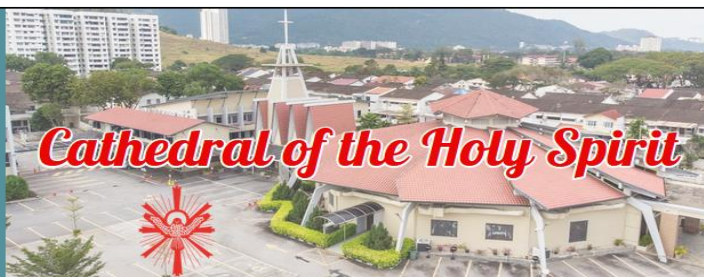


CHS BULLETIN

1, Tingkat Besi Satu,
Island Park, 11600 Penang
04-6584909 | 04-6566681
04-6564309 (FAX)



Cathedral of the Holy Spirit

Parish Priest: Fr. Joachim Robert

Priest-in-Residence: Fr. Francis Anthony

Get Connected With Us

We would love to connect with you!

Please follow us on our social media platforms and email for the latest updates on our events.

✉ admin@holyspiritcathedral.com

🌐 holyspiritcathedral.com



CathedralOfTheHolySpiritPenang



chspenang



youtube.com/CHSPgTV

2023 THEME
JUNE

SALT OF THE EARTH AND LIGHT OF THE WORLD:
COMMUNION, PARTICIPATION AND MISSION

DATE	TIME	ACTIVITY	MASSES IN THE PARISH
June 25 (Sun) Jer 20:10-13 Rom 5:12-15 Matt 10:26-33	8.00 am 10.30 am	MASS (M) MASS (E)	12TH SUNDAY IN ORDINARY TIME (YEAR A) No Livestream Livestream
June 26 (Mon)	6.40 am 7.00 am	Lauds MASS (E)	No Livestream
June 27 (Tue)	6.40 am 7.00 am	Lauds MASS (E)	St. Cyril of Alexandria, Bishop & Doctor No Livestream
June 28 (Wed)	6.10 pm 6.30 pm	Vespers MASS	Sts. Peter and Paul, Apostles, Solemnity, Vigil St. Irenaeus, Bishop, Doctor, Martyr No Livestream
June 29 (Thu)	6.10 pm 6.30 pm	Vespers MASS	Sts. Peter and Paul, Apostles, Solemnity No Livestream
June 30 (Fri)	6.10 pm 6.30 pm	Vespers MASS	The First Martyrs of the See of Rome No Livestream
July 01 (Sat)	6.40 am 7.00 am 5.30 pm 6.00 pm	Lauds MASS (E) Novena to OMPH MASS (E)	No Livestream Livestream
July 02 (Sun) 2 Kgs 4:11,13-16 Rom 6:3-4,8-11 Matt 10:37-42	8.00 am 10.30 am	MASS (M) MASS (E)	13TH SUNDAY IN ORDINARY TIME (YEAR A) No Livestream Livestream
PARISH ACTIVITIES			
June 25 (Sun)	12.00 pm	RCIA (English)	St Mark, Ground Floor, OIKOS Building
June 26 (Mon)	3.30 pm	Legion of Mary	
June 27 (Tue)	7.45 am	Christian Meditation	
June 29 (Thu)	5.00 pm		Blessed Sacrament Chapel Portico

BANNS OF MARRIAGE

July 08 (Sat)	11.00 am	Wedding Service (English) Edric Lee Chin Hon & Dawn Lim Way Lynn
July 08 (Sat)	3.00 pm	Wedding Service (English) William Chang Yoon Shun & Ruby Sun Ching Man

PARISH NEWS

THANK YOU FOR YOUR GENEROSITY

Offerings of Mass Intentions, financial giving of monthly tithing, love offerings or donations to the Parish can be made through online transfers to the following designated bank account:-

Online Payment for	Donations Mass Offering Hall Booking Wake Room Booking	Tithes	Sharing Hope Project Outreach Projects
Bank	Public Bank Berhad	RHB Bank Berhad	RHB Bank Berhad
Account Number	309 3049812	20708 2000 39510	20708 2000 39928
Account Name	Cathedral of the Holy Spirit	Cathedral of the Holy Spirit	Cathedral CHS

Email Bank-in-Slip to admin@holyspiritcathedral.com

Our Collection for 17 & 18 June 2023: RM 8,472.20

"God loves a cheerful giver." – 2 Cor. 9:7

1. DEVOTIONS FOR SUNSET MASS ON SATURDAYS

WEEK	DATE / TIME	DEVOTIONS
1 st Saturday	01 July 2023 / 5.30 pm	Novena to Our Mother of Perpetual Help
2 nd Saturday	08 July 2023 / 5.30 pm	Silent Adoration
3 rd Saturday	15 July 2023 / 5.30 pm	Praise & Worship
4 th Saturday	22 July 2023 / 5.30 pm	Novena to the Holy Spirit
5 th Saturday	29 July 2023 / 5.30 pm	Rosary

2. INFANT BAPTISM AT CHS FOR JULY 2023

For parents who wish to have their child baptised, infant baptism will be held in the main church on Sunday, 23 July 2023 at 12 noon.

Please register at the Parish Office. There will be a pre-baptismal instruction and briefing for both parents and godparents.

3. CHS ROOM BOOKINGS

From 1 July 2023, any bookings for the Chapel, Church, rooms, hall, old café and new care, if sent by email, should be forwarded to this email address:-

andrewloh@holyspiritcathedral.com

PARISH NEWS

4. GLOWING EMBERS MINISTRY / PDNEC: TOTAL ABANDONMENT TO GOD'S WILL

Offering 5 weekly Tuesday sessions of video presentation by international speaker, Matthew Leonard:-

Date: 27 June 2023 (Tues)
Venue: St Mark Classroom, OIKOS
Time: 9.30 am (registration)
10.00 am (session)

To register, please WhatsApp:
Lilian (016-453 7101)

27 June 2023

Session 5: WHEN ABANDONMENT GETS MESSY

The more we abandon ourselves to God, the more we understand the reality that we are completely powerless without His grace.

Session 6: SURRENDERING OUR MEMORY

Jesus ties of forgiveness to our ability in our desire to forgive others.

04 July 2023: The difficult surrender of obedience. Trustful surrender to the church

11 July 2023: The Old Testament obedience of faith. Total surrender through Christ



5. PRAYER, REFLECTION AND FELLOWSHIP MOVIE AND FELLOWSHIP NIGHT "THE BIBLE"

Monthly on Saturdays from 8.15 pm to 10.00 pm. at St. Mark Classroom, OIKOS Building

July 15 2023: Jesus Passion & Acts



6. SHARING HOPE PROJECT

This project is to support families in need through monthly provision of essential items. You can contribute by donating:

Rice, Cooking Oil, Biscuit, Canned Food, Milk Powder

Kindly place them in the basket in front of church office.

7. MUSINGS - OUR CHS REFLECTIONS

Has God answered your prayers? Did you call on the name of Jesus and He answered you (Jer 33:3)? **God still works miracles today.** Share your testimony that will draw us closer to our Lord. Please send your testimony to chsmusings@gmail.com

PARISH NEWS

8. CHS PARISH FORMATION TEAM: FIRST CORINTHIANS | 12 AUGUST - 24 OCTOBER 2023

Calling all parishioners involved in Church services, come enrol in this Bible study on First Corinthians.

Learn from St Paul:

- What it means to be a servant of God
- How to grow in virtue and enhance your spiritual gifts
- How to deal with conflict in ministry
- How to live a Spirit-filled life in a modern, worldly and godless environment.

Register online through the link as in the poster or through WhatsApp messages provided through your BEC leaders.

EXPLORE HOW TO LIVE AS A CHRISTIAN
IN THE MIDST OF A PAGAN CULTURE IN

First Corinthians

AN 11-PART BIBLE STUDY FEATURING
TIM GRAY

THE GREAT ADVENTURE
A

Dates - Times - Location

Starts: 12th August 2023
Ends: 28th October 2023
Time: 10.00am - 11.30am
Venue: St Augustin Auditorium,
Oikos Building Level 2,
Cathedral of the Holy Spirit, Pg (CHS)
Duration: 11 Saturdays

Cost - Registration

Free
Register via
<https://tinyurl.com/chsfirstcorinthians>

For More Information

Please call
Ignatius: 012 4184123
Bernard: 016 4117675

St. Paul's first letter to the Corinthians addresses many of the same topics in the news headlines today: scandals, promiscuity, debates and controversies, and issues related to prosperity versus poverty. Clearly, the struggles faced by the early Christians are in many ways similar to our own.

First Corinthians: The Church and the Christian Community explores the key elements of the gospel message that Paul introduced to a new and growing Church. Presenter Tim Gray examines Paul's advice for living an authentic Christian life in a pagan culture, as well as his teachings about the nature of grace, the Church as the body of Christ, and the most powerful gift of all—the Eucharist.

"This study has given me a renewed love of the Word, a desire to learn more, and most of all a closeness to Jesus that I have not experienced before."

—Linda F.

Visit ascensionpress.com to learn more!

DIOCESAN NEWS

1. **ONLINE STUDY OF DIRECTORY FOR CATECHESIS | 12 JULY 2023**

The Penang Diocesan Catechetical Commission (PDCC) is organising a 7 monthly online study of the new Directory for Catechesis and it is open to all Catholics. It will start on 12 July 2023.

For registration:

<https://forms.gle/VYRAGuuRxd2WTQJP7>

Closing date for registration is 30 June 2023.

Directory for CATECHESIS
ONLINE STUDY
 7 Monthly Sessions Starting in July 2023
 zoom
CALLING OUT TO ALL CATHOLICS!
 Register by 30th June (Fri)

SPEAKERS

DEACON CLEMENT SAMUEL

DR STEVEN SELVARAJU

FR DESMOND JANSEN

BERNADETTE TEH

FR JOSEPH STEPHEN, CSSR

DIOCESAN NEWS

2. **MISSION POSSIBLE CHARITY RUN 2023 | 30 SEPTEMBER 2023**

Mount Miriam Cancer Hospital is bringing back their signature charity run (non-virtual ver.) after 3 years. This is the hospital's second fundraising event of the year. All proceeds from this event will be channelled to Tabung Kebajikan Penyakit Kanser Mount Miriam to subsidise the treatment fee of cancer patients who are financially challenged.

The theme of the run is 'Mission Possible'. The run also aims to raise cancer awareness among the community. The registration is now open! Mount Miriam team will be visiting our church Cathedral of Holy Spirit to promote the run on 24th & 25th June 2023.

If you are interested or have any enquiry, kindly look for Cheryl Tan. Parishioners who register with Cheryl are entitled to register at a special fee – RM45.

Mission Possible Charity Run 2023
 To Raise Funds for Mount Miriam Cancer Patients

Flag-Off **Sat 30th** 7 AM • 5 KM
 Sept

Straits Quay
 Penang

Special registration promo for parishioners RM45

All proceeds raised will be channelled to Mount Miriam Cancer Welfare Fund

* Mount Miriam team will be visiting the parish on 24/6/2023 & 25/6/2023 to promote this run. All parishioners who register on the day of the visit or with Cheryl Tan (010-946 1018) is entitled to this special price.

* Normal online registration rate is RM50 from now until 15th July, while registration from 16th July until closing date, the rate is at RM55.

Entitlements:
 1 Dri-fit T-Shirt + Medal

For More Info

By The Community, For The Community

For Enquiry: Cheryl 010-946 1018 | Priscillia 016-214 8816 | cr@mountmiriam.com

DIOCESAN NEWS

3. INTO THE DEEP 3 DAYS 2 NIGHTS RETREAT | 22 - 24 SEPTEMBER 2023

INTO THE DEEP 3 days 2 nights Retreat INTO THE DEEP (Luke 5:4)

3 days 2 nights Retreat "INTO THE DEEP" By Agnes Lim, Formator for THM.

1) Objectives :

To bring our Catholic's knowledge about The Blessed Trinity including Mother Mary, from the head (intellectual) to the heart (encounter).

2) Desired Outcome :

Concrete encounters, feel, taste, hear and see with our faculties in our hearts the deep love of the Lord for us.

3) Target Audience :

Those who desire to grow deeper in relationship with The Blessed Trinity.

4) Key Topics :

- Introduction to THM-Triumph Heart of Mary and "Into the Deep".
- Briefing on the four chapters: Prayer, Silence, Solitude and Penance.
- Contemplative prayer taught by St John of the Cross, St Teresa of Avila & St Ignatius of Loyola.

5) Follow Up (Optional) : Join the THM formation.

Date : 22nd September 2023 (Friday check in at 7pm, program starts at 8pm) to 24th September 2023 (Sunday 5pm)

Venue : Minor Basilica of St Anne - Dormitory

Cost : RM250/pax

Please transfer to : CIMB Bank 7075122763 ONG SAIK CHING

Closing date for registration : 10th September 2023

Please bring your own : cutlery, cup, jacket, dress appropriately to attend mass

Limited places. Registration will be closed earlier when the allotted place is full.

Remark: We would like to inform you that under certain circumstances, with the inspiration of the Holy Spirit, the organizer has the right to accept the registration of the relevant person without giving an explanation.

This is a RETREAT. There will be about 70 members from THM praying for you. Please give reverence to silence and prayer (assignments will be given). Please make advanced arrangement to avoid distraction. Let your friends and family know about your plans and request that they do not disturb you unless an emergency comes up. No phone call, going out or any other distractions. Instead, invite the Holy Spirit to bring you deeper in our listening posture.

Should you have further queries, please do not hesitate to contact :

Elizabeth Ng 017-4929896 (Chinese speaking)

Cecilia Choo 012-4732503 (English speaking)

Brief Profile of Ms Agnes Lim :

- Certified spiritual director, retreat master, pastoral formation programme (Siloam Programme) in Heart of Life at Yarra Theological University in Melbourne (2018).
- In collaboration with Fr Benedict Yee in retreat works since 2013.
- Forming Spiritual Formation groups in Penang, Kluang and JB. (Praying with scriptures using the 4 modules collaborated by Agnes and Fr Ben) since 2013.
- Giving Spiritual Direction (one to one) since 2013.
- Formator for the Triumph Heart of Mary (THM) since 2017.

INTO THE DEEP 划向深处 3 天 2 夜避静 划到深处去 (路 5:4)

报名表格 Registration Form

个人资料 Personal Information	
姓名 Name	(华 Chinese) (英 English)
性别 Gender	男 Male / 女 Female
年龄 Age	
电邮地址 Email	
联络号码 Contact No.	
邀请人 (THM 兄弟姐妹的名字) I am invited by: (THM member's name)	
堂区 Parish	
会话语言 Language (Spoken)	英文 / 中文 / 中英双语 English / Mandarin / Bilingual
书写语言 Language (Written)	英文 / 中文 / 中英双语 English / Mandarin / Bilingual

Have you consulted a psychologist, psychiatrist, healing ministry or counselor in the past 3 years? 在过去的 3 年中, 您是否咨询过心理学家、精神科医生、医治事工或辅导员?

☐ Yes 是 ☐ No 否

Have you experienced any spiritual-physical sickness in the past 3 years? 在过去的 3 年中, 您是否经历过任何属灵和身体的疾病?

☐ Yes 是 ☐ No 否

我的承诺 My Commitment

递交报名表格, 表示我承诺:

在这三天的避静期间, 我将保持静默和祈祷 (避免接听电话, 禁止外出, 并谢绝一切俗务)。我将祈求天主圣神带领我更深入地聆听。

By submitting my form, I commit to the following:

During these 3 days of retreat, I will give reverence to silence and prayer (No phone calls, no going out, no other distractions). I will invite the Holy Spirit to bring me deeper in my listening posture.

Should you have further queries, please do not hesitate to contact :

Elizabeth Ng 017-4929896 (Chinese speaking)

Cecilia Choo 012-4732503 (English speaking)

I agree to the commitments stated above and will follow it during the entire course of my retreat. 我同意上述承诺, 并将在整个避静期间遵守我的承诺。

☐ Agree 同意 ☐ Disagree 不同意

All information provided must be truthful. If any information provided is found to be false, I will be removed or withdrawn from the retreat/formation. 以上提供的所有资料是确实的。如若主办单位发现任何虚假资料, 我将退出避静。

☐ Agree 同意 ☐ Disagree 不同意