

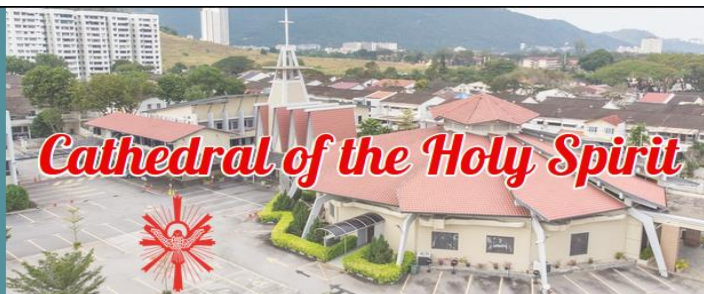
CHS BULLETIN



1, Tingkat Besi Satu,
Island Park, 11600 Penang



04-6584909 | 04-6566681
04-6564309 (FAX)



Cathedral of the Holy Spirit

Parish Priest: Fr. Joachim Robert

Priest-in-Residence: Fr. Francis Anthony

Get Connected With Us

We would love to connect with you!

Please follow us on our social media platforms and email for the latest updates on our events.

admin@holyspiritcathedral.com
holyspiritcathedral.com



CathedralOfTheHolySpiritPenang



chspenang



youtube.com/CHSPgTV

2023 THEME
JUNE

SALT OF THE EARTH AND LIGHT OF THE WORLD:
COMMUNION, PARTICIPATION AND MISSION

DATE	TIME	ACTIVITY	MASSES IN THE PARISH
June 11 (Sun) Deut 8:2-3,14-16 1 Cor 10:16-17 John 6:51-58	8.00 am 10.30 am	MASS (M) MASS (E)	THE MOST HOLY BODY AND BLOOD OF CHRIST (CORPUS CHRISTI), SOLEMNITY No Livestream Livestream
June 12 (Mon)	6.40 am 7.00 am	Lauds MASS (E)	No Livestream
June 13 (Tue)	6.40 am 7.00 am	Lauds MASS (E)	St. Anthony of Padua, Priest & Doctor No Livestream
June 14 (Wed)	6.10 pm 6.30 pm	Vespers MASS	No Livestream
June 15 (Thu)	6.10 pm 6.30 pm	Vespers I MASS	No Livestream
June 16 (Fri)	6.10 pm 6.30 pm	Vespers II MASS	Most Sacred Heart of Jesus, Solemnity No Livestream
June 17 (Sat)	6.40 am 7.00 am 5.30 pm 6.00 pm	Lauds MASS (E) Praise & Worship MASS (E)	The Immaculate Heart of the B.V.M. No Livestream Livestream
June 18 (Sun) Ex 19:2-6 Rom 5:6-11 Matt 9:36-10:8	8.00 am 10.30 am	MASS (M) MASS (E)	11TH SUNDAY IN ORDINARY TIME (YEAR A) / Father's Day No Livestream Livestream
BANNIS OF MARRIAGE			
June 24 (Sat)	11.00 am	Wedding Mass (English) Anthony Pereira a/I Richard & Priscilla Daisy Fernandez	

PARISH ACTIVITIES

June 11 (Sun)	12.00 pm	RCIA (English)	St Mark, Ground Floor, OIKOS
June 12 (Mon)	3.30 pm	Legion of Mary	
	8.30 pm	EHMC Recollection	Chapel
June 13 (Tue)	7.45 am	Christian Meditation	Blessed Sacrament Chapel Portico
June 15 (Thu)	5.00 pm		
June 17 (Sat)	4.00 pm	CEC (English)	OIKOS

PARISH NEWS

THANK YOU FOR YOUR GENEROSITY

Offerings of Mass Intentions, financial giving of monthly tithing, love offerings or donations to the Parish can be made through online transfers to the following designated bank account:-

Online Payment for	Donations Mass Offering Hall Booking Wake Room Booking	Tithes	Sharing Hope Project Outreach Projects
Bank	Public Bank Berhad	RHB Bank Berhad	RHB Bank Berhad
Account Number	309 3049812	20708 2000 39510	20708 2000 39928
Account Name	Cathedral of the Holy Spirit	Cathedral of the Holy Spirit	Cathedral CHS

Email Bank-in-Slip to admin@holyspiritcathedral.com

Our Collection for 03 & 04 June 2023: RM 7,836.40
2nd Collection for 03 & 04 June 2023: RM 7,317.60

"God loves a cheerful giver." – 2 Cor. 9:7

1. INFANT BAPTISM AT CHS FOR JUNE 2023

For parents who wish to have their child baptised, infant baptism will be held in the main church on Sunday, 25 June 2023 at 12 noon. Please register at the Parish Office. There will be a pre-baptismal instruction and briefing for both parents and godparents.

2. CHS ROOM BOOKINGS

- Block bookings – if there is a cancellation of any session, please be reminded to make changes / cancellations of your room booking date with the parish office.
- If the number of people at your ministry sessions become fewer over time, kindly proceed to change the bookings to another smaller room with the parish office.
- The printed-out notice of meeting / session sheets will no longer be pasted on the doors of the booked rooms – kindly refer to the notice board outside the Parish Office for the full schedule of the room bookings.

3. MUSINGS – OUR CHS WEEKLY REFLECTIONS

Has God answered your prayers? Did you call on the name of Jesus and He answered you (Jer 33:3)? **God still works miracles today.** Share your testimony that will draw us closer to our Lord. Please send your testimony to chsmusings@gmail.com

PARISH NEWS

4. GLOWING EMBERS : LINE DANCING

It is fun, beneficial and everyone can do it. If you can walk, you can line dance. Join us on 16 and 22 June, 8.20am at St Mark classroom.

All are welcome.



5. GLOWING EMBERS MINISTRY/PDNEC: TOTAL ABANDONMENT TO GOD'S WILL

Offering 5 weekly Tuesday sessions of video presentation by international speaker, Matthew Leonard:-

Date: 13, 20, 27 Jun & 4, 11 Jul 2023 (Tues)

Time/Venue: 9.30 am (registration),
10.00 am (session)
St Mark Classroom

Register 5 days prior via WhatsApp:
Lilian (016-453 7101)



June 13, 2023

Session 1: BEGINNING OUR SWEET SURRENDER

Realising that giving ourselves over to the Lord's perfect will is a gradual, step-by-step process of growth

Session 2: HOW CAN GOD PARTICIPATE IN EVIL

How to recognise the existence of terrible evil in the world with an all-loving, all-good, all-holy God

6. PRAYER, REFLECTION AND FELLOWSHIP | MOVIE AND FELLOWSHIP NIGHT "THE BIBLE"

Monthly on Saturdays from 8.15 pm to 10.00 pm. at St. Mark Classroom

July 15: Jesus Passion & Acts



PARISH NEWS

7. HYM BATTLE NIGHT: IMAGINARY GRAVITY – WHAT'S HOLDING YOU BACK? | 17 JUNE 2023

Hey, battle night is here again!! May has surely been a busy month for most of us!! Now, we welcome June with our amazing Battle Night, so come join us as we have fun and learn more about God!

This month's battle night topic will be "Imaginary Gravity - What's Holding You Back?" and it's definitely one you don't want to miss out on!

Date: 17th June 2023

Time: 8:30 pm – 10:30 pm

Venue: St. Michael – St Raphael (2nd Floor Old Classroom, OIKOS)

Program:

8:30 pm: Games

9:00 pm: Praise & Worship

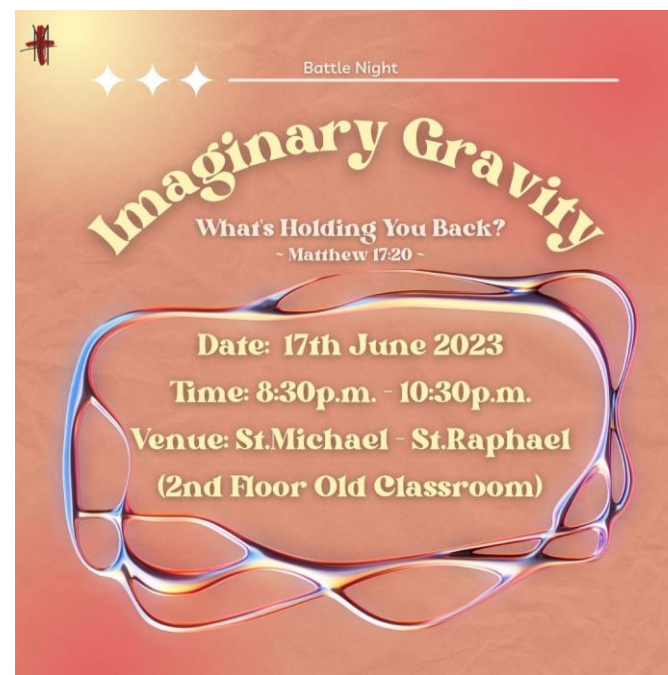
9:30 pm: Session

10:30 pm: End

If you have any questions, don't hesitate to reach out to our core team members:

Caitlin: +6016-421 5027

Jonathan: +6019-553 7506



8. SHARING HOPE PROJECT

This project is to support families in need through monthly provision of essential items. You can contribute by donating: **Rice, Cooking Oil, Biscuit, Canned Food, Milk Powder**
Kindly place them in the basket in front of church office.

DIOCESAN NEWS

1. **26TH NOTIFICATION & UPDATES IN THE DIOCESE OF PENANG**

<https://www.pgdiocese.org/post/26th-notification-updates-in-the-diocese-of-penang>

2. **PENANG ISLAND DEANERY CORPUS CHRISTI CELEBRATION 2023 | 11 JUNE 2023**

Theme: For A Synodal Church - Communion, Participation, Mission "Take, Break & Partake"

Eucharistic Celebration & Procession

After 4 years, we once again are able to walk with Jesus on the streets of George Town!

Date: Sunday, 11th June 2023

Program: 4.30pm Vespers;

5.00pm Multi-Lingual Mass at Assumption Church followed by Procession to Church of Our Lady of Sorrows for Benediction. Fellowship dinner after Mass.

Holy Hour, Sessions & Exhibition

There will be Holy Hour, sessions and exhibitions on the Eucharist held throughout the Penang island parishes.

Parish / Seminary	Date and Time	Event	Language
Church of Divine Mercy	10 June 2023 – 3.00 pm – 7.30 pm 11 June 2023 – 8.00 am – 1.00 pm	Exhibition	
Church of Immaculate Conception	10 June 2023 – 5.00 pm – 8.00 pm 11 June 2023 – 7.30 am – 1.00 pm	Eucharist & Relics Exhibition	Guided Exhibition

3. **MISA KUDUS & FELLOWSHIP | PESTA KAAMATAN, GAWAI DAN KESYUKURAN 2023** **18 JUNE 2023**

4. **CHARIS MALAYSIA YOUTH CONFERENCE | 29 JUNE TO 02 JULY 2023**

Date: 29 June 2023 to 2 July 2023

Venue: Minor Basilica of St. Anne, Penang

Recommended ages: 18 years to 35 years

For registration: <https://forms.gle/6aiExgbDbZJAefqG9>

Closing date for registration: 15 June 2023

For further enquiries please contact: John at 017-3436515 or Joyce at 014-3923410

DIOCESAN NEWS

5. **INTO THE DEEP 3 DAYS 2 NIGHTS RETREAT | 22 – 24 SEPTEMBER 2023**

INTO THE DEEP 3 days 2 nights Retreat **INTO THE DEEP** (Luke 5:4)

3 days 2 nights Retreat "INTO THE DEEP" By Agnes Lim, Formator for THM.

1) Objectives :

To bring our Catholic's knowledge about The Blessed Trinity including Mother Mary, from the head (intellectual) to the heart (encounter).

2) Desired Outcome :

Concrete encounters, feel, taste, hear and see with our faculties in our hearts the deep love of the Lord for us.

3) Target Audience :

Those who desire to grow deeper in relationship with The Blessed Trinity.

4) Key Topics :

- Introduction to THM-Triumph Heart of Mary and "Into the Deep".
- Briefing on the four chapters: Prayer, Silence, Solitude and Penance.
- Contemplative prayer taught by St John of the Cross, St Teresa of Avila & St Ignatius of Loyola.

5) Follow Up (Optional) : Join the THM formation.

Date : 22nd September 2023 (Friday check in at 7pm, program starts at 8pm) to 24th September 2023 (Sunday 5pm)

Venue : Minor Basilica of St Anne - Dormitory

Cost : RM250/pax

Please transfer to : CIMB Bank 7075122763 ONG SAIK CHING

Closing date for registration : 10th September 2023

Please bring your own : cutlery, cup, jacket, dress appropriately to attend mass

Limited places. Registration will be closed earlier when the allotted place is full.

Remark: We would like to inform you that under certain circumstances, with the inspiration of the Holy Spirit, the organizer has the right not to accept the registration of the relevant person without giving an explanation.

This is a RETREAT. There will be about 70 members from THM praying for you. Please give reverence to silence and prayer (assignments will be given). Please make advanced arrangement to avoid distraction. Let your friends and family know about your plans and request that they do not disturb you unless an emergency comes up. No phone call, going out or any other distractions. Instead, invite the Holy Spirit to bring you deeper in our listening posture.

Should you have further queries, please do not hesitate to contact :

Elizabeth Ng 017-4929896 (Chinese speaking)

Cecilia Choo 012-4732503 (English speaking)

Brief Profile of Ms Agnes Lim :

- Certified spiritual director, retreat master, pastoral formation programme (Siloam Programme) in Heart of Life at Yarra Theological University in Melbourne (2018).
- In collaboration with Fr Benedict Yee in retreat works since 2013.
- Forming Spiritual Formation groups in Penang, Kluang and JB. (Praying with scriptures using the 4 modules collaborated by Agnes and Fr Ben) since 2013.
- Giving Spiritual Direction (one to one) since 2013.
- Formator for the Triumph Heart of Mary (THM) since 2017.

INTO THE DEEP 划向深处 3 天 2 夜避静

划到深处去 (路 5:4)

报名表格 Registration Form

个人资料 Personal Information	
姓名 Name	(华 Chinese) (英 English)
性别 Gender	男 Male / 女 Female
年龄 Age	
电邮地址 Email	
联络号码 Contact No.	
邀请人 (THM 兄弟姐妹的名字)	
I am invited by: (THM member's name)	
堂区 Parish	
会话语言 Language (Spoken)	英文 / 中文 / 中英双语 English / Mandarin / Bilingual
书写语言 Language (Written)	英文 / 中文 / 中英双语 English / Mandarin / Bilingual

Have you consulted a psychologist, psychiatrist, healing ministry or counselor in the past 3 years? 在过去的 3 年中, 您是否咨询过心理学家、精神科医生、医治事工或辅导员?

☐ Yes 是 ☐ No 否

Have you experienced any spiritual-physical sickness in the past 3 years? 在过去的 3 年中, 您是否经历过任何属灵和身体的疾病?

☐ Yes 是 ☐ No 否

我的承诺 My Commitment

递交报名表格, 表示我承诺:

在这三天的避静期间, 我将保持静默和祈祷 (避免接听电话, 禁止外出, 并谢绝一切俗务)。我将祈求天主圣神带领我更深入地聆听。

By submitting my form, I commit to the following:

During these 3 days of retreat, I will give reverence to silence and prayer (No phone calls, no going out, no other distractions). I will invite the Holy Spirit to bring me deeper in my listening posture.

Should you have further queries, please do not hesitate to contact :

Elizabeth Ng 017-4929896 (Chinese speaking)

Cecilia Choo 012-4732503 (English speaking)

I agree to the commitments stated above and will follow it during the entire course of my retreat. 我同意上述承诺, 并将在整个避静期间遵守我的承诺。

☐ Agree 同意

☐ Disagree 不同意

All information provided must be truthful. If any information provided is found to be false, I will be removed or withdrawn from the retreat/formaton. 以上提供的所有资料是确实的。如若主办单位发现任何虚假资料, 我将退出避静。

☐ Agree 同意

☐ Disagree 不同意