					PARISH ACTIVITIES						
CH	(Dec 10	(Sun)	12.00 p			St. Mark, Ground Floor, O	DIKOS	
UL	U			Dec 11	(Mon)	3.30 pi					
				Dee II	(mon)	6.30 p	ů – ř		St Clare, 1st Floor, OIKOS	S	
BULL		Cathor	ral of the Holy Spirit	Dec 12	(Tue)	7.45 ai	m Christian Meditat	ion	Blessed Sacrament Chape	el Portico	
1, Tingkat Besi Satu,			natoj ne norg spi u	Dec 13	(Wed)	Wed) 8.00 pm Tamil Apostolate Charismatic Prayer Group Praise & Worship		St. Michael, 2 nd Floor, OIKOS			
Island Park, 11	600 Penang	30		Dec 14	(Thu)	5.00 p			Blessed Sacrament Chape	el Portico	
+604-6584909 +604-6566681 +604-6564309 (FAX)					PARISH NEWS						
Parish Priest: Fr. Joachim Robert Priest-in-Residence: Fr. Francis Anthony			THANK YOU FOR YOUR GENEROSITY Offerings of Mass Intentions, financial giving of monthly tithing, love offerings or donations to the Parish car								
Get Connected With Us					be made through online transfers to the following designated bank account:-						
Gel Connected W			a mar Ne		Online P	ayment for	Donations	Tithes	Sharing Hope Project		
We would love to co Please follow us on our social media platforms a							Mass Offering Hall Booking Wake Room Booking		Outreach Projects		
🕅 admin@	holyspiritcatl	hedral.com	👍 CathedralOfTheHolySpiritPenang		Bank		Public Bank Berhad	RHB Bank Berha	d RHB Bank Berhad		
			C chspenang		Account	Number	309 3049812	20708 2000 395			
Hotyspiriteatheara.com			youtube.com/CHSPgTv		Account		athedral of the Holy Spirit	Cathedral of the Holy S			
					Account				•		
2023 THEME SALT OF THE EARTH AND LIGHT OF THE WORLD: DECEMBER COMMUNION, PARTICIPATION AND MISSION					Email Bank-in-Slip to <u>admin@holyspiritcathedral.com</u>						
DATE TIME ACTIVITY MASSES IN THE PARISH				<u>TITHES FOR 2024</u> Envelopes for tithes for 2024 are now available at the parish office.							
Dec 10 (Sun)			SECOND SUNDAY OF ADVENT (YEAR B)			-			-		
Is 40:1-5,9-11	8.00 am	MASS (M)	No Livestream				llection on 02 & 03] llection on 02 & 03]		RM 8,880.00 RM 8,066.35		
2 Pt 3:8-14 Mk 1:1-8	10.30 am	MASS (E)	Livestream				Iope Donations for I		RM 550.00		
	6.40 am	Lauds	St. Damasus I, Pope	Café Donations for November 2023: RM 1,180.00 2 nd Collection on 09 & 10 December 2023 is for the Kasih Fundraising Initiative 2023							
Dec 11 (Mon)	7.00 am	MASS (E)	No Livestream								
(12) (Typ)	6.40 am	Lauds	Our Lady of Guadalupe	"God loves a cheerful giver." − 2 Cor. 9:7							
Dec 12 (Tue)	7.00 am	MASS (E)	No Livestream	1. ADVENT VISITS TO HOMEBOUND PARISHIONERS							
Dec 13 (Wed)	6.10 pm	Vespers	St. Lucy, Virgin, Martyr						of our tents, Fr Joachim will	be visiting	
	6.30 pm	MASS (E)	No Livestream	our homebound parishioners from Dec-11th to Dec-14th together with our EMHCs by Zones. Kindly d							
Dec 14 (Thu)	6.10 pm	Vespers	St. John of the Cross, Priest, Doctor	kee	keep them in your prayers.						
	6.30 pm	MASS (E)	No Livestream	2. CHURCH AIR-CONDITIONING SYSTEM (AC SYSTEM) UPGRADE							
Dec 15 (Fri)	6.10 pm	Vespers	No Livestream	The	The AC system installed more than 20 years ago is currently operating below its capacity, thus requ						
	6.30 pm	MASS (E)		higher energy consumption to compensate for the low efficiency. With the advice of M&E consultants,							
Dec 16 (Sat)	6.40 am	Lauds			the parish will commence with the upgrading of the AC system on 8 November 2023 in order for the work to be completed before Christmas. For those who wish to contribute to the parish maintenance -						
	7.00 am	MASS (E)	No Livestream								
	5.30 pm	Praise & Worship	Livestroom	Church AC System Upgrade project, kindly contact parish office at 04-658 4909 or you can bank in your donations to "Cathedral of the Holy Spirit" Public Bank Berhad Account 3093049812 and email payment							
	6.00 pm	MASS (E)	Livestream THIRD SUNDAY OF ADVENT (YEAR B)				iritcathedral.com			r j ji	
Dec 17 (Sun) Is 61:1-2,10-11			BAMBINELLI SUNDAY	3. INFANT BAPTISM AT CHS FOR 24 DECEMBER 2023							
1 Th 5:16-24	8.00 am	MASS (M)	No Livestream						n will be held in the main	church on	
Jn 1:6-8,19-28	10.30 am	MASS (E)	Livestream						Office. There will be a pre		
		BANNS OF N					or both parents and g		· · · · · · · · · · · · · · · · · · ·	1	
Dec 16 (Sat)	11.00 am Wedding Mass (E): Patrick a/l Mariadass & Sereetasarah a/p Santhanasamy			4. SOCIETY OF SAINT VINCENT DE PAUL (SSVP) 2024 CALENDARS							
Dec 23 (Sat)	11.00 am Wedding Service (M): Victor Chow & Karen Ng Pei Voon						e available at the pari				

5. MERCY HOME'S WORLD AIDS DAY DONATION DRIVE

Mercy Home extends their thanks and appreciation for all your support and generosity in their Red Ribbon fund raiser on 02 and 03 December 2023.

6. BADMINTON COURTS IN DEWAN HOLY SPIRIT | 26 NOVEMBER - 31 DECEMBER 2023

The Badminton Courts will not be available for use on 26 November to 31 December 2023 due to a parish events and activities.

7. 2ND COLLECTION ON 9 & 10 DEC 2023 - KASIH FUNDRAISING INITIATIVE 2023

Rooted in "Do everything in love" (1 Corinthians 16:14), join the KASIH Fundraising Initiative by the Catholic Bishops' Conference of Malaysia. KASIH aims at empowering and executing the Social Mission of the Catholic Church in Malaysia. It focuses on Integral Human Development works of Caritas Malaysia, the Episcopal Commission for Migrants and Itinerants, and the Episcopal Commission for Creation Justice. KASIH focuses on the empowerment of the marginalised, environmental stewardship, disaster response, and support for migrants and refugees through Direct Aid, Awareness, Advocacy, Training, and Projects. There will be a nationwide special collection—2nd Collection at all Masses—on December 9th and 10th, 2023, and be a catalyst for positive change. Be part of KASIH's transformative journey, creating a mission for dignity, justice, and a more compassionate world.

8. THANKSGIVING SOLEMN MASS CELEBRATED BY HIS EMINENCE CARDINAL SEBASTIAN FRANCIS

Diocese of Penang invites you to the Thanksgiving Solemn Mass to celebrate the appointment of His Eminence Cardinal Sebastian Francis to the College of Cardinals at Minor Basilica of St Anne Bukit Mertajam on 8th January 2024 (Monday) at 6.00pm.

To assist and encourage more of our parishioners to be able to participate in the celebration, CHS will be organizing a bus at a fee of RM20 per head. Bus will leave CHS at 4:20pm. Parishioners who would like to take the bus, kindly register with the Parish Office. Registration will close once the bus is full. Let us come together as CHS parish to witness this joyful celebration.

9. PRAY FOR PEACE

As a parish, let us, in one heart and mind, light a candle at our Grotto and pray for peace. Let us, together with Pope Francis, pray for the restoration of justice and peace in the regions of Palestine and Israel. You are invited to come individually, with your BEC group, family or friends, to pray for peace at our Grotto. Candles and matches are available outside our Blessed Sacrament Chapel.

10. ADVENT ACTIVITIES

Advent is a time when we prepare our hearts and minds to receive Jesus once again. It is a time to renew our faith, to grow in faith, to rediscover Jesus, and discover ourselves a little more as we relate to Him. May we approach Advent prayerfully and purposefully this year and always. Apart from beautifying the Church grounds preparing for all things Christmas, we have lined up various events and activities to help us prepare ourselves and the community of CHS at large to receive Baby Jesus this year

a) CHS Advent Outreach Project - Bless a family | From 19 November

Commencing 19 November, outreach programs (Sharing Hope Project, Zone Outreach, SVDP and Agape Meals) will be available for all to donate, and to partake. Find out more at the Advent Room.

b) CHS 2023 Advent Family Collage | 25 November - 21 December

Embracing our Advent Theme this year Isaiah 54:2 to enlarge the place of our tent, we invite you to share a picture of your family (3R size) with the following written on the back of the photo:-

Name: _____

Contact:_____

Zone:___

Drop the photo into a collection box prepared in the Church office starting 25 November to 21 December. Our team of volunteers will help to place our family photo(s) in the tent. Let us wait together in the tent for Jesus.

c) Rejoice! An Advent Pilgrimage into the Heart of Scripture (Year B) by Fr Mark Toups

Commences from 1st Sunday of Advent at the Blessed Sacrament Chapel. Immediately after each Saturday Sunset Mass and Sunday 10.30am Mass, come join us for a quick 30-minute session to help you in your personal Advent pilgrimage to receive Christ once again this Christmas! A personal journal and daily meditations will be provided to help us in this personal journey we choose to partake!

d) <u>Daily Adoration before the Blessed Sacrament | Mondays to Fridays (7.15pm to 9.15pm)</u> 04 – 08 December and 11 – 15 December | Blessed Sacrament Chapel

Begin to practice silence. We all need silence in order to draw close to Our Lord. Silence is an essential component of a holy Advent. During this busy time of year, we must remind ourselves of our need for silence if we wish to hear what God has to say. Along with the daily meditations that you can receive through the Rejoice! program, commit to some 'alone time' with our Lord Jesus each day in Adoration.

"The journey from religiosity to authentic spirituality is an ongoing process. It involves moments of self-reflection, honesty, and a willingness to let go of the clutter that hinders a genuine encounter with God. ... It might mean setting aside intentional moments of silence, reconnecting with the Word of God, or simply being present to the beauty that surrounds us." Fr Fabian Dicom (Homily ~ November 2023)

e) <u>Penitential Service @ CHS | 12 December at 10.30am and 8pm</u>

The Sacrament of Reconciliation brings about a change of heart through God's mercy and forgiveness. Reconciliation is a sacrament instituted by Jesus Christ in His love and mercy to offer sinners forgiveness for offenses committed against God. This is the Sacrament of the Resurrection in that it raises us up from our fall to sin and gives us new life and direction! Advent provides a poignant time to experience the joy of reconciling with God and the Church, being one with Christ in the here and now, while preparing to celebrate His First Coming in His birth in Bethlehem!

f) <u>Bambinelli Sunday | 16 & 17 December</u>

Celebrated on the 3rd Sunday of Advent. Families gather during Mass bringing figurines of the Christ Child from the family Nativity scene to be blessed.

g) Christmas Caroling & Zone Get-Together! | From 16 - 20 December

Find out more from your Zone and BEC leaders! Let us come together as a community with the HYM (Haven Youth Ministry) as they present and lead us with some of our favourite Christmas Carols whilst reflecting and reminding us that God, in his love for us, sent his son to be one of us. Let us in our focus towards being a more Inclusive, Caring and United community at CHS parish, extend the place in the tent of our hearts, in preparation of the coming Baby Jesus this Christmas!

Date	Zone
10 Dec (Sun)	Zone H
17 Dec (Sun)	Zone B & Zone I (with HYM Carolers)
18 Dec (Mon)	Zone E & Zone F (with HYM Carolers)
19 Dec (Tue)	Zone A & Zone G (with HYM Carolers)
20 Dec (Wed)	Zone C & Zone D (with HYM Carolers)

h) Parish Advent Prayer

Commencing on the 1st Sunday of Advent, commit to praying this prayer daily as an individual, as a family and as a community in the family of CHS bringing all our thoughts, intent, and actions in preparation to celebrate His First Coming in His birth in Bethlehem!

"To extend the place of your tent in my heart! Stretch out the curtains of your dwellings so that I may be in my small way, willing to include, to care and to unite all of my endeavors with your family here on earth".



"Enlarge the space of your tent" Isaiah 54:2

ristmas Caroling & Get Together with the **DEC 17 DEC 18** HYM Carollers Zones Zones B, H&I E&F "Tis the season to be **DEC 19** thankful, let us bless **DEC 20** Zones each other with Zones A. G C & D love and cheer!" 8 FOCHS

COMMUNITY PRAISE & WORSHIP FOOD-DRINKS-FUN FELLOWSHIP Celebrating Inclusivity, Care & Unity this Christmas @ CHS ALL ARE WELCOME!



Parish Advent Prayer

My little Lord Jesus, I love You and thank You for this Advent season. Please help me to understand all that You have done for me. Your loving mother held You in her heart and brought You into this world. Help me to do the same.

> My loving Jesus, I choose You, this Advent, as my King and my God. Draw me close to You and help me to see my sins so that I can change the things that You want me to change.

Father Almighty, extend the place of your tent in my heart! Stretch out the curtains of your dwellings so that I may be in my small way, willing to include, to care and to unite all of my endeavors with your family here on earth for Your Glory and Your Honor this Advent.

Dear Mother Mary, pray for me this Advent so that I may do all that God wants me to do. You said "Yes" to all that God asked of you. Please pray for me that I may do the same.

Come, Lord Jesus, Come, Lord Jesus, Come, Lord Jesus, come! I love You, Jesus.

Amen.

Advent Penitential Services 2023

11 December 2023 (MONDAY) 10.30AM - 11.30AM 8.00PM - 10.00PM Church of Our Lady of Sorrows, Macalister Road

13 December 2023 (WEDNESDAY) 10.30AM - 11.30AM 6.30PM - 8.30PM Church of Divine Mercy, Sungai Ara

18 December 2023 (MONDAY) 10.30AM - 11.30AM 8.00PM - 10.00PM Church of the Immaculate Conception, Pulau Tikus 12 December 2023 (TUESDAY) 10.30AM - 11.30AM (Mandarin & English) 8.00PM - 10.00PM Cathedral of the Holy Spirit Greenlane

14 December 2023 (THURSDAY) 10.30AM - 11.30AM (Mandarin) 8.00PM - 10.00PM Church of the Risen Christ, Air Itam

19 December 2023 (TUESDAY) 10.30AM - 11.30AM (Mandarin) 8.00PM - 10.00PM Church of the Holy Name of Jesus, Balik Pulau

For with the heart a person believes, resulting in righteousness, and with the mouth he confesses, resulting in salvation. Romans 10:10

