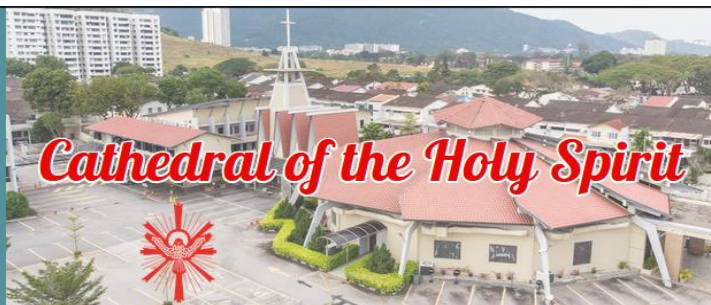


CHS BULLETIN

1, Tingkat Besi Satu,
Island Park, 11600 Penang
04-6584909 | 04-6566681
04-6564309 (FAX)



Cathedral of the Holy Spirit

Parish Priest: Fr. Joachim Robert

Priest-in-Residence: Fr. Francis Anthony

Get Connected With Us

We would love to connect with you!

Please follow us on our social media platforms and email for the latest updates on our events.

admin@holyspiritcathedral.com
holyspiritcathedral.com

CathedralOfTheHolySpiritPenang
chспенang
youtube.com/CHSPgTv

2023 THEME
AUGUST

SALT OF THE EARTH AND LIGHT OF THE WORLD:
COMMUNION, PARTICIPATION AND MISSION

DATE	TIME	ACTIVITY	MASSES IN THE PARISH
Aug 20 (Sun) <i>Is 56:1,6-7 Rom 11:13-15,29-32 Matt 15:21-28</i>	8.00 am 10.30 am	MASS (M) MASS (E)	20 TH SUNDAY IN ORDINARY TIME (YEAR A) No Livestream Livestream
Aug 21 (Mon)	6.40 am 7.00 am	Lauds MASS (E)	St. Pius X, Pope No Livestream
Aug 22 (Tue)	6.40 am 7.00 am	Lauds MASS (E)	The Queenship of the Blessed Virgin Mary No Livestream
Aug 23 (Wed)	6.10 pm 6.30 pm	Vespers MASS (E)	St. Rose of Lima, Virgin No Livestream
Aug 24 (Thu)	6.10 pm 6.30 pm	Vespers MASS (E)	St. Bartholomew, Apostle, Feast No Livestream
Aug 25 (Fri)	6.30 pm	MASS (E) followed by Holy Hour (Taize)	St. Louis / St. Joseph Calasanz, Priest No Livestream
Aug 26 (Sat)	6.40 am 7.00 am 5.30 pm 6.00 pm	Lauds MASS (E) Novena to the HS MASS (E)	No Livestream Livestream
Aug 27 (Sun) <i>Is 22:19-23 Rom 11:33-36 Matt 16:13-20</i>	8.00 am 10.30 am	MASS (M) MASS (E)	20 TH SUNDAY IN ORDINARY TIME (YEAR A) 1 st Holy Communion No Livestream Livestream
BANNIS OF MARRIAGE			
Aug 26 (Sat)	3.00 pm	Wedding Mass (English) for Terence John Fernandez & Felicia Joyce	

PARISH ACTIVITIES

Aug 20 (Sun)	12.00 pm	RCIA (English)	St. Mark, Ground Floor, OIKOS Building
	1.30 pm	Parish Pastoral Assembly	Dewan Holy Spirit
Aug 21 (Mon)	3.30 pm	Legion of Mary	
Aug 23 (Wed)	8.00 pm	Tamil Apostolate Charismatic Prayer Group Praise & Worship	St. Michael, 2 nd Floor, OIKOS
Aug 24 (Thu)	5.00 pm	Christian Meditation	Blessed Sacrament Chapel Portico
	8.00 pm	HSPG Prayer Meeting	St. Michael, 2 nd Floor, OIKOS
Aug 26 (Sat)	10.00 am	First Corinthians Bible Study	St. Augustine Auditorium, 2 nd Floor, OIKOS

PARISH NEWS

THANK YOU FOR YOUR GENEROSITY

Offerings of Mass Intentions, financial giving of monthly tithing, love offerings or donations to the Parish can be made through online transfers to the following designated bank account:-

Online Payment for	Donations Mass Offering Hall Booking Wake Room Booking	Tithes	Sharing Hope Project Outreach Projects
Bank	Public Bank Berhad	RHB Bank Berhad	RHB Bank Berhad
Account Number	309 3049812	20708 2000 39510	20708 2000 39928
Account Name	Cathedral of the Holy Spirit	Cathedral of the Holy Spirit	Cathedral CHS

Email Bank-in-Slip to admin@holyspiritcathedral.com

Our Collection on 12 & 13 August 2023: RM 8,238.30
Assumption of the BVM Collection on 14 & 15 August 2023: RM 3,658.10

"God loves a cheerful giver." – 2 Cor. 9:7

1. CHS PARISH PASTORAL ASSEMBLY 2023 | 20 AUGUST 2023

CHS Parish Pastoral Assembly will take place on Sunday, 20 August 2023, from 1.30pm to 5.30pm. The parish would like to encourage all parishioners to participate in the Assembly, for us to journey together towards the Synod. We particularly request for all ministry members, especially the coordinators and core team members to give priority and set aside the above date for the Assembly.

2. SHARING HOPE PROJECT

This project is to support families in need through monthly provision of essential items. You can contribute by donating: **Rice, Cooking Oil, Biscuit, Canned Food, Milk Powder**. Kindly place them in the basket in front of church office.

3. MUSINGS – OUR CHS REFLECTIONS

Has God answered your prayers? Did you call on the name of Jesus and He answered you (*Jer 33:3*)? **God still works miracles today.** Share your testimony. You may submit your testimony in a 'sealed' envelope marked 'CHS Musings' to Parish Office, email to chsmusings@gmail.com or scan this QR code to submit via link: <https://bit.ly/chsmusings>.

We welcome English, Chinese, Bahasa Malaysia and Tamil testimonies.



4. CHS INSPIRATION GROUP - MERDEKA TEA-TIME GATHERING | 31 AUGUST 2023

CHS Inspiration Group would like to invite parents/guardians with special needs children, teens or young adults to a Tea-Time Gathering on Merdeka Day from 3.30 pm to 5.30 pm. To register :

<https://bit.ly/chsinspiration2023>

There will be games organized by the Youth from HYM and activities by a Team of Volunteers for the children, teens and young adults, while parents/guardians have their tea-break. Snacks will be prepared and you are most welcomed to bring along some finger food. Let us come and support one another.

5. CHS TAMIL APOSTOLATE CHARISMATIC PRAYER GROUP PRAISE & WORSHIP

CHS Tamil Apostolate Charismatic Prayer Group conducts Praise and Worship in Tamil **every Wednesday from 8pm to 9.30pm**, 2nd Floor (St Michael Room) followed by refreshments at the Café. From children to adults, all are welcome to praise God in one voice. For more information, you may contact: Jonathan (012-456 7142) or Alice Anthony (016-437 7190)

6. PRAYER, REFLECTION AND FELLOWSHIP MOVIE AND FELLOWSHIP NIGHT

Date: Monthly on Saturdays

Venue: St. Mark Classroom, OIKOS Building

Date	Time	Movie
26 August 2023	8.15 pm – 10.30 pm	Restless Heart - The Confessions of Augustine
23 September 2023	8.15 pm – 10.15 pm	Breakthrough
21 October 2023	8.15 pm – 10.15 pm	Esther – One Night with the King

7. GLOWING EMBERS MINISTRY : LINE DANCING | SEPTEMBER 2023

Jom ! Let's learn to line dance and have fun. No previous experience required. Just know which foot is left versus right; and how to count to 8. Parishioners of all ages are welcome.

From September : Mondays, 6:30 pm - 7.30pm

Venue: St. Clare Classroom

8. SEASON OF CREATION / GLOWING EMBERS MINISTRY: UP-CYCLE PROJECT

Turn your non-biodegradable sachets and packets into usable items like placemats, coasters and baskets.

Attend all 3 Workshops to take you through the whole process:-

Date: 5, 12, 19 September 2023

Time: 10 am – 12 noon, St. Mark Classroom

Registration: WhatsApp Lilian (016-453 7101)

For those wishing to donate your non-biodegradable sachets and packets (not smaller than 8cmx 6cm), do clean and dry them before dropping them in the basket in front of the parish office.

9. SPIRITUAL BOUQUET: BLESSED VIRGIN MARY'S BIRTHDAY | 8 SEPTEMBER 2023

To celebrate Blessed Virgin Mary, our mother's birthday, we would like to offer a spiritual bouquet comprising of continuous Rosary prayers throughout the day. We welcome you to join us in reciting the beautiful Rosary prayer on the time of your choosing. Kindly share with us the time you wish to pray the Rosary by filling in this google form:

<https://docs.google.com/forms/d/e/1FAIpQLServPfTp2KaarBpEPqgt1JffkVRL3r5sQbHdz5LxodfVaJQg/viewform>



10. CHS MEDITATION GROUP: CHRISTIAN MEDITATION | 06 SEPTEMBER 2023

Penang Harmony Corp (HARMONICO) is organising the Penang Harmony Celebration 2023 – Celebrating Harmony in Diversity in conjunction with Hari Merdeka, Malaysia Day and the International Day of Peace (IPD) which is observed each year on the 21 September, worldwide. One of the programmes is MEDITATE 21, which aims to feature a series of meditations from religious and non-religious organisations.

The Cathedral of the Holy Spirit (CHS) will be partnering HARMONICO to host a meditation session representing the Catholic faith practice.

CHS Meditation Group in collaboration with WCCM-Malaysia will facilitate the session on Christian Meditation (The John Main Tradition) on 6 September 2023 at 7.30pm in CHS, Penang at the St. Mark and St. Luke rooms, OIKOS, Ground Floor.

Come and join us together with other non-Catholic and Non-Christian groups to pray and meditate together for the peace and harmony in our society and the world.

For enquiries, please contact:-

Victoria Labrooy (011-1148 7528) or Bernard Capel (016-411 7675).

11. PARISH PRIEST AWAY | 10 – 23 SEPTEMBER 2023

Fr Joachim Robert will be away from 10 – 23 September. If there are matters that require Fr Joachim's attention, kindly contact parish office for appointments prior to the schedule above.

12. ORDINATION TO PERMANENT DEACON | 17 SEPTEMBER 2023

It is with great joy to share that Andrew Loh will be ordained a Permanent Deacon on 17 September 2023.

We are arranging buses at RM20 per person to go to the Minor Basilica of St Anne to join in the celebration. Kindly provide your details to the parish office if you would like to take the bus. Seats are limited so please do book early.

13. FROM ME TO YOU ~ PRAYERS FROM THE HEART

'From Me to You ~ Prayers from the Heart' is an initiative of the Cathedral of the Holy Spirit to compile a collection of personal prayers composed by parishioners for parishioners. This Prayer Book will be published in three languages, English, Chinese and Tamil.

1. You may submit more than one prayer. Please submit one prayer per form.
2. Please limit your prayer to **250 words**.
3. Deadline for prayer submission: **31 August 2023**

Click on the QR Code or this link to submit your personal prayers online:

<https://bit.ly/prayersfrmheart>

Alternatively, you can drop your hardcopy personal prayers into the dropbox located in front of the Parish Office (near the Holy Water dispenser). Hardcopy forms can be obtained from the respective BEC Zone Leaders.

Disclaimer:

- The Prayers from the Heart Committee reserves the right to edit your prayers.
- Any prayers which are not original or are from some publications will not be accepted for the Prayer Book.
- Prayers that are not selected for the Prayer Book may be used for other Parish Projects.
- We accept multi-lingual submissions ie English, Chinese and Tamil.
- In the interest of privacy, we do not require your name or contact number.



Line dancing

SEPTEMBER
Mondays
6.30pm to
7.30pm
St Clare
Classroom



Easy, fun
dance
steps.
All
are
welcome.

Upcycle non-biodegradable
packets into usable items.



Workshop on
5 | 12 | 19 Sept
10am – 12 noon
St Mark
Classroom

Season of
Creation 2023



INSPIRATION TEA-TIME GATHERING

Inviting all parents / guardians with special
needs children, teens & young adults to join us!

Date : 31 August 2023 (Merdeka Thursday)

Time : 3.30 pm to 5.30 pm

Venue : St. Mark classroom

Activities - Games & activities for children, teens & young adults

- Tea break for parents / guardians



CONTACT
JO ANNE 012-480 0861



Scan me
to register

CATHOLIC CHURCH

CHRISTIAN MEDITATION (JOHN MAIN TRADITION)

BY CATHEDRAL OF THE HOLY SPIRIT

**CATHEDRAL OF THE HOLY SPIRIT, TINGKAT
BESI 1, ISLAND PARK,
11600 PENANG**

**(Wednesday)
6 Sept 2023
7:30PM – 9:00PM**

SCAN TO REGISTER:

We welcome you to join us in a
prayer of the heart – a surrender of
all thoughts, images and words –
allowing the divine presence within
us to transform us. Session will be
carried out in English.

www.harmonico.my/meditate21

DIOCESAN NEWS

1. MARRIAGE ENCOUNTER (STAY-IN 3D2N) | 20 – 22 OCTOBER 2023

Uncover the secrets to a lasting,
supportive, transformational
marriage!

Live your best life in Love!

Thriving Together!



Scan Me

Date : 20th to 22nd Oct 2023 – ENGLISH
(Stay-In 3d2n)

Venue : Domus, Minor Basilica of St. Anne,
Bukit Mertajam

Registration Fee : RM50 per couple

Closing Date : 15-Sep-2023

Contact : Martin & Rose Kang
012-504 5890 / 016-441 6911
Rouven & Anna
012-482 1868 / 017-475 9968

2. CARITAS MALAYSIA: REFUGEE CRISIS IN MALAYSIA | 23 SEPTEMBER 2023

DIOCESE OF
PENANG

REFUGEE CRISIS IN MALAYSIA

LOVE ONE ANOTHER.

JOHN 13:34

- Understand the plight.
- Learn how to help them.
- Networking with other NGOs or ministries.

SCAN TO REGISTER!

**SATURDAY, 23 SEP 2023
9AM - 1PM**

**AUDITORIUM, MINOR BASILICA OF
ST ANNE, BUKIT MERTAJAM**

Collaboration with:
Caritas Minor Basilica of St Anne & MSF (Doctors without Borders)

DIOCESE OF
PENANG

WORLD DAY OF MIGRANTS AND REFUGEES 2023

SCAN TO REGISTER TODAY!

Please register by
16th September 2023

Refugee Crisis in Malaysia

Date : Saturday, 23 Sep 2023 Time: 9am - 1pm
Venue: Auditorium, Minor Basilica of St Anne, Bukit Mertajam
Admission: Free of Charge
For more information, please contact:
Juanita (0124011567) or Francis (01165137507)

Behind the statistics of millions of refugees are the faces of ordinary people
who live through extraordinary times. These are people living in almost every
community and may be among the many people we meet everyday.
Understanding how this came about, the experiences of refugees and how to
help them is vital.

Who should attend?

- Anyone interested to know more about refugee crisis in Malaysia.
- Members of organisations providing services to migrants and refugees

Collaboration with:
Caritas Minor Basilica of St Anne
& MSF (Doctors without Borders)