



# CATHEDRAL OF THE HOLY SPIRIT

1 Tingkat Besi Satu, Island Park, 11600 Penang

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[CathedralOfTheHolySpiritPenang](https://www.facebook.com/CathedralOfTheHolySpiritPenang) [chspenang](https://www.instagram.com/chspenang) [youtube.com/CHSPgTv](https://www.youtube.com/CHSPgTv)




Parish Priest: FR. JOACHIM ROBERT

Priest-in-Residence: FR. FRANCIS ANTHONY

2023 THEME  
FEBRUARY

SALT OF THE EARTH AND LIGHT OF THE WORLD:  
**COMMUNION, PARTICIPATION AND MISSION**

DATE	TIME	ACTIVITY	MASSES IN THE PARISH
Feb 26 (Sun) <i>Gen 2:7-9; 3:1-7</i> <i>Rom 5:12-19</i> <i>Mt 4:1-11</i>	8.00 am 10.30 am	MASS (M) MASS (E)	<b>FIRST SUNDAY OF LENT (YEAR A)</b> No Livestream Livestream
Feb 27 (Mon)	6.40 am 7.00 am	Lauds MASS (E)	<b>St Gregory of Narek, Abbot &amp; Doctor</b> No Livestream
Feb 28 (Tue)	6.40 am 7.00 am	Lauds MASS (E)	No Livestream
Mar 01 (Wed)	6.10 pm 6.30 pm	Vespers MASS (E)	No Livestream
Mar 02 (Thu)	6.10 pm 6.30 pm	Vespers MASS (E)	No Livestream
Mar 03 (Fri)	12.00 pm 8.00 pm  8.45 pm	WOC (E) & MASS (E) WOC –Church (E) / Chapel (T) / Classrooms (M) MASS (E)	No Livestream Livestream for 8pm English WOC & Mass
Mar 04 (Sat)	6.40 am 7.00 am 5.30 pm 6.00 pm	Lauds MASS (E) Novena to O.M.P.H. MASS (E)	St Casimir No Livestream Livestream
Mar 05 (Sun) <i>Gen 12:1-4</i> <i>2 Tim 1 8-10</i> <i>Mt 17:1-9</i>	8.00 am 10.30 am	MASS (M) MASS (E)	<b>SECOND SUNDAY OF LENT (YEAR A)</b> No Livestream Livestream

Link to Livestream Masses: [youtube.com/CHSPgTv](https://www.youtube.com/CHSPgTv)

PARISH ACTIVITIES			
Feb 27 (Mon)	3.30 pm	Legion of Mary	
Feb 28 (Tue)	7.45 am	Christian Meditation	Blessed Sacrament Chapel Portico
Mar 02 (Thu)	5.00 pm		

### THANK YOU FOR YOUR GENEROSITY

Offerings of Mass Intentions, financial giving of monthly tithing, love offerings or donations to the Parish can be made through online transfers to the following designated bank account:-

Online Payment for	Donations Mass Offering Hall Booking Wake Room Booking	Tithes	Sharing Hope Project Outreach Projects
Bank	<b>Public Bank Berhad</b>	<b>RHB Bank Berhad</b>	<b>RHB Bank Berhad</b>
Account Number	<b>309 3049812</b>	<b>20708 2000 39510</b>	<b>20708 2000 39928</b>
Account Name	Cathedral of the Holy Spirit	Cathedral of the Holy Spirit	Cathedral CHS

Email Bank-in-Slip to [admin@holyspiritcathedral.com](mailto:admin@holyspiritcathedral.com)

**Our Collection for 18 & 19 February 2023: RM7,672.45**

*“God loves a cheerful giver.” – 2 Cor. 9:7*

### DEVOTIONS BEFORE SUNSET MASS ON SATURDAYS

Below are the prayer devotions before Sunset Mass on Saturdays. Come and join in the devotions:-

Week	Date / Time	Devotions
1st Saturday	04 Mar 2023 / 5.30 pm	Novena to Our Lady of Perpetual Help
2nd Saturday	11 Mar 2023 / 5.30 pm	Silent Adoration
3rd Saturday	18 Mar 2023 / 5.30 pm	Praise & Worship
4th Saturday	25 Mar 2023 / 5.30 pm	Novena to the Holy Spirit

### INFANT BAPTISM AT CHS FOR YEAR 2023

Infant Baptism will be held in the main church on the following Sundays at 12pm:-

**26 February | 26 March | 23 April | 21 May | 25 June | 23 July**  
**27 August | 24 September | 22 October | 26 November | 24 December**

Please register at our Parish Office. There will be a pre-baptismal instruction and briefing for both parents and godparents.

### MUSINGS – OUR CHS WEEKLY REFLECTIONS

Has God answered your prayers? Did you call on the name of Jesus and He answered you (*Jer 33:3*)? **God still works miracles today.**

Remember the experience during our Pentecost Renewal Experience and the HYM Christmas Celebration in 2022 where we are called to ask of the Lord the things that matters most to our heart? When your prayers are answered, give thanks to our loving Father who hears all our prayers and answers them in accordance to His will. Share your testimony that will draw us closer to our Lord. Please send your testimony to [chsmusings@gmail.com](mailto:chsmusings@gmail.com)

Our weekly reflections are archived and available at our CHS website and circulated weekly via our social media apps. Be encouraged.

*Matthew 10:32*

### **REACHING OUT TO THE YOUNG PEOPLE OF CHS | WORLD YOUTH DAY 2023 LISBON**

The Registration for the World Youth Day (WYD) Lisbon 2023 is now on-going! Our Parish is reaching out to our youths who wish to participate as pilgrims in this global gathering of young people. CHS hopes to have at least 3 pilgrims from the parish to WYD.

World Youth Day 2023, Lisbon:-

1. Registration under Penang Diocesan Youth Network (PDYN) or the Malaysian Contingent by 28 February 2023
2. Expected departure date on 23 July 2023, return by 10 August 2023 (Days in Diocese: 26-30 July 2023; World Youth Day Proper: 31 July-8 August 2023)
3. Estimated cost RM12,000 including pocket money of RM2,500.

Let us pray for our youths who have responded to the calling to join WYD under PDYN or the Malaysian Contingent for a meaningful meeting and interview with our parish priest as we finalize the candidates.



### **SACERDOTAL ORDINATION & CHRISM MASS | 28 MARCH 2023**

The Diocese of Penang invites you to the Sacerdotal Ordination of Deacon Raymond Raj and Deacon Desmond Jansen together with Chrism Mass at Minor Basilica of St Anne Bukit Mertajam on 28 March 2023 (Tuesday) at 7.00 pm. Refreshment will be served after Mass.

To assist and encourage more of our parishioners to be able to participate in the celebration, CHS will be organizing a bus at a subsidized fee of RM10 per head. Bus will leave CHS at 5pm. Parishioners who would like to join this celebration, kindly register with the Parish Office. Registration will close by 19 March 2023 (Sunday).

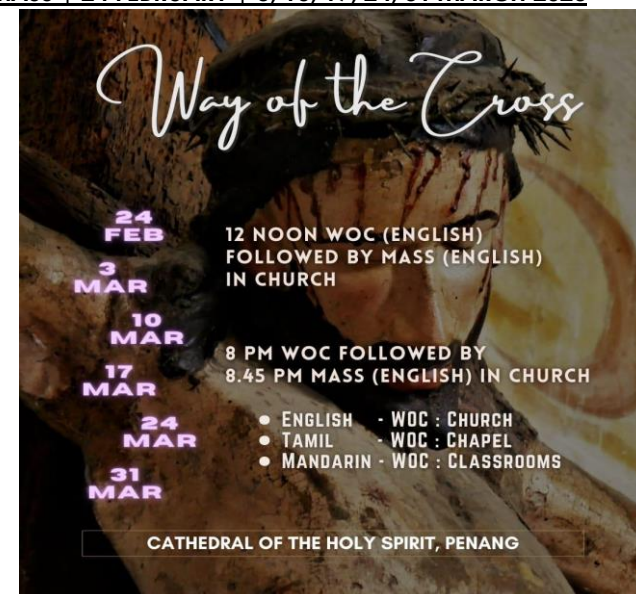
Let us come together as CHS parish to witness this joyful celebration.



### **WAY OF THE CROSS FOLLOWED BY MASS | 24 FEBRUARY | 3, 10, 17, 24, 31 MARCH 2023**

Join us for Way of the Cross followed by Mass on Fridays in this season of Lent!

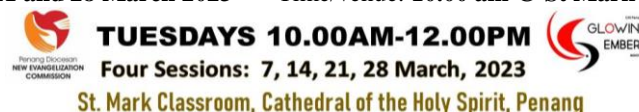
Let us prepare our hearts and come together in meditating the Passion of Jesus Christ through the 14 stations!



### **ETERNAL REST: THE ART OF DYING | 7, 14, 21 & 28 MARCH 2023**

Glowing Embers Ministry and the Penang Diocesan New Evangelization Commission bring to you Eternal Rest: The Art of Dying. What happens when we pass on? What does Scripture teach about death? How do we prepare for the life to come? Explore the mystery of death, dying, and everlasting life through Eternal Rest, a new offering of the Augustine Institute.

4 sessions: **7, 14, 21 and 28 March 2023** Time/venue: **10.00 am @ St Mark Classroom**



**TUESDAYS 10.00AM-12.00PM**

**Four Sessions: 7, 14, 21, 28 March, 2023**

**St. Mark Classroom, Cathedral of the Holy Spirit, Penang**

## **ETERNAL REST™**

**THE ART OF DYING WELL**

1. The Story of Death
2. The Afterlife
3. The Hour of Our Death
4. The Faithful Departed

Registration: Debra 016 481 9033 or Lilian 016 453 7101

### **7 March 2023 / Session 1: The Story of Death**

The Story of Death touches on God's response to it: defeating death by dying and rising from the dead. We pray that through Eternal Rest, God may give us greater peace, solace, and perspective.

All are welcome. Contact: Debra 016 4819033 | Lilian 016 4537101



## PENITENTIAL SERVICE IN CHS | 21 MARCH 2023

CHS will be having our Penitential Service on Tuesday **21 Mar 2023, 8pm-10pm.**

Schedule for penitential services across Penang Island Deanery are as follows:-

<b>Mar 13</b>	10.30am – 12.00pm   8.00pm – 10.00pm	Church of Our Lady of Sorrows
<b>Mar 14</b>	8.00pm – 10.00pm	Church of the Risen Christ
<b>Mar 15</b>	8.00pm – 10.00pm	Church of Divine Mercy
<b>Mar 16</b>	8.00pm – 10.00pm	Church of the Holy Name of Jesus
<b>Mar 20</b>	10.30am – 12.00pm   8.00pm – 10.00pm	Church of the Immaculate Conception
<b>Mar 21</b>	8.00pm – 10.00pm	Cathedral of the Holy Spirit

## PRAYER, REFLECTION AND FELLOWSHIP

### 1. Lenten Companion every Saturday during Lent

Commencing Ash Wednesday, we invite all parishioners to embark in an inward journey inviting the Lord to heal those areas where needed most!

Let us gather together each week on Saturday after Sunset Mass @ 8pm for a short session with Fr. Mark Touns, an experienced spiritual director who will help lead us on a Personal Encounter with the Power of Gospel through his Lenten Companion as we endeavour to enter more deeply into Lent and remain focused throughout the season!

### 2. 40 days Personal Reflections by Love Squad

The students will be sharing their personal reflections on the gospel of the days for 40 days of Lent. Follow the students' personal reflections on CHS social media platforms.



### 3. Walk and Pray the (Outdoor) Way of the Cross

We invite you to walk and pray the Stations of the Cross located in the church compound. A walk that can be taken on your own, as a group or with your BEC. Just scan the QR code at each station for the prayers.

Please contact parish office 04-658 4909 for more details.

### 4. Lenten Movie Night “Mother Teresa, No Greater Love”

**POSTPONED TO 25 March 2023, 8.15 pm to 10.15 pm. at St. Mark Classroom**

The story of Mother Teresa's life and her ongoing legacy for a new generation. During the last half of the 20th century, Mother Teresa captured the imagination of the world through her dedication to serving the poorest of the poor.

Filmed on five continents and featuring unprecedented access to institutional archives and the works of the Missionaries of Charity, this movie is a soaring tribute to a spiritual icon, a powerful witness of authentic Christian charity, and a guidepost for all who seek hope in our turbulent times.

Watch the film with your family and friends and be inspired to put your faith into action.

Registration is free.

For logistic arrangements, please scan the QR code or register your attendance via this google link:

<https://forms.gle/pvaYE9KXBxwE74WG8>



### 5. Movie and Fellowship Night “The Bible”

Monthly from 8.15 pm to 10.00 pm. at St. Mark Classroom

## CARE FOR CREATION

### 1. Seeds of Hope: Farming with Love Squad



Seeds of Hope is hosting the children from CHS Love Squad in the farming activity for the consecutive year in 2023. Pls come join us to farm with the children in February & March.

All harvest will go to the Children Protection Society.

Every Saturday @ 8am  
(18 February to 1 April 2023)  
near the Grotto.

Please call: 012-4002488 / 012-5207360

## CARE FOR CREATION

### 2. “Refuse Single-Use Plastic” Lent Challenge 12 to 18 March 2023

We invite everyone to join in the Lent challenge by Caritas Penang to reduce waste in preserving our earth. It is easy to do – bring your own water tumbler, food container and recycle bags whenever you go out to buy food or items and take time to sort your house waste for items to be reused or recycled.



## DONATIONS, SPONSORSHIP AND WELFARE PROGRAM/ACTIVITIES

1. **Gift of Blessing program** supports parents from humble background by providing each eligible student with RM100 cash voucher for the purchase of School Uniform & other essential school items in their preparation for the new school term in March 2023.

The program is now open for application, limited to the first 50 approved applicants. Contact: Catherine Ong 016-451 2264.

### 2. Penang Diocese Lenten Campaign 2023 (PDLC)

Caritas Penang has launched its Lenten Campaign 2023 on 11 February 2023. It is now available for donation via DUITNOW, TNG, FPX, Grab Pay, Shopee and Boost. Donation amount of RM100 and above may be eligible for tax exemption. PDLC envelopes are available at the Parish Office.

Alternatively, please send your full name, IC number, address and attach a screenshot of the payment transaction receipt to email: [pdldop@gmail.com](mailto:pdldop@gmail.com).

The funds are channelled to various charitable activities including Grant for Education, Welfare & Medical Aid, Orang Asli, Migrants & Refugees, Welfare Homes and others. Please refer to the website <https://caritaspenang.com/give-donation/> or contact 016-900 4882.

### 3. Sponsor A Charitable Program

If you would like to sponsor for the following programs, kindly make your donation to “Cathedral of the Holy Spirit” RHB Bank Account No. and indicate the project name:

- (a) “Lighthouse” : Sponsoring meal to the homeless at RM10 per meal
- (b) “Uniform” : Sponsoring Gift of Blessing at RM100 per student

### 4. Donate Items for Charitable Projects

If you would like to support the following projects, the items needed are :-

- (a) Sharing Hope: Rice, Cooking Oil, Biscuit, Canned Food, Milk Powder
- (b) Hygiene Kit to: Anti-bacterial soap, toothbrush and toothpaste

The people in the detention centre need essential items. In collaboration with Caritas Penang, the Parish would like to send 200 sets to the detention centre. Please drop the items in the basket below the Notice Board located near the Blessed Sacrament Chapel.

Contact: Roselyn 016-521 5027

### 5. Soap-making for Prisoners on 19 March 2023 (Sun) 9am to 1pm


Prison ministry will be organizing a session for soap-making to be sent to the prisoners. Contact Lilian 016-557 1964.

### 6. Blood Donation and Mobile Dental Checks on 25 March 2023, 9am to 3 pm

One pint of blood can save up to 3 lives. We encourage all those ages 17 to 60 years old, weighing above 45 kgs to come and donate for this meaningful cause.

Contact: Julia 017-343 6331 | June 017-866 2483

*“There is a hope of life to someone in your blood donation”*




**Eligibility to Donate Blood:**

- ☒ Age between 17 – 65 for regular donors / 17 – 60 for new donors (Individuals age 17 years are required to bring written consent from parents or guardian)
- ☒ Body weight above 45 kg
- ☒ In good physical and mental health with no chronic medical illness
- ☒ Not on long term medications
- ☒ Had enough sleep (more than 5 hours) the night prior to donation
- ☒ Had taken a meal prior to donation

*\*\*Note: Kindly bring your Identity Card and blood donor card (regular donors) on that day*

**“Make dental health your priority”**






**CALLING ALL ELIGIBLE PARTICIPANTS.  
ONE PINT OF BLOOD SAVE THREE LIVES.**

**DATE: 25TH MARCH 2023 (SATURDAY)**  
**TIME: 9.00AM - 3.00PM**  
**VENUE: CATHEDRAL OF THE HOLY SPIRIT HAL**  
**1 Tingkat Besi, Island Park,**  
**11600 Penang.**

IN COLLABORATION WITH:

- CARITAS DIOCESE OF PENANG
- UNIT PATOLOGI DAN DAERAH HOSPITAL PULAU PINANG
- BAHAGIAN PERGIGIAN PEJABAT KESIHATAN DAERAH TIMUR LAUT, PULAU PINANG



**2 IN 1 EVENT**

**BLOOD DONATION DRIVE AND FREE ORAL HEALTH SCREENING**

(MOBILE DENTAL CLINIC)

### 7. Love Squad

The Form 5 students who are preparing for their confirmation are animating the Lent Activities as part of their formation. Other than the daily personal reflections and Seeds of Hope project, they will also be distributing meals to the homeless at Lighthouse on 4 March 2023 and assisting with other projects.

Please support them and keep them in prayer.







A Retreat organized by  
Penang Diocesan Catechetical Commission



Date & time

Start: 22/4/2023 (Sat) 12pm

End: 24/4/2023 (Mon) 2pm

Venue

Minor Basilica of St Anne,  
Bukit Mertajam

English speaker: bro Michael Xavier

中文主讲人: 黃启升弟兄 (bro Mark Ng)

தமிழ் சொற்ப்பொழிவாளர்: bro Benedict Savarimuthu

Penceramah BM: Para Sister dari Putri Karmel



To register, please click on URL or scan QR code

<https://forms.gle/3zP66BXU9QV6iAqz5>



Individual registration fee **RM20.00\*** Registration deadline: 15/4/2023

**\*Meals provided, accommodation at own expense (pls refer to registration form)**

A retreat for all catechists (catechism and RCIA) of Penang Diocese to  
personally encounter Christ before sharing Christ with others.

Those discerning to be catechists are encouraged to sign up and participate.

For more information, please contact

Jeanne J Saw 016-455 4597 Deacon Clement Samuel 012-435 0566

