

NEWBEC

NEW WAY OF BEING CHURCH | 14th Sunday in Ordinary Time | 5 July 2026

WALKING TOGETHER TOWARDS A SYNODAL AND PROPHETIC CHURCH

A People for Missionary Discipleship

MONTHLY FOCUS:
**ECOLOGY: Care of
Our Common Home**



Sharing Christ's Mission through Care for Creation

The prophet Zechariah foretold the coming of a Messiah who would enter Jerusalem not with power and grandeur, but in humility, riding on a donkey. This prophecy is fulfilled in the Gospel of Matthew (21:1-11), where Jesus reveals himself as a King of peace. He does not conquer through force, but through gentleness, compassion and love. His humble entrance reminds us that God's ways are different from worldly ways. True greatness is found in simplicity and service.



SCRIPTURE of the DAY

Zechariah 9: 9-10
Psalm 144: 1-2, 8-11,
13-14
Romans 8: 9, 11-13
Matthew 11: 25-30



NOTICE OF RELOCATION

Please be informed that, effective 15 July 2026, the Archdiocesan Pastoral Institute (API) will be relocated to the Church of the Sacred Heart of Jesus, Jalan Peel, Kuala Lumpur due to the renovation works of the Archdiocesan Pastoral Centre (APC) and will remain in effect until further notice.

For enquiries,
please contact us at:
016-366 9461

INTERNAL CIRCULATION ONLY
BUL 27/2026

In the Gospel, we hear another beautiful invitation from Jesus. Just moments earlier, he denounced the cities that refused to repent despite witnessing his miracles. Yet his tone softens as he turns to those who are humble and open-hearted. Jesus praises the Father for revealing the mysteries of the Kingdom not to the proud and self-sufficient, but to the simple, trusting and humble. These are the people who please the Father and remain open to His grace.

Jesus then invites all who are weary and burdened: "Come to me." He does not force or burden us with demands but gently calls us into relationship with him. He asks us to take up his yoke and learn from him, assuring us that he is gentle and humble of heart. In following him, we do not lose our freedom; rather, we find spiritual rest in sharing his Mission.

This invitation also speaks deeply to our monthly focus on ecology and care for our common home. A humble and gentle heart is essential if we are to live in harmony with creation. The arrogance and selfishness that exploit the earth for personal gain are contrary to the Spirit of Christ. Pope Francis reminds us that caring for creation is not optional but part of our Christian vocation.

When we avoid wastefulness, respect nature and protect the dignity of all living things, we participate in God's loving care for the world He created.

St. Paul, in the Second Reading reminds us that we are called to live not according to the flesh but according to the Spirit. The Spirit leads us away from selfishness and towards life, renewal and communion with God. As disciples of Christ, we pray that we remain humble in God's eyes, care responsibly for creation, and walk together as a synodal and prophetic Church, bringing peace and hope to the world.✠

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CHS BULLETIN



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Deacon: DCN ANDREW LOH

**Priests-in-Residence: FR FRANCIS ANTHONY, FR FABIAN DICOM
& FR JAMES TAN**

Get Connected With Us

We would love to connect with you!

Please follow us on our social media platforms and email for the latest updates on our events.



admin@holyspiritcathedral.com



holyspiritcathedral.com



CHSPenang



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2026 THEME
JULY

**WALKING TOGETHER TOWARDS A SYNODAL AND PROPHETIC CHURCH
(A PEOPLE FOR MISSIONARY DISCIPLESHIP)**
ECOLOGY (WALKING TOGETHER)
- CARE FOR THE COMMON HOME

DATE	TIME	ACTIVITY	MASSES IN THE PARISH
Jul 05 (Sun) Zech 9:9-10 Rm 8:9,11-13 Mt 11:25-30	8.00 am 10.30 am 5.30 pm	MASS (Mand) – 1 st Holy Communion Mass MASS (Eng) – 1 st Holy Communion Mass MASS (Tamil)	14 TH SUNDAY IN ORDINARY TIME (YEAR A)
Jul 06 (Mon)		NO MASS	St. Maria Goretti, Virgin, Martyr
Jul 07 (Tue)	6.40 am 7.00 am	Lauds MASS (Eng)	
Jul 08 (Wed)	6.10 pm 6.30 pm	Vespers MASS (Eng)	
Jul 09 (Thu)	6.10 pm 6.30 pm	Vespers MASS (Eng)	Ss. Augustine Zhao Rong and His Companions, Martyrs
Jul 10 (Fri)	6.10 pm 6.30 pm	Vespers MASS (Eng)	
Jul 11 (Sat)	6.40 am 7.00 am 5.30 pm 6.00 pm	Lauds MASS (Eng) Novena to OMPH MASS (Eng)	St. Benedict, Abbot
Jul 12 (Sun) Is 55:10-11 Rm 8:18-23 Mt 13:1-23	8.00 am 10.30 am	MASS (Mand) MASS (BM)	15 TH SUNDAY IN ORDINARY TIME (YEAR A)

Eng = English Mand = Mandarin BM = Bahasa Malaysia OMPH = Our Mother of Perpetual Help

PARISH NEWS

THANK YOU FOR YOUR GENEROSITY

Offerings of Mass Intentions, financial giving of monthly tithing, love offerings or donations to the Parish can be made through online transfers to the following designated bank account:-

Online Payment for	Donations Mass Offering Hall Booking Wake Room Booking	Tithes	Sharing Hope Project Outreach Projects
Bank	Public Bank Berhad	RHB Bank Berhad	RHB Bank Berhad
Account Number	309 3049812	20708 2000 39510	20708 2000 39928
Account Name	Cathedral of the Holy Spirit	Cathedral of the Holy Spirit	Cathedral CHS

Email Bank-in-Slip to admin@holyspiritcathedral.com

Our Collection on 26 & 27 June 2026: RM 11,665.68

2nd Collection on 4 & 5 July is for the poor and needy

“God loves a cheerful giver.” – 2 Cor. 9:7

1. FROM JULY 2026 ONWARDS, FRIDAY MASSES AT 12 NOON

From July onwards, every first Friday of the month -Mass will be at 12noon followed by a meal at our Cafe.
No evening Mass on every first Friday of the month.

2. OFFERTORY PRESENTATION FOR WEEKEND MASS

Those celebrating birthdays or any anniversaries who wish to do the offertory presentation during weekend Masses, please contact Dcn Andrew at the parish office at least one week beforehand.

3. PERJALANAN SALIB @ CHS | 13 JUL - 2 AUG 2026

In conjunction with the Malaysia Pastoral Convention 2026, the Salib Malaysia (Penang Diocese segment) will be arriving at CHS on 13 July 2026. All Zones and Ministries are encouraged to organise activities to worship the Lord and venerate the Salib from 14 July 2026, within the compound of CHS. To book a time slot, look out for announcements from your respective BEC Leaders or Ministry Heads.

There will be an Opening Mass welcoming the Salib. All are welcome to participate.

Date: 13 July 2026

Time: 8.00pm

Bangkitlah! See you there!

Note:

This Salib will be assembled with the other 8 Salib from the other 8 Arch/Dioceses during the Malaysia Pastoral Convention in Sibul on 9-13 Sept 2026, to be attended by Bishops, Clergy and laypersons nationwide. With the celebration of this Salib, we are part of the pastoral journey as one synodal Church in Malaysia.

4. INFANT BAPTISM FOR JULY 2026 | 26 JULY 2026

For parents who wish to have their child baptized, infant baptism will be held in the main church on Sunday, 26 July 2026 at 12noon. Please register at the parish office. There will be a pre-baptismal instruction and briefing for both parents and godparents.

5. BADMINTON COURTS

Parishioners can come and play badminton every Sunday - either 3pm to 5pm or 5pm to 7pm. No charges and no registration required.

6. **PARENTING TEENS: NAVIGATING THE TEEN YEARS TOGETHER | 23 AUGUST 2026**

The Penang Diocesan Family Life Commission invites parents, grandparents, and teenager to participate in “Parenting Teens: Navigating the Teen Years Together”.

Date: 23rd August 2026

Time: 2.00pm to 5.30pm

Language: English and Mandarin

Venue: Monsignor Aloysius Spirituality Centre (MASC) Penang, 52L Jalan Penang, 10400 Penang.

Registration Fees: RM15.00 per person (Parent Workshop)

RM5.00 per person (Teen Workshop)

(Both workshops inclusive of workshop materials and light refreshment)

Registration Closing Date: 16th August 2026

Contact Person: Theresa (017-5788192)

Speakers:

- **Parent Workshop:**

- Dato’ Dr Lai Fong Hwa - Consultant Child & Adolescent Psychiatrist, Family & Couple Therapist.
- Datin Indranee Liew - Mental Health First Aid Instructor (UK), Qualified Teacher Status (UK) & Human Resource Development Corp Certified Trainer (Malaysia)

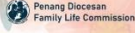
- **Teen Workshop:**

- Catherine Teoh - Licensed and Registered Counsellor, Good Shepherd Counselling Services, Penang. Masters of Counselling (HELP University)





Scan QR Code for Registration



Penang Diocesan Family Life Commission



PARENTING TEENS

Navigating The Teen Years Together

Explore the challenges and opportunities of adolescence through interactive learning for parents and teens.

Date: 23rd August 2026 (Sunday)
Time: 2.00pm - 5.30pm
Language: Bilingual (English & Mandarin)
Venue: Monsignor Aloysius Spirituality Center (MASC Penang)
52L Jalan Penang, 10400 Georgetown, Pulau Pinang

REGISTRATION FEES

- Parent Workshop: RM15 PER PERSON *(Limited to 80 participants)*
- Teen Workshop: RM5 PER PERSON *(Limited to 20 participants)*

(Both workshops inclusive of workshop materials and light refreshment)

SPEAKERS



Dato' Dr Lai Fong Hwa
Consultant Child & Adolescent Psychiatrist,
Qualified Teacher Status (UK), Human Resource
Development Corp Certified Trainer (Malaysia)



Datin Indranee Liew
Qualified Mental Health First Aid Instructor (UK),
Qualified Teacher Status (UK), Human Resource
Development Corp Certified Trainer (Malaysia)



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Licensed and Registered Counsellor at
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