

CELEBRATING, LISTENING AND WALKING AS PILGRMS OF HOPE

MONTHLY FOCUS & RATIONALE CHURCH - CALLED TO SEE THE FACE OF JESUS IN EACH OTHER

A Mystery to Be Lived

he Eucharist did not begin as a doctrine. It began as an act of faith. From the earliest Christian communities, believers gathered to give thanks, to bless, to break, and to receive the Body of Christ. Therefore, before the Eucharist was explained, it was celebrated.





"For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes" 1 Corinthians 11:26

SCRIPTURE of the DAY

Genesis 14: 18-20 Psalm 109: 1-4

1 Corinthians 11: 23-26

Luke 9: 11-17

INTERNAL CIRCULATION ONLY BUI 25/2025

One of the most precious early Christian writings, the Didachè, gives us a glimpse into this living faith. Written between the years 50 and 100, it contains the first known use of the word "Eucharist." It begins the prayer over the chalice with these words: "We give thanks to you, our Father, for the holy Vine of your servant David, which you have made known to us through your servant Jesus. Glory be to you, world without end."

Then, over the bread: "As this broken bread, once dispersed over the hills, was brought together and became one loaf, so may your Church be brought together from the ends of the earth into your kingdom."

This is a clear example of Lex Orandi, Lex Credendi, that is, the rule of prayer is the rule of belief. Our faith is formed by how we worship, and our doctrine rises from what we have received in praver.

Pope Benedict XVI, in Sacramentum Caritatis (#5) tells us that the Eucharist is a "Mystery to be Lived" and speaks of the relationship between the sacrament of the Eucharistic mystery and its relationship to Christian love. He writes, "God incarnate draws us all to himself. We can thus understand how agape also became a term for the Eucharist: there God's own agape comes to us bodily, in order to continue his work in us and through us." What the late Pope tells us is that God's highest form of love is manifested physically through the bread and wine so that God's love continues.

Blessed Carlo Acutis, soon to be canonised, recognised this. As a young man in a modern world, he had a deep love for the Eucharist. He created an online catalogue of Eucharistic miracles, not to impress, but to lead others to Jesus. He once said, "The Eucharist is my highway to heaven." His love for the Eucharist shaped how he lived, how he served, and how he witnessed.

Let us do more than believe in the Eucharist. Our call is to live the mystery. 💠

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	~				MARRIAGE BANNS								
CHS					Jul 05 (Sat)			Wedding Mass (E) of					
					(out)		(Church) Shanan Suselan a/L Alphonse Kanan & Carmelina Balavendrum						
BULLETIN		Cathodral of the Holes Colet			(Sat)		10.00 amWedding Service (E) of(Chapel)John Gilbert Anak Ringin & Fanny Sinthia						
1, Tingkat Besi S		Cathedral of the Holy Spirit			PARISH NEWS								
Island Park, 11600 Penang				THANK YOU FOR YOUR GENEROSITY									
+604-6584909 +604-6566681 +604-6564309 (FAX)					Offerings of Mass Intentions, financial giving of monthly tithing, love offerings or donations to the Parish can be made through online transfers to the following designated bank account:-								
Rector: FR RAYMOND RAJ Degcon: DCN ANDREW LOH		Priests-in-Residence: FR FRANCIS ANTHONY, FR FABIAN DICOM & FR JAMES TAN			Online	Payment for	Ma	Donations ass Offering	Tithes	Sharing Hope Project Outreach Projects]		
Deacon: DCN ANDREW LON								all Booking Room Booking					
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Please follow us on our soc		We would love to connect with you! al media platforms and email for the latest updates on our events.				nt Number		3049812	20708 2000 39510	20708 2000 39928 Cathedral CHS			
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Admin@holyspiritcathedral.com () holyspiritcathedral.com () chspenang () chspenang () youtube.com/CHSPgTv				Our Collection on 14 & 15 June 2025: RM 8,745.99									
2025 THEME CELEBRATING, LISTENING AND WALKING AS PILGRIMS OF HOPE					□ "God loves a cheerful giver." – 2 Cor. 9:7								
JUNE	1. RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA) 22 JUNE 2025												
DATE Jun 22 (Sun)	TIME	ACTIVITY	MASSES IN THE PARISH	Inviting all Non-Catholics or those who want to know more about the faith Come									
Gen 14:18-20	8.00 am	MASS (M)	THE MOST HOLY BODY AND BLOOD OF CHRIST (CORPUS CHRISTI), SOLEMNITY		– discover if there is more to life as a Catholic!								
1 Cor 11:23-26 Lk 9:11-17	10.30 am	MASS (E)	No Livestream		Venue: St Mark Room Starts: 22 June 2025			m 5, Sundays from 12 noon to 1.30pm					
Jun 23 (Mon)	6.40 am 7.00 am	Lauds MASS (E)	No Livestream	Re	Register via QR code or Parish Office 04-658 4909, Susie 016-411 9595 or Google form: https://forms.gle/4Hgpt2JC5x9KrRgy6								
Jun 24 (Tue)	6.40 am	Lauds	The Nativity of St. John the Baptist, Solemnity	2. <u>HAVEN YOUNG ADULTS MINISTRY (HYAM) GATHERING JUNE 2025</u> Hello to all Young Adults! We're excited to invite you to our Haven Young Adults June Gathering! Starting on the 10th of June, 8pm to 10pm we have something different lined up for you each week—such									
	7.00 am 6.10 pm	MASS (E) Vespers	No Livestream										
Jun 25 (Wed)	6.30 pm	MASS (E)	No Livestream										
Jun 26 (Thu)	6.10 pm 6.30 pm	Vespers MASS (E)	No Livestream	thr	as connecting over board games, diving into Bible study, dwelling in His presence, and breaking His word through sessions. This gathering is for 17-25 year olds only, so if you're in that age range, come and be a part of our								
Jun 27 (Fri)	6.30 pm	Mass (E) followed by Holy Hour	The Most Sacred Heart of Jesus, Solemnity No Livestream	community. Join us on the 2nd Floor Classroom (St. Michael), and remember: everyone who hears, thirst, or wishes to receive the water of life are welcome (Revelation 22:17).									
Jun 28 (Sat)	6.40 am	Lauds	The Immaculate Heart of the Blessed Virgin Mary	Foi	r more det	ails, feel f	6-4215027)						
7.00 am		MASS (E)	No Livestream	3. <u>LE</u>	3. LECTURE ON THE SHROUD OF TURIN BY FR. ANDREW DALTON, LC 09 JULY 2025 IN CHS								
Acts 3:1-10	5.30 pm	Novena to OMPH	SS. PETER AND PAUL, APOSTLES, VIGIL			0			ry as we explore the mys	steries of the Shroud of	Turin to		
Gal 1:11-20 Jn 21:15-19	6.00 pm	followed by MASS (E)	Livestream		 deepen our understanding of this sacred relic. July 8, 2025 –8:00pm - Archdiocesan Curia and Catechetical Centre, Kuching 								
				- >	July 9, 2	025 - 8	:00pm -	Cathedral of	the Holy Spirit, Penang	-			
Jun 29 (Sun) Acts 12:1-11	8.00 am 10.30 am	MASS (M) MASS (E)	SS. PETER AND PAUL, APOSTLES, SOLEMNITY No Livestream		-		-		St. John the Evangelist, K	•			
2 Tim 4:6-8,17-18				July 11, 2025 – 8:00pm - Church of St. Ignatius, Petaling Jaya, Selangor Admission is free but for logistic purposes, please register in advance via the google form link:									
Mat 16:13-19				htt	ps://forms	s.gle/hLFY	<u>/9L7eKce</u>	ec1iF98	C C	0 0			
E = English M = Mandarin T = Tamil BM = Bahasa Malaysia					All are welcome to attend this enlightening session. Don't Miss This Unique Opportunity.								

4. BADMINTON COURTS

Parishioners can come and play badminton every Sunday - either 3pm to 5pm or 5pm to 7pm. No charges and no registration required.

5. CARITAS PENANG: DRUG ADDICTION AWARENESS | 26 JUNE 2025

Drug abuse can happen to anyone - our family or friend, the risk is higher if one is ignorant, depressed, or broken. Join us in this webinar to have a better understanding about drug addiction, how it usually begins, and where we can seek help. Everyone is welcome.

Date:26 June 2025Time:8pm - 9.30pmRegistration:https://forms.gle/w5XiHAXvDxtKmMgv8Google Meet:https://meet.google.com/wwt-tfzk-fbs

*The presentation will show photos of drugs and its equipment for awareness and educational purposes. Teenager below 16 years old are advisable to participate together with their parents.

6. CARITAS PENANG: CASE MANAGEMENT TRAINING FOR ASYLUM SEEKER & REFUGEE 12 JULY 2025

Forced migration is on the rise. The worsening civil wars in Myanmar and the Middle East have caused an influx of asylum seekers to Malaysia. However, they often ended up in even more difficult situations. In this training, you will be equipped with skills to protect the asylum seeker and refugee, and help them to live a more dignified life. Open for Parish Caritas, outreach ministries, and anyone who would like to learn. Sign up at https://forms.gle/kDDAY1ztMcvTLHjD6 before Jun 29, 2025.

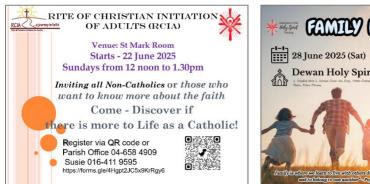
7. SHEKINAH GLORY RENEWAL GROUP: ANCHORED ~ CATHOLIC MEN'S CONFERENCE | 5-6 JULY 2025 CALLING ALL MEN! REGISTER NOW.

Shekinah Glory Renewal Group (SGRG) is organising a Catholic Men's Conference in conjunction with the Jubilee Year of Hope, with the theme **Anchored** based on Hebrews 6:19. Renowned speakers from France, Indonesia and Malaysia will be speaking to all of us on many areas that matter to us men. His Eminence Cardinal Sebastian Francis will be celebrating the Opening Mass. Come join us. Scan the QR code above or use the link below to register. <u>https://forms.gle/wBKMh8s3ftRCieH1A</u>

Date: 5 & 6 July 2025Time: 9am to 7pmVenue: Auditorium, Church of the Nativity of the Blessed Virgin Mary, ButterworthFees after 15 June 2025: RM80 (without meals) & RM100 (with meals)

Registration ends on 30 June 2025

For any enquiries, contact: John Raj 016 491 9761





Valentine Dass 012 475 1771





Cathedral of the Holy Spirit, Penang