: 17 December 2022 (Sat) – 21 December 2022 (Wed)

Time: 8.30 pm – 10.30 pm

Venue: Cathedral of the Holy Spirit

Registration Link: <https://forms.gle/eZG53YPADYfYLk9f8>

### **Practices**

Our practices will be on **Wed & Sun nights**, at **8:00pm-10:00pm**. More details about the practices will be given after you've been added into the WhatsApp group. Do not hesitate to contact the people below if you have any questions:

Caitlin: 016-421 5027

Adele: 010-385 2826

# Christmas Project

Date: 17th Dec - 21st Dec

Time: 7.30p.m. - 10.30p.m.

We are searching for musicians and singers  
for our upcoming Christmas Project!!

Practices are on Wednesday and Saturday nights.

If interested, you can scan the QR Code  
to register.

If you have any questions you can contact:

Adele: +60 10-385 2826

Caitlin: +60 16-4215027

