

NEWBEC

NEW WAY OF BEING CHURCH | 16th Sunday in Ordinary Time | 20 July 2025

CELEBRATING, LISTENING AND WALKING AS PILGRIMS OF HOPE

MONTHLY FOCUS & RATIONALE
ECOLOGY (STEWARDSHIP)
CALLED TO STOPPING THE PLUNDER AND
EXPLOITATION OF RESOURCES

Radical Hospitality and Environmental Care: A Call to Action

The two famous sisters in the Gospel, Martha and Mary exemplify two paths of discipleship: Martha's active service and Mary's contemplative devotion. While often portrayed as contrasting, both are vital expressions of faith. Even though, Martha is seen as the less preferred character but then she is the one who welcomed Jesus into her home. Her hospitality created a sacred space for Jesus, and Mary's attentive listening deepened her encounter with Him.



Do not neglect
hospitality, for
through it
some have
unknowingly
entertained
angels.

(Hebrews 13:2)

SCRIPTURE of the DAY

Genesis 18: 1-10

Psalms 14: 2-5

Colossians 1: 24-28

Luke 10: 38-42

When Martha complained, Jesus responded by gently inviting her to be calm and move from being distracted to being attentive. The better part is to take time to be attentive and listen to God. This dynamic reflects the balance between action and contemplation in our spiritual lives.

Today, the Church is called to extend this balance into the realm of environmental stewardship. Radical hospitality, as exemplified by Abraham's eager welcome of his guests, invites us to recognise Christ in every person and creation. This recognition compels us to act with compassion and responsibility towards the environment, treating it as a sacred trust.

Pope Francis' encyclical *Laudato Si'* emphasises this interconnectedness, urging us to care for our common home. He critiques consumerism and environmental degradation, calling for a global response rooted in justice and solidarity. The *Laudato Si'* Movement, inspired by this encyclical, mobilises Catholics worldwide to engage in ecological action, from promoting green parishes to advocating for climate justice.

Incorporating radical hospitality into environmental care means recognizing the dignity of all creation and responding with love and action. It involves creating spaces where both people and the planet can thrive, ensuring that our actions today do not compromise the well-being of future generations.

As we reflect on Martha and Mary's example, let us strive to embody both active service and contemplative listening in our approach to environmental stewardship. By doing so, we honour the sacredness of creation and fulfil our call to love and serve both God and the world He entrusted to us. ✦

INTERNAL CIRCULATION ONLY
BUL 29/2025

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CHS BULLETIN



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& FR JAMES TAN**

Get Connected With Us

We would love to connect with you!

Please follow us on our social media platforms and email for the latest updates on our events.



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holyspiritcathedral.com



CHSPenang



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youtube.com/CHSPgTv

**2025 THEME
JULY**

CELEBRATING, LISTENING AND WALKING AS PILGRIMS OF HOPE

ECOLOGY (STEWARDSHIP)

- CALLED TO STOPPING THE PLUNDER AND EXPLOITATION OF RESOURCES

DATE	TIME	ACTIVITY	MASSES IN THE PARISH
July 20 (Sun) <i>Gen 18:1-10 Col 1:24-28 Lk 10:38-42</i>	8.00 am 10.30 am	MASS (M) MASS (E)	16 TH SUNDAY IN ORDINARY TIME (YEAR C) No Livestream
July 21 (Mon)	6.40 am 7.00 am	Lauds MASS (E)	St. Lawrence of Brindisi, Priest & Doctor No Livestream
July 22 (Tue)	6.40 am 7.00 am	Lauds MASS (E)	St. Mary Magdalene, Feast No Livestream
July 23 (Wed)	6.10 pm 6.30 pm	Vespers MASS (E)	St. Bridget of Sweden, Religious No Livestream
July 24 (Thu)	6.10 pm 6.30 pm	Vespers MASS (E)	St. Charbel Makhluf, Priest No Livestream
July 25 (Fri)	6.30 pm	Mass (E) followed by Holy Hour	St. James, Apostle, Feast No Livestream
July 26 (Sat)	10.00 am	MASS (E)	Ss. Joachim & Anne, Parents of the BVM Mass for the Sick and Elderly No Livestream
	5.30pm 6.00pm	Novena to OMPH followed by MASS (E)	17 TH SUNDAY IN ORDINARY TIME (YEAR C) WORLD DAY FOR GRANDPARENTS & THE ELDERLY Livestream
July 27 (Sun) <i>Gen 18:20-32 Col 2:12-14 Lk 11:1-13</i>	8.00 am 10.30 am	MASS (M) MASS (E)	No Livestream

E = English M = Mandarin T = Tamil BM = Bahasa Malaysia

PARISH NEWS

THANK YOU FOR YOUR GENEROSITY

Offerings of Mass Intentions, financial giving of monthly tithing, love offerings or donations to the Parish can be made through online transfers to the following designated bank account:-

Online Payment for	Donations Mass Offering Hall Booking Wake Room Booking	Tithes	Sharing Hope Project Outreach Projects
Bank	Public Bank Berhad	RHB Bank Berhad	RHB Bank Berhad
Account Number	309 3049812	20708 2000 39510	20708 2000 39928
Account Name	Cathedral of the Holy Spirit	Cathedral of the Holy Spirit	Cathedral CHS

Email Bank-in-Slip to admin@holyspiritcathedral.com

Our Collection on 12 & 13 July 2025: RM 9,664.00

"God loves a cheerful giver." – 2 Cor. 9:7

1. **GLOWING EMBERS: BOASTING MY WEAKNESS | 22 JULY 2025**

Boasting about your strengths? But should you not be boasting of your weakness instead? What are the benefits when you boast about your weakness? Come discover. All are invited.

2 Cor 11:30 *If I must boast, I will boast of the things that show my weakness.*

Date/Time: 22 July. 9.45am

Venue: St Mark Classroom

Speaker: Carmelita Xavier

2. **MASS & HOLY HOUR: (EVERY 4TH FRIDAY OF THE MONTH OUTSIDE LENT) | 25 JULY 2025**

Date: 25 July 2025 (Friday)

Time: 6.30pm Mass

7.00pm Holy Hour - With Adoration of the Blessed Sacrament

- Till 8.00pm

Inviting all to come to worship our Lord Jesus Christ at Mass and Adoration during the Holy Hour. See you there.

3. **MASS FOR THE ELDERLY & SICK | 26 JULY 2025**

We will be having a Mass for the Elderly & Sick on:-

Date: 26 July 2025 (Saturday)

Time: 10.00am

This invitation is specially for our elderly and homebound parishioners in need of anointing. Kindly fill in the online form to help us plan the logistics for the Mass.

Please register by **Wednesday, 23 July 2025.**

Registration link: <http://forms.gle/iaKdywLVCKA2wTds6>

4. **GLOWING EMBERS: POWER UP YOUR HEALTH | 05 AUGUST 2025**

Our CHS parishioner, and Sr Nurse Juliet Vaz highlights the crucial role of exercise and nutrition to steer you to power up your health in this 1.5 hour talk. She shares tips to help you consciously prioritise your health and adopt a healthy lifestyle for a happier and more fulfilling life.

Date/Time: 5 August, 10.00am

Venue: St Mark Classroom

All are welcome.

5. **CARITAS PENANG: CASE MANAGEMENT TRAINING FOR DRUG ABUSE | 09 AUGUST 2025**

Drug abuse is an alarming issue in Malaysia. Since 2022, as much as 60000 youths below 18 are addicted to various kinds of substances. In this training, we will equip Parish Caritas with the skills to journey with drug users, design plans, and eventually help them recover. Also open for other parish outreach ministries and anyone who keen to learn. Sign up at <https://forms.gle/Y5UN4LNbVkJXanwHD9> before July 29, 2025.

6. **PRIDE: ARTIFICIAL ILLUSIONARY INTELLIGENCE | BOOK BY REV FR MARK MICHAEL**

This is the latest book in his series by Rev Fr Mark Michael. He explores the attitude of pride in a simple and concise way making this book easily accessible by all. Pride is a sinful elevation of self above God and others. It fosters disobedience, blocks humility, leads to separation from God and hinders spiritual growth and repentance. The book will be available on 26 & 27 July after Masses for a donation of RM10.00

7. **HAVEN YOUNG ADULTS MINISTRY (HYAM) | JULY 2025**

Hello to all Young Adults! We're excited to invite you to our Haven Young Adults July Gathering! Starting on the 1st of July, 8pm to 10pm we have something different lined up for you each week—such as connecting over board games, diving into Bible study, dwelling in His presence, and breaking His word through sessions. This gathering is for 17-25 year olds only, so if you're in that age range, come and be a part of our community. Join us on the 2nd Floor Classroom (St. Michael), and remember:

Everyone who hears, thirst, or wishes to receive the water of life is welcome (Revelation 22:17).

For more details, feel free to contact Julio (016-4339445) or Caitlin (016-4215027)

8. **THANK YOU – HUMANITARIAN OUTREACH TO REFUGEES**

We thank all donors for your contribution of essential hygiene items for refugees at the Immigration Detention Centre. A total of 414 toothbrushes, 214 tubes of toothpaste, 323 bars of body soap, 48 bottles of shampoo, 148 bars of laundry soap and 8 carton boxes of feminine hygiene products was collected and sent to Caritas, Diocese of Penang for their onwards transmission to the Immigration Detention Centre.

Cathedral of the Holy Spirit
Mass for the Elderly & Sick
26th July 2025 (Saturday)
10.00am



Dear Sisters and Brothers in Christ,
We will be having Mass for Elderly & Sick on 26th July.
This invitation is specially for our elderly and homebound parishioners in need of anointing.
Kindly fill in the online form to help us plan the logistics for the MASS. **Please register by Wed 23rd July.**
Thank you and God Bless

<https://forms.gle/taKdywLVCKA2wTds6>



JULY GATHERING

Haven
YOUNG ADULTS MINISTRY
TUESDAY | 8PM - 10 PM | AGE 17 - 25
2ND FLOOR CLASSROOM (ST. MICHAEL)

01ST CONNECT (GAMES)

08TH NO GATHERING

15TH WORD (BIBLE STUDY)

22ND PRESENCE (WORSHIP)

29TH LISTEN (SESSION)

REVELATION 22:17
LET EVERYONE WHO HEARS, COME!
LET EVERYONE WHO IS THIRSTY, COME!
LET ANYONE WHO WISHES, TAKE THE WATER OF LIFE AS A GIFT.

PLEASE CONTACT OUR CORE TEAM IF YOU HAVE ANY INQUIRIES:
JULIO GERONIMO: 016-4339445 | MICHAEL ANDREWS: 019-4685489
CAITLIN TECH: 016-4215027 | MABEL YEOH: 012-3479800



Mass + Holy Hour
6.30 pm
25 July 2025
(Friday)



DIOCESE OF PENANG

CASE MANAGEMENT
TRAINING FOR
DRUG ABUSE

Scan to register



9.8.2025 Sat, 9am-4pm

MASC Penang
(Monsignor Aloysius Spirituality Center)



Get equipped with case management skill to assist drug users in their journey towards recovery. Help them to get out from their home to rehab centre, support group, or community living.

Parish Caritas, SSVP, parents, teachers, youths, and all those who are interested to learn are encouraged to sign up.

Enquiry: Francis 011-65137507, Rachel 017-462 8466 caritaspenang.com

PRIDE

ARTIFICIAL ILLUSIONARY

INTELLIGENCE



BOASTING
IN MY
WEAKNESS

22 July. 9.45am
St Mark Classroom
Speaker :
Carmelita Xavier



POWER
UP
YOUR
HEALTH



5 August. 10.00am
St Mark Classroom
Presented by
Juliet Vaz,
Senior Nurse



CATHOLIC SINGLES
DATING HUB



8TH CSDH EVENT on
26th-28th SEPTEMBER 2025

"Often we look so long at the closed door that we do not see the one that has been opened for us."
By Helen Keller



DOMUS ST. ANNE. MINOR BASILICA OF
ST. ANNE, BUKIT MERTAJAM
COST: RM360.00 PER PAX (TWIN SHARING)
(INCLUDING MEALS)



MARIA 09-480 6281 / THERESA 017 5788 192

