

NEWBEC

NEW WAY OF BEING CHURCH | 3rd Sunday In Ordinary Time | 25 January 2026

SUNDAY OF THE WORD OF GOD

WALKING TOGETHER TOWARDS A SYNODAL AND PROPHETIC CHURCH

A People for Missionary Discipleship

MONTHLY FOCUS: FAMILY: Building Trust



The Kingdom In Our Midst

The prophecy of Israel declares that '*the people who sat in darkness have seen a great light.*' By quoting Isaiah, Matthew positions Jesus' ministry in the ancient prophetic hope. The land of Zebulun and Naphtali (Galilee) is the land '*living in darkness and overshadowed by death.*'

The public ministry of Jesus in Galilee fulfils not only *the ancient hope*, but also *ushers in the Kingdom*. '*Repent, the Kingdom is at hand*',



SCRIPTURE of the DAY

Isaiah 8: 23 – 9: 3
Psalm 26: 1, 4, 13-14
1 Corinthians 1: 10- 13, 17
Matthew 4: 12-23
(or 4: 12-17)



"In families we first learn how to discern and decide together, accept and exercise authority that is loving and life giving, and to be co-responsible and accountable."

FD #35

INTERNAL CIRCULATION ONLY
BUL 04/2026

the Lord preaches, and thereafter he calls his first disciples. Through a series of radical shifts in their lives, these men become *fishers of men* and they go down in biblical history making the Kingdom present in their midst.

How do families experience the Kingdom in its present reality? Where the King is, there the Kingdom shall be. When a household is plagued by financial concerns, health crisis, or relentless pressure to keep up with the demands of family life, the Light of Christ can be dimmed or can feel distant. Yet, it is precisely into this reality that the Kingdom breaks through.

A Christ-centred family keeps the Light alive by being vulnerable and real before God in prayers. '*Give us this day our daily bread*,' is a heartfelt plea to Divine Providence. The Psalmist tells us to *wait on the Lord with courage and be stout-hearted*. For in our vulnerability, we make room for the Holy Spirit to make present the Kingdom. **Our human nature tells us to hoard for rainy days when we have surpluses, but the Kingdom of God tells us to give, trusting in His Providence.** It is from giving at the times when one is most pinched that shows a powerful declaration of faith – a family who shows that their security is not in the bank balance is a family on mission for the King.

In our BECs, we have elderly members with their wealth of experiences. They share stories of relationships money cannot buy. Sharing material needs foster incredible communitarian spirit. The early Christian community in Acts 2:42 embodies this: '*They had everything in common, and there was no needy person among them.*'

Every concerted effort will eventually bear fruit. We must strive to make the Kingdom present in our midst. St Paul in urging the believers in Corinth is urging us not to be divided but to be united in one mind and purpose.

Lord, may Your Kingdom come, and Your Will be done.❖

Published by: Archdiocesan Pastoral Institute (API) | Email: api@archkl.org

CHS BULLETIN

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Deacon: DCN ANDREW LOH

Priests-in-Residence: FR FRANCIS ANTHONY, FR FABIAN DICOM & FR JAMES TAN

Get Connected With Us

We would love to connect with you!
Please follow us on our social media platforms and email for the latest updates on our events.

admin@holyspiritcathedral.com

[CHSpenang](https://www.facebook.com/CHSpenang)

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[youtube.com/CHSPgTv](https://www.youtube.com/CHSPgTv)

2026 THEME
JANUARY

WALKING TOGETHER TOWARDS A SYNODAL AND PROPHETIC CHURCH
(A PEOPLE FOR MISSIONARY DISCIPLESHIP)
FAMILY (CONVERSION OF RELATIONSHIPS)
- BUILDING TRUST

DATE	TIME	ACTIVITY	MASSES IN THE PARISH
Jan 25 (Sun) <i>Is 8:23-9:3 1 Cor 1:10-13,17 Mt 4:12-23</i>	8.00 am 10.30 am	MASS (M) MASS (E)	3RD SUNDAY IN ORDINARY TIME (YEAR A) (SUNDAY OF THE WORD OF GOD)
Jan 26 (Mon)		NO MASS	Ss. Timothy and Titus, Bishops
Jan 27 (Tue)	6.40 am 7.00 am	Lauds MASS (E)	St. Angela Merici, Virgin
Jan 28 (Wed)	6.10 pm 6.30 pm	Vespers MASS (E)	St. Thomas Aquinas, Priest, Doctor
Jan 29 (Thu)	6.10 pm 6.30 pm 8.00 pm	Vespers MASS (E) BEC MASS (Zone B)	
Jan 30 (Fri)	6.10 pm 6.30 pm	Vespers MASS (E)	
Jan 31 (Sat)	6.40 am 7.00 am 5.30 pm 6.00 pm	Lauds MASS (E) Novena to OMPH MASS (E)	St. John Bosco, Priest
Feb 01 (Sun) <i>Eph 2:3,3:12-13 1 Cor 1:26-31 Mt 5:1-12a</i>	8.00 am 10.30 am 5.30 pm	MASS (M) MASS (E) MASS (T)	4TH SUNDAY IN ORDINARY TIME (YEAR A)

E = English M = Mandarin T = Tamil BM = Bahasa Malaysia

MARRIAGE BANNS

Feb 07 (Sat)	11.00 am	Wedding Mass (E) Martin Mudry & Dehlicia Nair a/p Ravi Narayanan
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PARISH NEWS

THANK YOU FOR YOUR GENEROSITY

Offerings of Mass Intentions, financial giving of monthly tithing, love offerings or donations to the Parish can be made through online transfers to the following designated bank account:-

Online Payment for	Donations	Tithes	Sharing Hope Project Outreach Projects
Bank	Mass Offering Hall Booking Wake Room Booking		
Account Number	Public Bank Berhad 309 3049812	RHB Bank Berhad 20708 2000 39510	RHB Bank Berhad 20708 2000 39928
Account Name	Cathedral of the Holy Spirit	Cathedral of the Holy Spirit	Cathedral CHS

Email Bank-in-Slip to admin@holyspiritcathedral.com

Our Collection on 17 & 18 January 2026: RM 11,602.40

"God loves a cheerful giver." – 2 Cor. 9:7

1. GLOWING EMBERS: SURRENDING TO GOD | 27 JANUARY 2026

Simon Wong shares and discusses detachment, humility and love/charity which are the three foundational virtues in St Theresa of Avila's spiritual classic – the Way of Perfection.

The classic serves as a guide in the practice of prayer and the attainment of spiritual perfection through it. All are welcome.

Date/Time: 27 January, 10.00am

Venue: St Mark Room

2. BEC MASSES

Please take note that there will be BEC Masses at 8pm at the respective Zones:

➤ 29 Jan	- Zone B	➤ 8 May	- Zone I
➤ 4 Feb	- Zone C	➤ 19 May	- Zone A
➤ 19 Feb	- Zone D	➤ 10 Jun	- Zone B
➤ 5 Mar	- Zone E	➤ 25 Jun	- Zone C
➤ 18 Mar	- Zone F	➤ 2 Jul	- Zone D
➤ 10 Apr	- Zone G	➤ 15 Jul	- Zone F
➤ 23 Apr	- Zone H		

3. OLD BLESSED PALMS

Please place your old blessed palms in the baskets outside the church by 6 February. We will burn them to use them as ashes for Ash Wednesday.

4. FEAST OF THE PRESENTATION OF THE LORD- MASS AT 8PM ON MONDAY, 2 FEBRUARY

You may bring your candles and place them on the table near the sanctuary for the candles to be blessed.

Please put your name and phone number on your package of candles so that you can identify and take them back after the Mass.

5. MASS FOR THE SICK & ELDERLY | 14 FEBRUARY 2026

In commemoration of the 34th World Day of the Sick on the Feast of Our Lady of Lourdes, there will be a Mass for the Sick and Elderly at CHS on February 14, 2026 (Saturday) @ 10am which includes anointing for the sick and special blessing for caregivers and healthcare providers.

Simple fellowship will ensue after mass for all.

To help with preparations, kindly register via Google Form – <https://forms.gle/WHtFRTMukwejC4ZG9> or seek your Zone/BEC leads for assistance.

6. INFANT BAPTISM FOR FEBRUARY 2026 | 22 FEBRUARY 2026

For parents who wish to have their child baptized, infant baptism will be held in the main church on Sunday, 22 February 2026 at 12noon. Please register at the parish office. There will be a pre-baptismal instruction and briefing for both parents and godparents.

7. ST JOSEPH'S CHILDREN HOME PENANG IS LOOKING FOR A CAREGIVER

Do you have any Malaysian woman who wants to work for the church? Accommodation (for outstation only) and food are provided. Need to stay in 3 nights per week.

Those interested, kindly contact Sr Roslin at +60 16-326 8499.



34th World Day of the Sick
Mass for the Sick & Elderly
Cathedral of the Holy Spirit, Pg
10am | Saturday | Feb 14, 2026

The compassion of the Samaritan - Loving by bearing another's pain

Mass with anointing for the sick and special blessing for caregivers & health care providers.

Fellowship of a simple meal & refreshment for all at the Cafe.

Register via Google Form - <https://forms.gle/WHtFRTMukwejC4ZG9>

C.O.R.E.

C.O.R.E. stands for "Continuing Our Retrouvaille Experience." It consists of monthly meetings for couples who have completed the entire Retrouvaille program, that is, both the Weekend and post-sessions. Through meaningful talks and exchanges, couples are provided opportunities to grow even more in their relationships not only as husband and wife but also as parents, friends to the other couples and useful members of their respective communities.

HOPE IS ONLY A PHONE CALL AWAY

For more information or to register for the Retrouvaille program, please contact:
(WhatsApp first)
Francis : 016 – 333 0660
or

Angeline : 012 – 207 2150

WHO CAN TAKE PART IN THE RETROUVAILLE PROGRAM

Although the Retrouvaille program is rooted in the Roman Catholic tradition, couples of all faiths who are having problems in their relationship are welcome to participate, including husbands and wives who are already separated but wish to reconcile with one another. Only those spouses who are legally married to one another may be admitted.

COST OF RETROUVAILLE PROGRAM

The cost of the Retrouvaille Program covers the expenses for both the Weekend and Post-Weekend sessions, including accommodation, food and hand-outs. No couple is denied the chance to participate in the Program because of financial difficulties.

RETROUVAILLE HISTORY

The first Retrouvaille Weekend was presented in 1977 to French-speaking couples in Quebec, Canada. The program was translated later into English by the Retrouvaille Community in Toronto, who developed the Post-Weekend phase. In 1982, the Toronto community began spreading the program throughout Canada and United States.

Today, aside from these two countries, the Retrouvaille program is conducted in Europe, Africa, the Caribbean, the Western Pacific and Asia.

Marriage

Challenges?



E-mail : retrouvaille@familylife.archkl.org

When calling for more information, you need not identify yourself if you wish to remain anonymous. Confidentiality is guaranteed for all callers and those registering for the program.

A Weekend Residential Program for Married Couples

YOU CAN save your MARRIAGE



Retrouvaille helps couples put the pieces back together and rebuild loving relationships.



If you and your spouse want to save your marriage and are willing to put forth your best effort, then we invite you - even urge you - to inquire about Retrouvaille.