

# CHS BULLETIN

1, Tingkat Besi Satu,  
Island Park, 11600 Penang  
04-6584909 | 04-6566681  
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## Cathedral of the Holy Spirit



Parish Priest: Fr. Joachim Robert

Priest-in-Residence: Fr. Francis Anthony

### Get Connected With Us

We would love to connect with you!

Please follow us on our social media platforms and email for the latest updates on our events.

admin@holyspiritcathedral.com

holyspiritcathedral.com



CathedralOfTheHolySpiritPenang



chspenang



youtube.com/CHSPgTV

2023 THEME  
JUNE

SALT OF THE EARTH AND LIGHT OF THE WORLD:

**COMMUNION, PARTICIPATION AND MISSION**

DATE	TIME	ACTIVITY	MASSES IN THE PARISH
June 04 (Sun) Ex 34:4-6,8-9 2 Cor 13:11-13 John 3:16-18	8.00 am 10.30 am	MASS (M) MASS (E)	<b>THE MOST HOLY TRINITY, SOLEMNITY</b> No Livestream Livestream
June 05 (Mon)	6.40 am 7.00 am	Lauds MASS (E)	<b>St. Boniface, Bishop &amp; Matyr</b> No Livestream
June 06 (Tue)	6.40 am 7.00 am	Lauds MASS (E)	<b>St. Norbert, Bishop</b> No Livestream
June 07 (Wed)	6.10 pm 6.30 pm	Vespers MASS	No Livestream
June 08 (Thu)	6.10 pm 6.30 pm	Vespers MASS	No Livestream
June 09 (Fri)	6.10 pm 6.30 pm	Vespers MASS	<b>St. Ephrem, Deacon &amp; Doctor</b> No Livestream
June 10 (Sat)	6.40 am 7.00 am 5.00 pm 6.00 pm	Lauds MASS (E) Holy Hour MASS (E)	No Livestream Livestream
June 11 (Sun) Deut 8:2-3,14-16 1 Cor 10:16-17 John 6:51-58	8.00 am 10.30 am	MASS (M) MASS (E)	<b>THE MOST HOLY BODY AND BLOOD OF CHRIST (CORPUS CHRISTI), SOLEMNITY</b> No Livestream Livestream

### PARISH ACTIVITIES

June 04 (Sun)	12.00 pm	RCIA (English)	St Mark, Ground Floor, OIKOS
June 05 (Mon)	3.30 pm	Legion of Mary	
June 06 (Tue)	7.45 am	Christian Meditation	Blessed Sacrament Chapel Portico
June 08 (Thu)	5.00 pm		
June 08 (Thu)	8.00 pm	HSPG Prayer Meeting	St Michael, 2 <sup>nd</sup> Floor, OIKOS
June 10 (Sat)	4.00 pm	CEC (English)	OIKOS

Cathedral of the Holy Spirit, Penang

### BANNS OF MARRIAGE

June 24 (Sat)

11.00 am

Wedding Mass (English)  
Anthony Pereira a/I Richard & Priscilla Daisy Fernandez

### PARISH NEWS

#### THANK YOU FOR YOUR GENEROSITY

Offerings of Mass Intentions, financial giving of monthly tithing, love offerings or donations to the Parish can be made through online transfers to the following designated bank account:-

Online Payment for	Donations Mass Offering Hall Booking Wake Room Booking	Tithes	Sharing Hope Project Outreach Projects
Bank	<b>Public Bank Berhad</b>	<b>RHB Bank Berhad</b>	<b>RHB Bank Berhad</b>
Account Number	<b>309 3049812</b>	<b>20708 2000 39510</b>	<b>20708 2000 39928</b>
Account Name	Cathedral of the Holy Spirit	Cathedral of the Holy Spirit	Cathedral CHS

Email Bank-in-Slip to [admin@holyspiritcathedral.com](mailto:admin@holyspiritcathedral.com)

**Our Collection for 27 & 28 May 2023: RM 10,736.50**  
**2<sup>nd</sup> Collection on 03 & 04 June 2023 is for the poor and needy**

*"God loves a cheerful giver." – 2 Cor. 9:7*

#### 1. DEVOTIONS FOR SUNSET MASS ON SATURDAYS

WEEK	DATE / TIME	DEVOTIONS
2 <sup>nd</sup> Saturday	10 June 2023 / 5.00 pm	Holy Hour with Exposition of the Blessed Sacrament
3 <sup>rd</sup> Saturday	17 June 2023 / 5.30 pm	Praise & Worship
4 <sup>th</sup> Saturday	24 June 2023 / 5.30 pm	Novena to the Holy Spirit

#### 2. INFANT BAPTISM AT CHS FOR YEAR 2023

Infant Baptism will be held in the main church on the following Sundays at 12pm:-

**25 June | 23 July | 27 August | 24 September**

**22 October | 26 November | 24 December**

Please register at our Parish Office. There will be a pre-baptismal instruction and briefing for both parents and godparents.

#### 3. GLOWING EMBERS : LINE DANCING

It is fun, beneficial and everyone can do it. If you can walk, you can line dance. Join us on 2, 9, 16 and 22 June, 8.20am at St Mark classroom.

All are welcome.



#### 4. PRAYER, REFLECTION AND FELLOWSHIP | MOVIE AND FELLOWSHIP NIGHT "THE BIBLE"



CHS MOVIE NIGHT  
@ 8.15 - 10.00pm  
On Saturdays

Jun 10 - Jesus Mission & Betrayal  
Jul 15 - Jesus Passion & Acts

Venue: St Mark  
CHS Oikos classroom

Monthly on Saturdays from 8.15 pm to 10.00 pm. at St. Mark Classroom

June 10: Jesus Mission & Betrayal

July 15: Jesus Passion & Acts

Bulletin June 4<sup>th</sup>, 2023



## PARISH NEWS

### 5. RCIA (RITE OF CHRISTIAN INITIATION OF ADULTS) | 04 JUNE 2023

- Seeking more meaning in life?
- Interested to learn more about the Catholic Church?
- Been a Catholic for years and want a refresher?

RCIA, the Rite of Christian Initiation of Adults, is a programme available to adults who wish to become Catholics. RCIA is the place to ask questions and seek understanding. Our weekly Parish RCIA Inquiry sessions will begin on:

Date: 04 June 2023 (Sunday)

Time: 12.00 noon

Register through:

Parish Office: 04-6584909

Via link: <https://rb.gy/wg7zk>

Contact: Susie (016-4119595) or scan the QR code



### 6. GLOWING EMBERS MINISTRY/PDNEC:

#### TOTAL ABANDONMENT TO GOD'S WILL

Offering 5 weekly Tuesday sessions of video presentation by international speaker, Matthew Leonard:-

Date: 13, 20, 27 Jun & 4, 11 Jul 2023 (Tues)

Time/Venue: 9.30 am (registration),

10.00 am (session)

St Mark Classroom

Register 5 days prior via WhatsApp:

Lilian (016-453 7101)



#### June 13, 2023

#### Session 1: BEGINNING OUR SWEET SURRENDER

Realising that giving ourselves over to the Lord's perfect will is a gradual, step-by-step process of growth

#### Session 2: HOW CAN GOD PARTICIPATE IN EVIL

How to recognise the existence of terrible evil in the world with an all-loving, all-good, all-holy God

### 7. MUSINGS – OUR CHS WEEKLY REFLECTIONS

Has God answered your prayers? Did you call on the name of Jesus and He answered you (Jer 33:3)? **God still works miracles today.** Share your testimony that will draw us closer to our Lord. Please send your testimony to [chsmusings@gmail.com](mailto:chsmusings@gmail.com)

### 8. SHARING HOPE PROJECT

This project is to support families in need through monthly provision of essential items. You can contribute by donating: **Rice, Cooking Oil, Biscuit, Canned Food, Milk Powder**. Kindly place them in the basket in front of church office.

## DIOCESAN NEWS

### 1. 26TH NOTIFICATION & UPDATES IN THE DIOCESE OF PENANG

<https://www.pgdiocese.org/post/26th-notification-updates-in-the-diocese-of-penang>

## DIOCESAN NEWS

### 2. PENANG ISLAND DEANERY CORPUS CHRISTI CELEBRATION 2023 | 11 JUNE 2023

Theme: For A Synodal Church - Communion, Participation, Mission "Take, Break & Partake"

#### Eucharistic Celebration & Procession

After 4 years, we once again are able to walk with Jesus on the streets of George Town!

Date: Sunday, 11th June 2023

Program: 4.30pm Vespers;  
5.00pm Multi-Lingual Mass at Assumption Church followed by Procession to Church of Our Lady of Sorrows for Benediction. Fellowship dinner after Mass.



#### Holy Hour, Sessions & Exhibition

There will be Holy Hour, sessions and exhibitions on the Eucharist held throughout the Penang island parishes from 2nd June to 10th June.

PENANG ISLAND DEANERY CORPUS CHRISTI CELEBRATION				
PARISH / SEMINARY	DATE	TIME	EVENT	LANGUAGE
CHURCH OF DIVINE MERCY	2 JUNE	8.00 PM	HOLY HOUR	ENGLISH
	10 JUNE - 3.00 PM - 7.30 PM 11 JUNE - 8.00AM - 1.00PM		EXHIBITION	
CHURCH OF IMMACULATE CONCEPTION	8 JUNE	8.00 PM	HOLY HOUR + TALK	ENGLISH
	10 JUNE - 5.00PM - 8.00PM 11 JUNE - 7.30AM - 1.00PM		EUCARIST & RELICS EXHIBITION	GUIDED EXHIBITION
CHURCH OF RISEN CHRIST	9 JUNE	7.30 PM	HOLY HOUR + TALK	BAHASA MALAYSIA
CATHEDRAL OF HOLY SPIRIT	10 JUNE	5.00 PM	HOLY HOUR	ENGLISH
CITY PARISH - CHURCH OF OUR LADY OF SORROWS	9 JUNE	8.00 PM	HOLY HOUR + TALK	MANDARIN
CITY PARISH - CHURCH OF SAINT JOHN BRITTO	9 JUNE	8.00 PM	HOLY HOUR + TALK	TAMIL
COLLEGE GENERAL MAJOR SEMINARY	5 JUNE	7.30 PM	HOLY HOUR	ENGLISH

### 3. MISA KUDUS & FELLOWSHIP | PESTA KAAMATAN, GAWAI DAN KESYUKURAN 2023 | 18 JUNE 2023



## DIOCESAN NEWS

### 4. INTO THE DEEP 3 DAYS 2 NIGHTS RETREAT | 22 – 24 SEPTEMBER 2023

## INTO THE DEEP 3 days 2 nights Retreat INTO THE DEEP (Luke 5:4)

3 days 2 nights Retreat "INTO THE DEEP" By Agnes Lim, Formator for THM.

#### 1) Objectives :

To bring our Catholic's knowledge about The Blessed Trinity including Mother Mary, from the head (intellectual) to the heart (encounter).

#### 2) Desired Outcome :

Concrete encounters, feel, taste, hear and see with our faculties in our hearts the deep love of the Lord for us.

#### 3) Target Audience :

Those who desire to grow deeper in relationship with The Blessed Trinity.

#### 4) Key Topics :

- Introduction to THM-Triumph Heart of Mary and "Into the Deep".
- Briefing on the four chapters: Prayer, Silence, Solitude and Penance.
- Contemplative prayer taught by St John of the Cross, St Teresa of Avila & St Ignatius of Loyola.

#### 5) Follow Up (Optional) : Join the THM formation.

**Date :** 22<sup>nd</sup> September 2023 (Friday check in at 7pm, program starts at 8pm) to  
24<sup>th</sup> September 2023 (Sunday 5pm)

**Venue :** Minor Basilica of St Anne - Dormitory

**Cost :** RM250/pax

**Please transfer to :** CIMB Bank 7075122763 ONG SAIK CHING

**Closing date for registration :** 10<sup>th</sup> September 2023

**Please bring your own :** cutlery, cup, jacket, dress appropriately to attend mass

**Limited places. Registration will be closed earlier when the allotted place is full.**

**Remark:** We would like to inform you that under certain circumstances, with the inspiration of the Holy Spirit, the organizer has the right not to accept the registration of the relevant person without giving an explanation.

This is a RETREAT. There will be about 70 members from THM praying for you. Please give reverence to silence and prayer (assignments will be given). Please make advanced arrangement to avoid distraction. Let your friends and family know about your plans and request that they do not disturb you unless an emergency comes up. No phone call, going out or any other distractions. Instead, invite the Holy Spirit to bring you deeper in our listening posture.

Should you have further queries, please do not hesitate to contact :

Elizabeth Ng 017-4929896 (Chinese speaking)

Cecilia Choo 012-4732503 (English speaking)

#### Brief Profile of Ms Agnes Lim :

- Certified spiritual director, retreat master, pastoral formation programme (Siloam Programme) in Heart of Life at Yarra Theological University in Melbourne (2018).
- In collaboration with Fr Benedict Yee in retreat works since 2013.
- Forming Spiritual Formation groups in Penang, Kluang and JB. (Praying with scriptures using the 4 modules collaborated by Agnes and Fr Ben) since 2013.
- Giving Spiritual Direction (one to one) since 2013.
- Formator for the Triumph Heart of Mary (THM) since 2017.

## INTO THE DEEP 划向深处 3 天 2 夜避静 划到深处去 (路 5:4)

### 报名表格 Registration Form

个人资料 Personal Information	
姓名 Name	(华 Chinese) (英 English)
性别 Gender	男 Male / 女 Female
年龄 Age	
电邮地址 Email	
联络号码 Contact No.	
邀请人 (THM 兄弟姐妹的名字) I am invited by: (THM member's name)	
堂区 Parish	
会话语言 Language (Spoken)	英文 / 中文 / 中英双语 English / Mandarin / Bilingual
书写语言 Language (Written)	英文 / 中文 / 中英双语 English / Mandarin / Bilingual

Have you consulted a psychologist, psychiatrist, healing ministry or counselor in the past 3 years? 在过去的 3 年中, 您是否咨询过心理学家、精神科医生、医治事工或辅导员?

☐ Yes 是

☐ No 否

Have you experienced any spiritual-physical sickness in the past 3 years? 在过去的 3 年中, 您是否经历过任何属灵和身体的疾病?

☐ Yes 是

☐ No 否

### 我的承诺 My Commitment

递交报名表, 表示我承诺:

在这三天的避静期间, 我将保持静默和祈祷 (避免接听电话, 禁止外出, 并谢绝一切俗务)。我将祈求天主圣神带领我更深入地聆听。

By submitting my form, I commit to the following:

During these 3 days of retreat, I will give reverence to silence and prayer (No phone calls, no going out, no other distractions). I will invite the Holy Spirit to bring me deeper in my listening posture.

Should you have further queries, please do not hesitate to contact :

Elizabeth Ng 017-4929896 (Chinese speaking)

Cecilia Choo 012-4732503 (English speaking)

I agree to the commitments stated above and will follow it during the entire course of my retreat. 我同意上述承诺, 并将在整个避静期间遵守我的承诺。

☐ Agree 同意

☐ Disagree 不同意

All information provided must be truthful. If any information provided is found to be false, I will be removed or withdrawn from the retreat/formation. 以上提供的所有资料是确实的。如若主办单位发现任何虚假资料, 我将退出避静。

☐ Agree 同意

☐ Disagree 不同意